

AIMS

To introduce students with research in field of recreation; to improve skills of planning and organizing outdoor activities; to improve cooperation and communication skills by different nation student and teachers mutual communication; to organize and take a part in outdoor activities.

PROGRAM

Six days of different activities for students and teachers: Presentation of leisure outdoor activities, Session of scientific presentations, Participation at the International Festival of Traditional Outdoor Games "TOCATI" 2022, Lectures on health and physical activities related topics on outdoor leisure and sport, Walking and culture, Trekking day & Sport activities on Garda Lake, Workshop on project activity outdoor, Round table and open discussion on the topics of the Summer school.



UNIVERSITÀ
di VERONA

Dipartimento
di **NEUROSCIENZE,
BIOMEDICINA E MOVIMENTO**



Con il patrocinio della
Società Italiana di Scienze Motorie e Sportive
(SISMES)



CUS Verona



In collaborazione con Tocati

SUMMER SCHOOL 2022

September 14th - 21st 2022, University of Verona, Italy
Movement Sciences, Department of Neuroscience,
Biomedicine and Movement, Via Casorati 43, Verona

CONTACT INFORMATION

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ALL THE DETAILS ON WEB PAGE

<https://www.dnbm.univr.it/?ent=iniziativa&id=10192>



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SUMMER SCHOOL 2022

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Outdoor sports and leisure activities

Traditional Games, Tendecies and
New Ideas in Outdoor Activities



THURSDAY 15.09

9.00 - 10.00	Welcome and brief introduction to the Summer School
10.00 - 11.00	Department, campus and environment presentation
11.00 - 11.30	<u>Coffe break</u>
11.30 - 13.00	Presentation of leisure outdoor activities from participating countries (15' each presentation)
13.00 - 13.15	Questions and discussion
13.15 - 14.30	<u>Lunch at campus bar "Virtus"</u>
14.30 - 17.00	Session of scientific presentations of each country (20' each presentation)
17.00 - 17.30	<u>Coffe break</u>
17.30 - 18.00	Presentation of International Festival of Traditional Outdoor Games "TOCATI"
20.00	<u>Dinner (Notte & Di)</u>

FRIDAY 16.09

9.00-11.00	Lectures on health and physical activities related topics on outdoor leisure and sports (20' each presentation)
11.00-11.30	<u>Coffe break</u>
11.30-13.00	Questions and discussion
13.00-14.30	<u>Lunch at campus bar "Virtus"</u>

14.30 - 17.00	Afternoon "Walking and culture" Nordic walking, Visit of Pantheon (Montorio e S. Maria in Stelle)
18.30	Traditional plays&games of participating countries. Friendly creative evening (Gavagnin)
19.00	Dinner
21.00	Presentation 20th anniversary Tocati at the Roman Theater

SATURDAY 17.09

9.30-12.30	Morning participation at the International Festival of Traditional Outdoor Games "TOCATI", 2022 https://tocati.it/en/ placed in the center of Verona
12.30-14.30	<u>Lunch in the city center</u>
14.30-18.00	Afternoon participation at the International Festival of Traditional Outdoor Games "TOCATI",2022 https://tocati.it/en/ placed in the center of Verona
19.00	<u>Dinner</u>

SUNDAY 18.09 FREE DAY

MONDAY 19.09

8.00 - 18.00	Trekking & water activities day around Garda lake area
	From S.Zeno di Montagna to the lake through the Medieval Village campo
	Activities: Nordic walking, downhill, windsurfing, kiteboarding, SUP

TUESDAY 20.09

9.00 - 12.30	Workshop on project activity outdoor in mixed groups (Hall D)
12.30 - 13.30	<u>Lunch at campus bar "Virtus"</u>
13.30 - 17.00	Round tables and open discussion on the topics of the Summer school (Hall D)
19.00	<u>Final dinner in the historical city center of Verona</u>