

## Lidia Del Piccolo, Ph.D, Psy.D

### PERSONAL INFORMATION



Department of Neurosciences, Biomedicine and Movement Sciences, University of Verona,  
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[lidia.delpiccolo@univr.it](mailto:lidia.delpiccolo@univr.it)

Sex Female Date of birth 07/01/1967 | Nationality Italian

Full professor

### CURRENT POSITION

Chief of the two Units of Clinical Psychology of the Integrated University Hospital of Verona.

### BIBLIOMETRIC INFORMATION

<https://orcid.org/0000-0003-1735-9362>

h-index: 20 (WOS); 23 (Scopus); 27 (Google scholar)

Total number of citations: 1515 (WOS); 1844 (Scopus); 2837 (Google scholar)

### SUMMARY STATEMENT

Lidia Del Piccolo is a **Full Professor of Clinical Psychology** at the Department of Neuroscience, Biomedicine, and Movement Sciences at the University of Verona. Since 2014, she has been the **Chief of the Clinical Psychology Unit at Verona University Hospital**.

She contributed to the creation and standardization of different measures that evaluate emotional expression and doctor-patient communication during medical consultations (the Verona Medical Interview Classification System, VR-MICS; the Verona patient-centered Communication Evaluation Scale, VR-COPE; the Verona Coding for Emotional Sequences, VR-CODES), which she also applied in research. She also published numerous papers in applied clinical psychology and psychotherapy.

Since 2001, she has been teaching Clinical Psychology and Clinical Communication in Health Sciences for undergraduate and resident students attending the Faculty of Medicine and for students attending different courses related to health sciences (speech therapists, midwives, rehabilitation therapists) at the University of Verona. Since 2001, she has worked as a Clinical Psychologist and Cognitive Behavioral Psychotherapist at the Mental Health Department of Verona Hospital. Professor Lidia Del Piccolo has published 120 full papers and six chapters, two of which were published by invitation in international books, and a book: Del Piccolo L. "Competenze per comunicare con i pazienti" Ed. Piccin. 2015 Padova (Italian translation of J. Silverman, S. Kurtz, J. Draper, "Skills for communicating with patients" Ingram; 3rd edition, 2013).

She is actually participating in several national and International Research Projects, among which the following were sustained by a grant:

1. **Uni4Equity** – STRENGTHENING UNIVERSITIES' RESPONSE TO SEXUAL HARASSMENT WITH AN EQUITY APPROACH – grant 101094121 (01/02/2023 – 31/01/2026)
2. **Horizon 2020 ORCHESTRA** (FOLLOW-UP OF COVID-19 LONG-TERM SEQUELAE STUDY PROTOCOL) project, grant 101016167 - WP2 package. EU Call: H2020-SC1-PHE-CORONAVIRUS-2020-2-RTD (1/12/2020-30/12/2024)
3. **MOB-ACT** - MobACT - DEVELOPMENT, CLINICAL EFFICACY AND COST-EFFECTIVENESS OF A MOBILE ACCEPTANCE AND COMMITMENT THERAPY-BASED TREATMENT FOR CHRONIC PRIMARY PAIN PRIN – PRIN n. 104 02-02-2022 ERC SH4 "The Human Mind and Its Complexity" - grant 2022LLN7B

Mother tongue(s) Italian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	C1	C1

