

Europass Curriculum Vitae



Personal information

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Nationality Italian

Date of birth 8/10/1972

Position: Associate Professor at Department of Neuroscience, Biomedicine and Movement Sciences, Section of Psychiatry, University of Verona, Verona
Professor at the School of Specialization in Psychiatry, University of Verona
Member of Research Unit of Clinical Psychopharmacology and Drug Epidemiology, Department of Medicine and Public Health, University of Verona
Member of WHO Collaborating Centre for Research and Training in Mental Health and Service Evaluation, University of Verona
Member of the Cochrane Global Mental Health (CGMH) team affiliated with the University of Verona

Clinical Team Leader - Azienda Ospedaliera Universitaria di Verona, Italy
Head of the Highly Specialised Programme in "Diagnosis and Treatment Management of Mental Disorders in Trauma-Exposed Populations", Department of Psychiatry, Integrated University Hospital of Verona.
Member of the Third Mission and Communication Committee, Department of Neuroscience, Biomedicine and Movement Sciences, University of Verona.
Member of the Ethics and Professional Conduct Committee of the Verona Medical and Dental Association

Academic and Clinical Positions

- **Associate Professor of Psychiatry**
Department of Neuroscience, Biomedicine, and Movement, University of Verona (since June 1, 2020)
- **First-level Medical Director - Psychiatry** at the Complex Operative Unit (U.O.C.) of Psychiatry, Integrated University Hospital of Verona, February 2005 – May 2020
- **Head of High Specialization in "Rational Psychopharmacological Therapy,"** U.O.C. of Psychiatry, Integrated University Hospital of Verona, January 2012 – 2020
- **Deputy Director, U.O.C. Psychiatry,** Integrated University Hospital of Verona, January 2018 – 2021
- **President of the Equal Opportunities Committee,** University of Verona, 2021 – 2014

Education and Titles

- **Degree in Medicine and Surgery,** University of Verona. Graduation grade: 110/110 cum laude.
(Thesis: "Life Events and Depression. What is the Relationship?" Supervisor: Prof. M. Tansella, Psychiatric Clinic, Verona), 1997
- **Qualification for medical practice** obtained in the first session of the year and registration with the professional register of medical surgeons, 1998
- **Specialization in Psychiatry,** University of Verona, with a grade of 50/50 cum laude, 2001
- **Research Fellow** from December 2001 to December 2002 at the Department of Medicine and Public Health, Section of Psychiatry, University of Verona
- **Registration in the Psychotherapists' Register,** 2003
- **PhD in Psychological and Psychiatric Sciences,** University of Verona, 2006
- **National Scientific Qualification as Associate Professor in Psychiatry** (Sector 06/D5), awarded in February 2014 and renewed in July 2018

Main clinical interests

- Brief psychodynamic psychotherapy.
- Individual and group clinical supervision.
- Psychological interventions addressing the mental health needs of asylum seekers and refugees, including a dedicated outpatient service developed in collaboration with the Italian Council for Refugees and the Municipality of Verona, as well as European projects conducted in collaboration with WHO.
- Psychological well-being promotion interventions for vulnerable populations.
- Management and coordination of complex clinical cases in outpatient settings.
- Training and scientific collaboration in the field of mental health in low- and middle-income countries.

Main research activities

Professor Nosè contributes to seminars, practical teaching activities and student tutoring, including the supervision of dissertations and theses in the following areas: (a) dissertations completed by residents at the University of Verona School of Specialisation in Psychiatry; (b) theses completed by students enrolled in the Degree Programme in Medicine and Surgery at the University of Verona; (c) theses completed by students enrolled in the Degree Programme in Psychiatric Rehabilitation Techniques; and (d) theses completed by students enrolled in the Degree Programme in Nursing at the University of Verona. She also supervises and tutors PhD candidates enrolled in the University of Verona PhD Programme in Psychological and Psychiatric Sciences.

Psychiatric epidemiology

- Epidemiological studies using psychiatric case and medication registers
- Evaluation of treatment outcomes
- Neuroimaging studies in schizophrenia and bipolar disorder

Psychiatric epidemiology in vulnerable populations, including refugees and asylum seekers

Assessment of psychological distress and psychiatric disorders among asylum seekers receiving support from the Italian Council for Refugees, in collaboration with the Municipality of Verona

Research projects conducted in collaboration with local and national social cooperatives and non-governmental organisations, including training activities for health and social care professionals

Research projects conducted in collaboration with the World Health Organization to evaluate and implement psychosocial interventions for refugees in high- and middle-income countries

