

PROFESSIONAL
SCIENTIFIC
CURRICULUM VITAE



PERSONAL INFORMATION

Name **VENEZIANI ELISA**
Nationality **ITALIAN**
Date of birth **14/02/1991**

WORK EXPERIENCES

FIELD OF RESEARCH

From December 2022:

Research fellow in the scientific-disciplinary field **M-PSI/08 CLINICAL PSYCHOLOGY**, for the implementation of the research program: COMMUNICATION AND PATIENT ENGAGEMENT IN PATIENTS AFFECTED BY CHRONIC PATHOLOGY FINANCED UNDER THE PROJECT "EXCELLENCE DEPARTMENTS" (CUP B31I18000240006), at the **Department of Neuroscience, Biomedicine and Movement, University of Verona**.

FREELANCE PSYCHOLOGIST

From July 2020:

Counseling and psychological support services aimed at adolescents, youth and adults regarding: management of relational issues and emotional distress; interventions aimed at fostering acceptance of chronic illness for patients and caregivers; support in managing stress and emotions.

At private psychological practices.

PROJECTS CARRIED OUT IN HEALTH, SOCIAL AND SCHOOL SETTINGS

In February 2021 and April-May 2022:

REALIZATION AND CONDUCTION OF THE "AFFECTIVITY PROJECT" AIMED AT THE THIRD GRADE CLASSES OF THE SECONDARY SCHOOL LEONARDO DA VINCI OF SAN GIOVANNI LUPATOTO, VERONA.

Cycle of two meetings per class, during which issues related to affectivity and sexuality were addressed, with the aim of creating a context of confrontation and providing notions and information useful to promote an attitude responsible and aware that fosters the development of effective interpersonal relationships, necessary for the creation of a healthy personal identity.

Informational and restitution meeting aimed at parents.

March 2021- July 2021:

Collaboration together with colleagues from the **School of Specialization in Cognitive-Behavioral Psychotherapy (APC and SPC)** and the **"Independence" Association** in the implementation of *Assertive Training for parents of*

teens with social withdrawal.

Cycle of five group meetings with the aim of providing parents with knowledge and effective communication skills to be able to improve their relationship with their children, through the use of cognitive techniques and strategies.

September 2020- December 2020:

Implementation and conducting of Sharing Groups for cancer patients and family members, through Project S.P.A. (Companion Patients' Space), funded by the **Pit Onlus Association (Pietro Casagrande Onlus)**.

Group meetings aimed at cancer patients and their caregivers, implemented and led by three psychologists. The main tool used are **sharing groups**, small groups of people who share similar life situations who, from confrontation and mutual support, can derive insights and consider different points of view, in the complete protection of their privacy and within a protected, nonjudgmental and professionally guided context.

Created as a proposal inserted within the services addressed to the **Oncology Unit's afferents of the AOUI of Verona**, the project aims to respond to the specific needs of this user, investigated in advance through an accurate needs analysis, and to accompany the participants through a path of awareness and acceptance of the condition of **chronic illness**, addressing key issues such as difficulties in communication, relationships, the importance of resilience, the impact of the disease, and the changes that result.

The ultimate goal is **patient engagement**, i.e., fostering greater patient empowerment in the conscious management of their illness and enhancing more the role of caregivers and family as support for this process.

From September 2020:

Member of the Psico-Go Social Promotion Association.

Psychological First Aid Desk in collaboration with the City of Verona, at the municipal hall of the Second District, aimed at all citizens who need support or counseling during a time of difficulty.

From July 2019:

"Progetto Carcere 663-Acta Non Verba" Association.

Collaboration as a teacher in **projects to strengthen active and responsible citizenship skills** aimed at inmates of the Vicenza Prison and as an expert psychologist in **Active Citizenship and Bullying and Cyberbullying prevention projects** aimed at students and parents of middle and high schools in Verona:

- **2019: Active and Responsible Citizenship Course** at the **Vicenza Prison**.

Active and Global Citizenship Skills Enhancement Course at **Alle Stimate School** in Verona.

- **2019-2020: Course "Beyond Prison for a Guided Re-entry into Society,"** a project supported with funds from the 8‰ of the **Chiesa Valdese**, at the **Vicenza Prison**.

"Bullying & cyber bullying" project at **Istituto Comprensivo Vr 12 Golosine, Scuole Manzoni** in Verona.

- **2020-2021: Course "Beyond prison: a new chance for social reintegration,"** a project supported with funds from the 8‰ of the **Chiesa Valdese**, at the **Vicenza Prison**.

- **2022: "Active and Responsible Citizenship" course**, a project supported with funds from the 8‰ of the **Chiesa Valdese**, at the **Vicenza Prison**.