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user

## WORK EXPERIENCE

15 April 2018 - today	<b>Full Professor of Clinical Psychology</b> , University of Verona (WHO Collaborating Centre for Research and Training in Mental Health and Service Evaluation).
16 November 2020 – today	<b>Chief of the Unit of Clinical Psychology at Verona Major Hospital</b> , Piazzale Aristide Stefani, 1 - 37126.Verona, Italy
15 December 2014 – today	<b>Chief of the Unit of Clinical Psychology at Verona University Hospital</b> , Policlinico G.B. Rossi, Piazzale L.A. Scuro 10, 37134 Verona, Italy
1 January 2011 - 14 April 2018	<b>Associate Professor in Clinical Psychology</b> at the Department of Neuroscience, Biomedicine and Movement, Section of Clinical Psychology, University of Verona.
1 October 2001 - 31 December 2010	<b>Research fellow in Clinical Psychology</b> at the Department of Medicine and Public Health (since 2010 Department of Public Health and Community Medicine) Section of Psychiatry and Clinical Psychology, University of Verona.
1 December 1999 - September 30, 2001	<b>Research Grant</b> : "The recognition of emotional distress. Development of a model for the evaluation of the medical interview "at the Department of Medicine and Public Health, University of Verona.
January 1999 – December 2002	Collaboration as <b>Clinical and research consultant</b> at the Besta Neurological Institute in Milan
October 1995 - June 2000	Collaboration as <b>Clinical and research consultant</b> at the Eugenio Medea Scientific Institute in Bosisio Parini (LC).
February 1994 - October-1995	<b>Research Grant</b> "Neuropsychological Prerequisites for Learning " - Finalized Ministerial Research at the Eugenio Medea Scientific Institute, Bosisio Parini (LC).

## EDUCATION AND TRAINING

14-16 December 2015	<b>EMDR practitioner</b> (Eye Movement Desensitization and Reprocessing) level 1. Held by Isabel Fernandez at AOUI Verona
February 2009	<b>Cognitive Behavioural Psychotherapist</b> , 2009
1-5 July, 2002	<b>MITA Course</b> : Communication Skills: Teaching and Learning for Clinicians - West of Scotland Postgraduate Medical Center, Glasgow
October 1995 -February 2000	<b>PhD in "Psychiatric and Psychological Sciences"</b> , University of Verona
13-15 October 1998	<b>"Problem Based Interview Course"</b> residential course. Ripon College, University of Leeds. Prof. L. Gask
8 October - 12 December 1998	<b>"Psychiatry in General Practice Course"</b> National Primary Care Research and Development Center in Manchester. Prof. L. Gask.
May 26-30 and June 23-27, 1997	<b>Monographic Course "Design of Experiments I and II"</b> . Postgraduate School in Health Statistics of the University of Pavia
March 24-28, 1997	<b>Master in Epidemiology</b> organized by the Italian Association of Epidemiology Course of General Methodology I "Cohort Studies: Design, Conduct, Analysis". San Miniato. Prof. A. Liberati
November 1996 - June 1997	<b>Postgraduate Course in Medical Statistics and Clinical Epidemiology</b> at the Institute of Hygiene, University of Verona.
March 25-29, 1996	<b>III Course "Experimental Design and Analysis of Variance"</b> , at the Higher Institute of Health, Rome.
15 March 1993-January 1994	Training in Clinical Psychology at University Hospital of Udine, Italy
12 December 1992	<b>Degree in Experimental and Clinical Psychology</b> , University of Padua, summa cum laude, special mention

## AWARDS

2008 Each (European Association for Communication in Healthcare): **Jozien Bensing Research Award**

## EXTERNAL PROJECT FUNDINGS

2018-2022	<b>Project Manager</b> of the National Project <b>"Behaviors and Wellness: a Multidisciplinary Approach to Favor Health-Related Quality of Life in Vulnerable Populations"</b> "on behalf of the Department of Neuroscience, Biomedicine, and Movement Science, which received a grant of 8.100.000 euro, lasting five years (2018-2022), from the Minister of Research and University.
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2022-2023	<b>Verona Brain Research Foundation (BRFvR) - 1° Bando 2022 Biennale Per Idee Progettuali</b> Nell'ambito della Telemedicina Digitale Applicata Alle Neuroscienze.
2023	<b>MobACT</b> - DEVELOPMENT, CLINICAL EFFICACY AND COST-EFFECTIVENESS OF A MOBILE ACCEPTANCE AND COMMITMENT THERAPY-BASED TREATMENT FOR CHRONIC PRIMARY PAIN PRIN – PRIN n. 104 02-02-2022 ERC SH4 “The Human Mind and Its Complexity” - grant 2022LLLN7B - Projects of significant national interest ( <b>PRIN</b> ) – 2021-22
01/02/2023 – 31/01/2026	<b>EU Project - Uni4Equity</b> – STRENGTHENING UNIVERSITIES' RESPONSE TO SEXUAL HARASSMENT WITH AN EQUITY APPROACH – grant 101094121 European Commission-EU, CERV-2022- DAPHNE. GRANT AGREEMENT Project 101094121
1/12/2020-30/12/2024	<b>Horizon 2020 ORCHESTRA</b> (FOLLOW-UP OF COVID-19 LONG-TERM SEQUELAE STUDY PROTOCOL) project, grant 101016167 - WP2 package. EU Call: H2020-SC1-PHE-CORONAVIRUS-2020-2-RTD.