Pharmacoevidence

- Epidemiology of medication use
- Evaluation of treatment adherence
- Studies of treatment tolerability

Systematic reviews of the literature

Randomised clinical trials

QUATRO European Study: "Quality of Life Following Adherence Therapy for People Disabled by Schizophrenia and Their Carers"

CHAT Study: "Clozapine Haloperidol Aripiprazole Trial: Randomized Evaluation of the Effectiveness of Clozapine and Aripiprazole versus Clozapine and Haloperidol in the Treatment of Schizophrenia. An Independent, Pragmatic, Multicentre, Parallel-Group, Superiority Trial" — Trial Manager

LAST Study: "Lithium and Standard Therapy in Resistant Depression" (LAST-RD): A Randomised Controlled Trial — Trial Manager

VESPA Study: "Vortioxetine in the Elderly versus SSRIs: A Pragmatic Assessment"

RE-DEFINE International Study — "Refugee Emergency: DEFINing and Implementing Novel Evidence-Based Psychosocial Interventions". This European Union-funded international study evaluated the effectiveness of brief, evidence-based psychosocial interventions for refugees and asylum seekers experiencing stress and difficulties adjusting to new environments. Several European countries and Turkey participated in adapting and testing Self-Help Plus (SH+), an intervention developed by the World Health Organization. The project aimed to promote psychological well-being and prevent the onset of mental disorders among populations exposed to forced migration and trauma. Member of the scientific coordination team at the Verona study centre.

RESPOND International Study — "Improving the Preparedness of Health Systems to Reduce Mental Health and Psychosocial Concerns Resulting from the COVID-19 Pandemic". This Horizon 2020-funded international study aimed to improve the preparedness of healthcare systems in addressing the psychological and psychosocial consequences of the COVID-19 pandemic. The University of Verona team developed and tested brief, scalable psychological support interventions, including interventions promoted by the World Health Organization, for migrant populations. Member of the scientific coordination team at the Verona study centre.

- **ADVANCE International Study** — “Addressing Mental Health Vulnerabilities from Adolescence to Older Age: Innovating Prevention Science for Times of Change”. This Horizon Europe-funded project aims to advance mental health prevention by developing and testing brief, evidence-based interventions designed to reduce psychological vulnerabilities among at-risk groups. The University of Verona team focuses on migrant populations. Member of the scientific coordination team at the Verona study centre.

Mental health and psychological well-being promotion interventions for vulnerable populations and the general population

- **M(H)IND International Project — Mental Health and Integration for Development.** Funded by the Italian Agency for Development Cooperation and the Stavros Niarchos Foundation, the project aims to integrate sustainable, context-appropriate mental health and psychosocial support services into the local healthcare system and existing community structures in South Sudan. Scientific Coordination Lead for the University of Verona.
- **CAMPUS Project — Characterize and Address Mental Health Problems in University Students.** The project promotes psychological well-being among all students at the University of Verona through a psychological support and prevention intervention developed by the World Health Organization, entitled “Doing What Matters in Times of Stress”. Principal Investigator.
- **SCOPERTA PSYCH Project — Psychological Well-being among Secondary School Students: A Cross-Sectional Study.**
- **MINERVA Project — Museum, Innovation and Neuroscience: Emotional and Psychological Responses to Artistic Value.** Developed through a collaboration between Palazzo Maffei Casa Museo and the University of Verona WHO Collaborating Centre for Research in Mental Health, the project aims to create a cultural programme within a museum setting to improve participants’ well-being. It also evaluates the impact of artistic experiences, particularly museum experiences, on psychological well-being, anxiety and depressive symptoms, and overall functioning. Principal Investigator.
- **PROBEN Project.** A national project involving the University of Verona that aims to develop and evaluate the effectiveness of an intervention model designed to promote psychological and physical well-being among university students and students enrolled in Higher Education in Art, Music and Dance institutions. The project also seeks to increase awareness of the psychological and physical well-being services offered by universities; facilitate access to these services when needed; strengthen students’ engagement with and motivation towards their studies; and assess the reproducibility and sustainability of the interventions and the translation of the knowledge acquired into operational protocols. Member of the scientific coordination team for the University of Verona.
- **Uni4Equity European Project.** A European project addressing sexual harassment in university settings. Member of the scientific coordination team for the University of Verona.
- **“Reducing Mental Health Disorders in Africa through the Training of Specialised Mental Healthcare Professionals: A Participatory Initiative between Amref International University and the University of Verona”.** This project is funded by the Italian Ministry of University and Research and led by the University of Verona. As part of the project, Professor Nosè participated in a teaching and training mission at Amref International University in Nairobi, Kenya, from 10 to 15 February 2025.

