



ACCADEMIA NAZIONALE
VIRGILIANA DI SCIENZE,
LETTERE ED ARTI



ENDOCRINOLOGIA,
DIABETOLOGIA E METABOLISMO,
UNIVERSITÀ DI VERONA

5th Mantua

WORKSHOP on DIABETES MELLITUS

and Related Disorders
Head-to-Head in Controversial Issues



Mantova (Italy)

May 8-11, 2013

Foto: Stefano Sacconi

www.diabetesmantua2013.org

Chairman

Enzo Bonora (Italy)

Honorary Chairman

Michele Muggeo (Italy)

Scientific Committee

Riccardo C. Bonadonna (Italy)

Knut Borch-Johnsen (Denmark)

Ralph A. DeFronzo (USA)

Stefano Del Prato (Italy)

James B. Meigs (USA)

John S. Yudkin (UK)

Scientific Secretariat

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Organizing Secretariat

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E-mail: cogest@tin.it - www.cogest.info

Meeting Venue

Teatro Scientifico Accademico del Bibiena

Via dell'Accademia, 47 - Mantova, Italy



SCIENTIFIC PROGRAMME

Wednesday May 8, 2013

14.00 Registration

15.00 [Opening Remarks](#)

Enzo Bonora (Italy), *Chairman of the Workshop*

Piero Gualtierotti (Italy), *President of the National Virgilian Academy*

Andrea Lenzi (Italy), *President of the Italian National University Council*

SESSION I **DIABETES DIAGNOSIS**

Chairman: **Olga Vaccaro (Italy)**

15.30 HbA1c

David Nathan (USA)

16.15 Glycemia

Jaakko Tuomilehto (Finland)

17.00 *Coffee break*

SESSION II **DIABETES SCREENING**

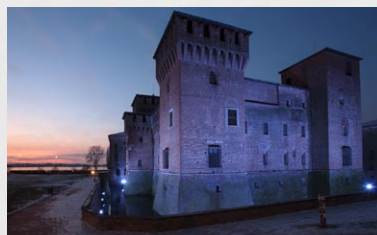
Chairman: **Graziella Bruno (Italy)**

17.30 Yes

Knut Borch Johnsen (Denmark)

18.15 No

Nicholas Wareham (UK)



SESSION III **GENETICS OF T2DM**

Chairman: **Vincenzo Trischitta (Italy)**

- 8.30 Genes for predicting, genes for understanding and genes for treating
Leif Groop (Sweden)
- 9.15 Genome-environment interactions
Marju Orho-Melander (Sweden)
- 10.00 *Coffee break*

SESSION IV **PATHOGENESIS OF T2DM**

Chairman: **Livio Luzi (Italy)**

- 10.30 Islet dysfunctions
Ele Ferrannini (Italy)
- 11.15 Insulin resistance
Ralph DeFronzo (USA)

SESSION V **INTERVENTIONS ON ETIOLOGY OF T1DM**

Chairman: **Francesco Dotta (Italy)**

- 12.00 Preventing T1DM: dreams, disillusion and future directions
Edwin Gale (UK)
- 12.45 Preservation of beta-cells to change the natural history
Paolo Pozzilli (Italy)
- 13.30 *Lunch*

SESSION VI **GLYCEMIC CONTROL IN T2DM**

Chairman: **Andrea Giaccari (Italy)**

- 15.00 Intensive is beneficial
Hertzel Gerstein (Canada)
- 15.45 Loose is convenient
John Yudkin (UK)
- 16.30 *Coffee break*

SESSION VII **TARGETING CVD RISK IN DIABETES**

Chairman: **Paolo Cavallo Perin (Italy)**

- 17.00 Pursuing the recommended targets
Antonio Ceriello (Spain)
- 17.4 5 Targeting the individual risk
Rod Hayward (USA)



SESSION VIII INTERVENTION ON ETIOLOGY OF T2DM

Chairman: **Riccardo Vigneri (Italy)**

8.30 Prediction and prevention

James B. Meigs (USA)

9.15 Bariatric surgery

Francesco Rubino (USA)