## TEACHING

### Undergraduate University teaching

- Undergraduate lecture course “Medical Psychology” for 2nd year medical students at the Medical School of the University of Verona (3 CFU).
- Undergraduate lecture course “Medical Psychology” for 6th year medical students at the Medical School of the University of Verona (0.5 CFU).
- Lecture courses in Clinical Psychology for postgraduate students in Psychiatry, Neurology, Occupational Health, Oncology, University of Verona
- Undergraduate lecture course “Clinical Psychology” for students at the Psychiatric Rehabilitation School of the University of Verona (2 CFU).
- Undergraduate lecture course “Clinical Psychology” for students in Obstetrics and Gynecology at the University of Verona (2 CFU).
- Undergraduate lecture course “Clinical Psychology” for students in language Rehabilitation Sciences at the University of Verona (6 CFU).
- Undergraduate lecture course “Clinical Psychology” for Nursing and Rehabilitation Sciences students at the University of Verona (6 CFU).

### Postgraduate University teaching

- I and II Master in Risk and Patient Security Management, University of Verona.
- Postgraduate Advanced Course in Hospital Psychology and Psychiatry Consulting
- Master in Neuropsychology, University of Verona
- Master in Palliative Care, University of Verona
- Supervisor of PhD students at the Graduate School of Neurosciences, Psychiatry and Psychology, University of Verona.

Training courses for health professionals (ECM) on Communication and relational Skills

Invited PhD External Examiner

28 June 2023 in Mattilanniemi campus University of Jyväskylä (Finland)

31st August 2023 UCL Medical School, London (UK)

### International Teaching

Vna, Switzerland, 4-9 September 2011,

Gut Gremmelin, Germany 1–6 September 2013,

London 4-8 September 2017.

“Summer Course for Ph. D students” organized by R-European Association for Communication in Healthcare (EACH)

International School Exercise and Sport, 9-11 December, 2021.

## SCIENTIFIC COLLABORATIONS

Starting in February 2003, I was chair of the annual organization of the Verona workshop on sequence analysis and coordinator of the international group “Verona Network on Sequence Analysis”, which set up new methods and procedures to analyse doctor-patient interaction.

Starting with 2002, Member of the scientific committee of the International Conference on Communication in Healthcare, promoted by the European Association for Communication in Healthcare EACH

Member of the scientific committee of the International Conference on Communication in Healthcare (ICCH), promoted by the American Association for Communication in Healthcare AACH

#### INVITED KEYNOTE SPEAKER

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February 2016 Invited as Expert at Institute for Medical Education, Medical Faculty, University of Bern.

May 2017 Invited as Visiting Professor at the Third Xiangya Hospital of Central South University (CSU), Changsha, Hunan, China.

July 2017 Invited as Visiting Professor at Oslo University, Norway

Keynote speaker at EACH International Conference of Communication in Healthcare 2021

#### MEMBERSHIP OF PROFESSIONAL BODIES AND EDITORIAL BOARDS

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Leading member of the Special Interest Group (SIG) on the Vr-CoDES system of the European Association for Communication in Healthcare (EACH)

Member of the International College of Psychosomatic Medicine (ICPM).

Member of the Italian College of University Teachers and Researchers.

Member of the Italian Association of Psychology (AIP)

Member of the Editorial Board of Patient Education and Counseling (Elsevier)

Reviewer for the Swiss National Science Foundation (SNSF) Project funding SSH Wildhainweg 3 P.O. Bern

Verona, 20.08.2024

Lidia Del Piccolo