"Parenting Support Course" project aimed at inmates at the Vicenza Prison and supported with funds from the Veneto Region. The aim of the project is to offer skills and strategies useful in their parental role.

July 2019- January 2020:

Collaboration with the **Humanization of Care Project "Convivio"** at the **Medical Oncology Day Hospital, Policlinico G.B. Rossi, AOUI of Verona**.

Sharing groups for cancer patients, family members and carers.

Starting from different insights, a space was made available to patients and companions afferent to the Day Hospital of Oncology, where they could share experiences, thoughts and emotions, in complete protection of their privacy.

The Groups were guided and led by psychologists through a path of accompaniment and awareness with respect to the psychological, interpersonal and behavioral implications that a **chronic illness** inevitably leads to face, aimed at promoting **patient engagement** within the care process.

December 2017 - January 2020:

Creation and management of the **"PsychoArea Young"** Association, in collaboration with the **Psycho Area Integrated Psychotherapy Association** of Verona.

Creation of projects related to **psychological well-being** aimed at adolescents and young adults.

OTHER EXPERIENCES IN HEALTH AND SCHOOL SETTINGS

January 2022-March 2022:

AFTER SCHOOL TUTOR at **Casa dello Studente Social Cooperative**.

Integrated school support:

Study support, teaching study method and tutoring to elementary, middle and high school children, including those with DSA, ADHD, BES certifications.

January 2019- January 2020:

National Civil Service "Informacancer North 2018-2019", at AIMaC - Italian Association of cancer patients, relatives and friends - c/o Policlinico G.B Rossi, Azienda Ospedaliera Universitaria Integrata di Verona, Medical Oncology.

Activities to listen to and welcome people with oncological disease and those close to them, providing the most targeted and personalized information possible on the disease, treatments and their side effects, access to the benefits provided by the laws in the field of labor, social security and welfare. The activities are aimed at fostering, through information, the **empowerment** of the patient with respect to his or her course of treatment.

June 2018- September 2018:

Educator in the **"Agrivivere" project at La Conchiglia Fise - o.n.l.u.s. - a.s.d. Riding school** in Serravalle a Po (MN).

Job of accompanying in recreational workshop activities and school support for minors in difficult situations.

OUTREACH ACTIVITIES

November 2020:

Pantheon- 116 newspaper interview: "Facing the disease, together".

December 2017 - January 2020:

PsychoArea Young Association.

Organization of **popularization and educational events on wellness promotion** aimed at the population:

12/19/2019: Presentation entitled: "Pass meetings: exam anxiety, with Psychoarea Young," in collaboration with **Pass Magazine**;

01/29/2018 and 11/29/2018: Presentation entitled: "The Power of a Like: Fragilities and Insecurities of an Always Connected Generation," in collaboration with **Psycho Area Association**.

11/29/2018: Participation in the "Job & Orienta" fair, "COSP" booth, Verona.

January 2020: Articles for **Pass Magazine**: useful strategies for coping with quarantine from Covid 19.

28/10/2021:

Psico-Go Social Promotion Association.

Outreach event aimed at the general public on issues of psychological and social impact: **"Youth and emotions in the time of covid"**.

From 2021:

"Prison Project 663-Acta Non Verba" Association. Educational and popularization paths on various issues related to legality and social integration:

- **2021**: Participation as an expert psychologist in the project **"Bullying & cyberbullying"** at **ISS Marie Curie in Garda and Bussolengo**, Verona.

"Bullying & Cyberbullying" project, dissemination intervention addressed to parents of **Istituto Comprensivo Vr 12 Golosine, Manzoni School**, Verona.

- **2022**: Participation as expert psychologist in the **"Bullying & cyberbullying"** project at **Peri Secondary School**.

EDUCATION AND TRAINING

From January 2023 to the current date:

Trainee Psychotherapy Intern at Azienda Ospedaliera Universitaria Integrata di Verona, U.O of Clinical and Psychosomatic Psychology, Policlinico G.B. Rossi.

January 2022 to December 2022:

Trainee in Psychotherapy at Ulss9 Scaligera, U.O.C Psychiatry 1, Territorial Psychotherapy Service, Azienda Ospedaliera Universitaria Integrata di Verona, Policlinico G.B. Rossi.

Taking charge of patients through psychotherapeutic pathways. Supervision and team meeting.

September 2021 - December 2021:

Intern specializing in Psychotherapy at Ulss 9 Scaligera, U.O.C. Childhood, Adolescence, Family and Counseling - District 4 Ovest Veronese - Service of Developmental Age Psychology..

Administration and scoring of tests for the assessment of cognitive skills and Learning within the certification procedure for Specific Learning Disorders, Attention Disorders and other Neurodevelopmental Disorders.