Guideline development and implementation

Development and implementation of clinical guidelines using the GRADE methodology — Grading of Recommendations Assessment, Development and Evaluation — the internationally recognised framework for assessing the certainty of scientific evidence and formulating evidence-based clinical recommendations.

Education and training

- **Lecturer in the Degree Course in Medicine and Surgery, Psychiatry Course (MED 25),** University of Verona, 6 hours (2021/2022)
- **Lecturer in the Elective Course "Art, Creativity, and Mental Health: An Open Dialogue"** (2021/2022)
- **Lecturer and Coordinator of the Elective Course "Mental Health in Humanitarian Contexts and Developing Countries"** (2021/2022)
- **Lecturer in the Master's Degree in Health Professions of Technical Assistance (LM SNT3),** Teaching and Coordination of "Interdisciplinary Team Management," module "Promotion of Psychological Well-being" (MED 25), 30 hours (2022/2023)
- **Lecturer in the Nursing Degree Course (Vicenza),** Teaching "Community Intervention Methodologies," module "Psychiatry," 12 hours (2022/2023)
- **Lecturer in the Master's Degree in Rehabilitation Sciences of Health Professions (Verona),** Teaching "Health Management," module "Organizational Models of Psychiatric Rehabilitation" (MED 25), 10 hours
- **Lecturer in the "Neuropsychopharmacology" course** at the School of Specialization in Psychiatry, University of Verona
- **Lecturer in the "Brief Psychodynamic-oriented Psychotherapies" course** at the School of Specialization in Psychiatry, University of Verona
- **Clinical Supervision** at the School of Specialization in Psychiatry, University of Verona
- **PhD Lecturer in "Neuroscience, Psychological and Psychiatric Sciences, and Movement Sciences,"** University of Verona
- **PhD Lecturer in "Clinical Experimental Neuroscience and Psychiatry,"** Sapienza University of Rome
- **Lecturer in the University Master's Program in "Immunologic Lung Diseases: From Mechanisms to Treatment,"** AOUI Verona, University of Verona, on the topic "Psychopathological Aspects of Asthma" (2016-2017)
- **Lecturer in the University Master's Program in "Immigration, Migration Phenomena, and Social Transformations,"** Ca' Foscari University of Venice, on the topic: "Asylum Laboratory - Asylum Seekers and Refugees: Psychological Trauma and Protection Paths" (2016-2017, 2018-2019)
- **Lecturer in the University Master's Program on "Evidence-Based Therapeutic Approaches and Assessment Methods for Mental Health Prevention and Early Interventions,"** University of Verona, on the topic "Trauma Disorders: State of the Art on Clinical-Diagnostic Aspects and Assessment" (2019/2020)
- **Lecturer in the University Master's Program in Bibliotherapy (1st Level),** University of Verona, on the topic "Neuroscience of Bibliotherapy" (2023/24)
- **Lecturer in the Advanced Course "Governance of Reception in Humanitarian Crises,"** Department of Legal Sciences and Department of Human Sciences (2017-2019)
- **Scientific Board Member and Lecturer in the Advanced Course in Systematic Reviews and Meta-Analysis for the Development of Evidence-Based Guidelines**
- **Member of the Scientific Board and Lecturer in the University Advanced Course "Level 1 Autism Spectrum Disorder in Adults",** academic year 2024/2025–present.

Professor Nosè contributes to seminars, practical teaching and student tutoring, including the supervision of dissertations completed by residents at the University of Verona School of Psychiatry, medical students, students in Psychiatric Rehabilitation Techniques and nursing students. She also supervises and tutors PhD students enrolled in the University of Verona PhD Programme in Psychological and Psychiatric Sciences.

Membership of Professional Bodies

- **Member of PSIVE (Italian Society of Psychiatry - Veneto Section)**, serving as Provincial Representative for Verona (elected in June 2019)
- **Member of the Italian Society of Psychiatric Epidemiology (SIEP)**
- **Member of the Editorial Board of the international scientific journal "Epidemiology and Psychiatric Sciences" (EPS)**, Cambridge University Press

Publications

Prof M Nosè published so far more than 60 full papers in international and national peer-reviewed journals:

<https://scholar.google.it/citations?user=jTFysXMAAAAJ&hl=it>

Citazioni GOOGLE SCHOLAR:	6070 (lifetime);	3187 (last five years)
h-index (GOOGLE SCHOLAR):	38 (lifetime);	25 (last five years)
i10-index (GOOGLE SCHOLAR):	68 (lifetime);	47 (last five years)

Signed

Verona, 02nd September 2026

