



Curriculum Vitae Europass

Personal information

Name/Fist name Beato Marco
Address Via Colonello Giovanni Fincato, Verona, Italy
Phone 340-4680201
E-mail marco.beato@univr.it
Citizenship Italian
Date of birth 05/05/1988
Gender Male

Education

2014 Certificate UEFA-B Football Coach
2014 Certificate FIPE Weightlifting Coach and Personal Trainer
2012 Master in Sport Prevention and Adapted Training for Health (Sport Science), University of Verona, Italy (110/110 + laud)
2010 Bachelor in Sport and Exercise (Sport Science), University of Verona, Italy
2010 Certificate CONI-FIGC Coach of Young Football Players
2009 Certificate FIKB Kickboxing Coach

Academic activities

2014 – to date Lecturer in Master of Methodology of training in football, University of Verona and Pisa, Italy
01/01/2013 – to date PhDs in Department of Neurological and Movement Science, University of Verona. Topic: Sport Science. Title of Reserch Project: "Recreational football and cardiovascular risk factors"
2012 – to date Tutor of practical lectures in following academic courses:
- Methods of physical and athletic training, Prof. Federico Schena (2015/14, 30 hours; 2013/14, 30 hours; 2012/13, 45 hours)
- Research methods applied to sport, Prof. Franco Impellizzeri (2012/13), 24 hours

Scholarships or funding (Grant)

Sponsor University of Verona
Argument International Scholarship for PhD in Sports Science
2013 – 2015 40915.41 €
2014 Winner of the national award "Mognoni" edition 2014 (best research in Science of

	Physical Exercise and Sport)
Work activities	
Seasons 2013/14 – 2012/13	Futsal Coach in University of Verona, Italy
Seasons 2012/13 – 2011/12	Sport Scientist (Research and Athletic Training), AC Chievo Verona, Italy (Serie A, football)
Personal and computer skills	
Car license	B
Languages	Italian (first language), english (professional)
Software for statistical analysis	SPSS, SigmaStat, SigmaPlot
Software for performance analysis	GPSport system, Polar team ² Pro, GPS Statsport
Sport skills	Strength and Conditioning Coach; Sport Scientist (GPS Analysis, Physiological and Functional Tests); Football Coach

Scientific Activity

Scientific articles on peer-reviewed journals:

Zamparo P, Zadro I, Lazzer S, **Beato M**, Sepulcri L. *Energetics of Shuttle Runs: The Effects of Distance and Change of Direction*. Int J Sports Physiol Perform. 2014 Apr 3. [Epub ahead of print]

Beato M, Bertinato L, Schena F. *High volume training with small-sided games affects technical demands in football: a descriptive study*. Sport Sci Health. 2014 [Epub ahead of print]

Oral and poster presentations:

Author or coauthor in 7 oral and poster presentation in national and international congress of Sport Science:

19° Annual Congress ECSS, 2 - 5 June 2014, Amsterdam, Holland;
 5° Annual Congress SISMES, 27 - 29 September 2013, Pavia, Italy;
 18° Annual Congress ECSS, 26 - 29 June 2013, Barcelona, Spain;
 4° Annual Congress SISMES, 5 - 7 October 2012, Palermo, Italy.

Verona, 15/09/2014

Marco Beato