10.00 *Coffee break*

SESSION IX DYSLIPIDEMIA IN DIABETES

Chairman: **Gabriele Riccardi (Italy)**

10.30 Statins, statins, statins!

Alberto Corsini (Italy)

11.15 Combined therapy

Alberto Zambon (Italy)

SESSION X SECOND AGENT AFTER RAS ANTAGONISM IN HYPERTENSION IN DIABETES

Chairman: **Paola Fioretto (Italy)**

12.00 Diuretics

Dick de Zeeuw (NL)

12.45 Calcium channel blockers

Anna Solini (Italy)

13.30 *Lunch*

SESSION XI SELF MONITORED BLOOD GLUCOSE IN T2DM

Chairman: **Carlo Giorda (Italy)**

15.00 Useful

Antonio Nicolucci (Italy)

15.45 Useless

Andrew Farmer (UK)

16.30 *Coffee break*

SESSION XII HIGH TECHNOLOGY IN T1DM

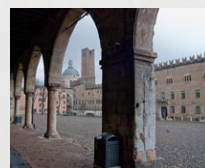
Chairman: **Carla Giordano (Italy)**

17.00 Islet transplantation

Lorenzo Piemonti (Italy)

17.45 Artificial pancreas

Eric Renard (France)



SESSION XIII **INSULIN TREATMENT IN T1DM**

Chairman: **Geremia Bolli (Italy)**

- 8.30 MDI, possible with intelligent insulins
Emanuele Bosi (Italy)
- 9.15 Infusion with pump
John C. Pickup (UK)
- 10.00 *Coffee break*

SESSION XIV **ORAL AGENTS AFTER METFORMIN IN T2DM**

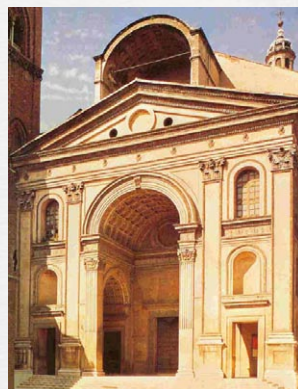
Chairman: **Riccardo C. Bonadonna (Italy)**

- 10.30 Personalization and role of SU, TZD and AGI
David Matthews (UK)
- 11.15 DPP-4 and SGLT-2 inhibitor
Stefano Del Prato (Italy)

SESSION XV **MORE COMPLEX TREATMENT STRATEGIES IN T2DM**

Chairman: **Giorgio Sesti (Italy)**

- 12.00 Triple oral
Agostino Consoli (Italy)
- 12.45 Injectables: incretins and insulin
Francesco Giorgino (Italy)
- 13.30 Closing Remarks
Enzo Bonora (Italy)



GENERAL INFORMATION

PARTICIPATION

Only 200 attendees will be admitted to participate in the Workshop on a “first come, first served” basis.

REGISTRATION FEE

	<i>By February 28th</i>	<i>From March 1st</i>
Senior (age ≥ 35 years)	€ 350,00	€ 500,00
Junior (age < 35 years)	€ 200,00	€ 350,00

The registration fee (VAT 21% included) covers:

admission to scientific sessions, Workshop kit, certificate of attendance, lunches and coffee breaks (as indicated in the programme), dinners on 9 and 10 May.

HOW TO REGISTER AT THE WORKSHOP

In order to register at the Workshop, participants are kindly requested to fill in the attached Registration Form **or** to visit the website **www.diabetesmantua2013.org**, at the section ‘General Info’, where the form can be downloaded as a pdf file.

After filling in it, the form should be sent by fax to the Organizing Secretariat COGEST M. & C. (fax 0039 045 597265) or by e.mail (cogest@tin.it) together with the payment of the fee, according to the instructions indicated below. The Organizing Secretariat will send an official receipt of the payment and further information about the Workshop.

Public institutions registering their employees must specify the request for VAT exemption on the form. Once the invoice is issued any change involving a credit note or a new invoice with different heading will be charged € 30,00 + VAT. If the organization does not pay by the beginning of the Workshop, payment has to be made by the participant, who will receive an invoice addressed to the institution.