Participation in initial parent interviews and restitution interviews, team meetings and with teachers.

July 2020- November 2020:

Trainee Psychotherapy Intern at Villa Santa Chiara Nursing Home, of Verona.

Taking care of patients through psychotherapeutic pathways; supervision.

From January 18, 2020 to the current date:

Undergoing training at **Scuola di Psicoterapia Cognitiva srl (SPC), Schools of Specialization in Cognitive-Behavioral Psychotherapy (APC and SPC)**, Verona site.

Sept. 11, 2017:

Registration in the **Register of the Order of Psychologists of the Veneto Region**, Section A, No. 10460.

July 6, 2017:

Passing of the State Examination to qualify as a Psychologist, at the University of Pavia.

December 2016 to May 2017:

Semester of **professionalizing internship** at the **Association for Integrated Psychotherapy Psycho Area** in Verona.

Viewing and unwinding video recordings of psychotherapeutic sessions and first interviews with related discussion and analysis; participation in monthly team meetings; entering scores to "Mindfulness" group test and re-test questionnaires and participating in group; participating as an observer in diagnostic assessment interviews and observing diagnostic reports; development of psychodiagnostic tests under supervision; secretarial support and clinical work organization activities; shadowing the instructor in group activities, aimed at promoting psychophysical well-being, emotion and stress management.

June 2016 to November 2016:

Semester of **professionalizing internship** at **Azienda ULSS 20 in Verona, U.O.C Child Neuropsychiatry and Developmental Age Psychology.**

Participation in initial interviews with parents and restitution interviews; writing of related reports; participation in team meetings to monitor cases taken in charge and writing of reports; supervised administration and scoring of WISC IV and WAIS IV intellectual tests; participation in a training course on ADHD convened by the Service and in a seminar on youth Internet addiction.

February 17, 2016:

Master's degree in Clinical Psychology class LM-51 Psychology, from Alma Mater Studiorum University of Bologna, Cesena Campus, with a grade of 104/110.

Discussion of the final paper, related to the subject Clinical Psychophysiology II, entitled:

"Insomnia in the development of affective disorders"

Supervisor: Prof. Marco Luppi.

July 17, 2013

Bachelor's degree in Cognitive Psychology Sciences and Techniques class L-24 of degrees in Psychological Sciences and Techniques, from the Department of Psychology and Cognitive Sciences, University of Trento, Rovereto campus, with a score of 103/110.

October 2012-February 2013

Internship at the **Villa Santa Giuliana Psychosocial Rehabilitation Hospital** in Verona.

Coaching educators and psychologists in structured group activities regarding work organization, group management and evaluation of inpatients' participation. Participation in team meetings.

June 2010

High School Diploma in Science at I.T.S. E. Bolisani Institute in Isola della Scala (VR), with a score of 85/100.

PERSONAL AND PROFESSIONAL SKILLS AND ABILITIES

MOTHER TONGUE

ITALIAN

OTHER LANGUAGES

ENGLISH

- | | |
|--------------------------|------|
| • Reading skills | GOOD |
| • Writing skills | GOOD |
| • Oral expression skills | GOOD |

INTERPERSONAL SKILLS AND ABILITIES

Ability to relate to users in public and private settings, grasping their needs through active listening and trying to meet them in the most effective way.
Ability to listen empathically with respect to sensitive personal difficulties and provide emotional support through the implementation of targeted psychological interventions.
Effective communication relatively different aspects involved in chronic pathology.
Ability and skills related to conducting listening and sharing groups with respect to emotionally significant issues and relatively experiences of chronic illness.
Ability to support face-to-face and interactive lectures and dissemination events on issues related to the promotion of psychological well-being.
Ability to work in multidisciplinary teams, organizing work together, respecting the role and opinions of each colleague, and communicating effectively.

ORGANIZATIONAL SKILLS AND COMPETENCIES

Ability to organize work independently, managing its timing and modalities

TECHNICAL SKILLS AND
COMPETENCIES

Knowledge and use of the "Microsoft Office" package, e-mail, social media, and basic computer functions.

Skills inherent in assessment and diagnosis, through clinical interviewing and administration and scoring of psycho-diagnostic and cognitive skills assessment tests. Ability to write clinical reports.

Skills in clinical settings related to the psychotherapeutic care of patients with psychiatric disorders, mental disorders, psychosomatic disorders, chronic conditions in inpatient and outpatient settings.

Knowledge and expertise related to the use of Cognitive-Behavioral Psychotherapy techniques (CBT, REBT, ACT, Mindfulness, CFT, DBT).

LICENSE

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I authorize the processing of personal data contained in my curriculum vitae according to art. 13 of Legislative Decree 196/2003.