Registration fee can be paid by:

- non-transferable bank cheque to the order of COGEST M&C srl, to be mailed with the form to COGEST M&C srl, Vicolo San Silvestro 6, 37122 Verona
- money transfer in favour of COGEST M&C (a/c n. 000005233961, CIN H, ABI 02008, CAB 11705, IBAN IT49H0200811705000005233961, BIC SWIFT UNCRITM1M03; UNICREDIT BANCA agency Piazza Bra 26/a, Verona, Italy), specifying the title of the event and the surname of the person for whom the payment is made; copy of the bank receipt must be mailed with the form;
- credit card, filling in the appropriate box in the form (AMERICAN EXPRESS, DINERS, MASTERCARD/EUROCARD, VISA).

Other forms of payment will not be accepted (postal order, cash, etc.).

HOTEL ACCOMMODATION

Attendees can be accommodated in hotels located in the historical centre of Mantua at the following special rates (breakfast and VAT included; city tax not included, if requested from the hotel) which are valid until February 28th 2013 (maximum rate):

<i>Hotel</i>	<i>Double Room</i>	<i>Double As Single</i>
***	€ 150,00	€ 130,00
**	€ 110,00	€ 95,00



HOW TO MAKE HOTEL RESERVATION

In order to make hotel reservation, participants are kindly requested to fill in the attached Reservation form **or** to visit the website **www.diabetesmantua2013.org**, at the section 'General Info', where the form can be downloaded as a pdf file. After filling it, the form should be sent by fax to the Organizing Secretariat COGEST M. & C. (fax 0039 045 597265) or by e.mail (cogest@tin.it).

Attendees are kindly requested to send the Reservation Form prior to February 28th; reservation received after this date might not be accepted. Participants will receive a booking confirmation including name and address of the assigned hotel.

In order to secure the reservation, the hotel requires a credit card number as guarantee.

The card will be charged by the hotel at the time of check-out. The hotel accommodation charge will be invoiced directly by the hotel. A booking fee of € 13,00 will be charged to the credit card and invoiced by COGEST M. & C. BUSINESS & TRAVEL.

CANCELLATION POLICY

Registration

In case of cancellation by February 28th 2013, 90% of the amount paid will be refunded.

In case of cancellation between March 1st and April 15th 2013, 50% of the amount paid will be refunded.

In case of cancellation after April 15th 2013, there will be no refund.

Hotel

In case of cancellation by February 28th 2013, only booking fee will be held.

In case of cancellation from March 1st 2013, booking fee and the charge for one night stay will be held.

In case of cancellation from April 30th 2013 and in case of no show, the hotel will charge all nights stay on the credit card.

OFFICIAL LANGUAGE

The Workshop will be run in English.

ECM - CME (Continuing Medical Education) - *Only for Italian participants*

PROVIDER: COGEST M. & C. - COD. 979

CME accreditation will be requested to AGENAS for a maximum of 150 medical doctors (*specialties: Metabolic Diseases and Diabetology, Endocrinology, Internal Medicine, Geriatrics*).

WEATHER

The weather in Mantua is usually mild (17°- 25°C) in May.

HOW TO REACH MANTUA (MANTOVA)

By air: Verona "Valerio Catullo" Airport, 11 km far from Verona and 25 km from Mantua.

The airport is well connected by daily flights with Rome, Paris, London, Frankfurt, Munich, Vienna, Amsterdam.

A public shuttle service is provided by A.P.T. buses (AEROBUS) leaving the Airport to the Railway Station "Verona Porta Nuova". The service runs every 20 minutes and the trip is about 25 minutes long. Verona is connected with Mantua by regional trains (about 45 minutes trip).

By car: Highway A22 (Brennero-Modena), exit Mantua Nord (5 km from the city centre), two hours driving from Milan or Venice (A4 and then A22).

By train: Mantua Railway Station (1 km from the city centre), two-hour trip from Milan.



REQUESTED ENDORSEMENT



Regione Lombardia



Università degli Studi di Verona

Azienda Ospedaliera Universitaria Integrata - Verona

Associazione Medici Diabetologi

Società Italiana di Diabetologia

Società Italiana di Endocrinologia

