

Lidia Del Piccolo, Ph.D, Psy.D

PERSONAL INFORMATION



Department of Neurosciences, Biomedicine and Movement Sciences, University of Verona, Policlinico G.B. Rossi, Piazzale L.A. Scuro 10, 37134 Verona, Italy

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Sex Female Date of birth 07/01/1967 | Nationality Italian

CURRENT POSITION

Since 15 April 2018, **Full Professor** (11/E4, Scientific-Disciplinary Sector PSIC-04/B – Clinical Psychology), at the Department of Neuroscience, Biomedicine and Movement Sciences, Clinical Psychology Section, University of Verona. National Scientific Qualification for the position of Full Professor in the disciplinary field 11/E4, obtained in 2014.

Since 2014, **Head of the Departmental Clinical Psychology Unit** (USD) BR, Integrated University Hospital Trust (AOUI), G.B. Rossi Polyclinic, Verona, under an agreement pursuant to Article 102 of Presidential Decree No. 382/1980. From 18 November 2020 to 31 December 2025, concurrently Head of the Departmental Clinical Psychology Unit (USD) BT at Ospedale Maggiore, Borgo Trento (AOUI).

Member of the National Scientific Qualification Committee for Recruitment Field 11/E4 – Clinical and Dynamic Psychology (Article 8, paragraph 1, Ministerial Decree No. 1052 of 2018) from 2018 to 2021.

Since 2022, Member of the Ethics Committee for Clinical Practice of the AOUI of Verona.

Since January 2026, appointed Teaching Quality Assurance Officer for the Department of Neuroscience, Biomedicine and Movement Sciences.

BIBLIOMETRIC INFORMATION

ORCID: <https://orcid.org/0000-0003-1735-9362>

To date, she published 130 full-length papers (127 in indexed international journals) and six book chapters, two of which appeared in international monographs.

In 2015, they published the monograph *Competenze per comunicare con i pazienti*, Piccin, Padua, an Italian translation of J. Silverman, S. Kurtz, and J. Draper's *Skills for Communicating with Patients*, Ingram, 3rd edition, 2013.

h-index on 24.9.26: 26 Web of Science; **26** Scopus; **32** Google Scholar

Total number of citations: 2,371 (2,149 Without self-citations) Web of Science; **2,400** Scopus; **3,660** Google Scholar

SUMMARY STATEMENT

Lidia Del Piccolo is a **Full Professor of Clinical Psychology** at the Department of Neuroscience, Biomedicine, and Movement Sciences at the University of Verona. Since 2014, she has been the **Chief of the Clinical Psychology Unit at Verona University Hospital**.

She contributed to the creation and standardization of different measures that evaluate emotional expression and doctor-patient communication during medical consultations (the Verona Medical Interview Classification System, VR-MICS; the Verona patient-centered Communication Evaluation Scale, VR-COPE; the Verona Coding for Emotional Sequences, VR-CODES), which she also applied in research. She also published numerous papers in applied clinical psychology and psychotherapy.

Since 2001, she has taught Clinical Psychology and Clinical Communication in Health Sciences for undergraduate and resident students attending the Faculty of Medicine and students attending different health sciences courses (speech therapists, midwives, rehabilitation therapists) at the University of Verona. Since 2001, she has worked as a Clinical Psychologist and Cognitive Behavioral Psychotherapist at the Mental Health Department of Verona Hospital.

Professor Lidia Del Piccolo has published 120 full papers and six chapters, two of which were published by invitation in international books, and a book: Del Piccolo L. "Competenze per

comunicare con i pazienti" Ed. Piccin. 2015 Padova (Italian translation of J. Silverman, S. Kurtz, J. Draper, "Skills for communicating with patients" Ingram; 3rd edition, 2013).

WORK EXPERIENCE

15 April 2018 - today	Full Professor of Clinical Psychology , University of Verona (WHO Collaborating Centre for Research and Training in Mental Health and Service Evaluation).
16 November 2020 – today	Chief of the Unit of Clinical Psychology at Verona Major Hospital , Piazzale Aristide Stefani, 1 - 37126. Verona, Italy
15 December 2014 – today	Chief of the Unit of Clinical Psychology at Verona University Hospital , Policlinico G.B. Rossi, Piazzale L.A. Scuro 10, 37134 Verona, Italy
1 January 2011 - 14 April 2018	Associate Professor in Clinical Psychology at the Department of Neuroscience, Biomedicine and Movement, Section of Clinical Psychology, University of Verona.
1 October 2001 - 31 December 2010	Research fellow in Clinical Psychology at the Department of Medicine and Public Health (since 2010 Department of Public Health and Community Medicine) Section of Psychiatry and Clinical Psychology, University of Verona.
1 December 1999 - September 30, 2001	Research Grant : "The recognition of emotional distress. Development of a model for the evaluation of the medical interview "at the Department of Medicine and Public Health, University of Verona.
January 1999 – December 2002	Collaboration as Clinical and research consultant at the Besta Neurological Institute in Milan
October 1995 - June 2000	Collaboration as Clinical and research consultant at the Eugenio Medea Scientific Institute in Bosisio Parini (LC).
February 1994 - October-1995	Research Grant "Neuropsychological Prerequisites for Learning " - Finalized Ministerial Research at the Eugenio Medea Scientific Institute, Bosisio Parini (LC).

EDUCATION AND TRAINING

14-16 December 2015	EMDR practitioner (Eye Movement Desensitization and Reprocessing) level 1. Held by Isabel Fernandez at AOUI Verona
February 2009	Cognitive Behavioural Psychotherapist , 2009
1-5 July, 2002	MITA Course : Communication Skills: Teaching and Learning for Clinicians - West of Scotland Postgraduate Medical Center, Glasgow
October 1995 -February 2000	PhD in "Psychiatric and Psychological Sciences" , University of Verona
13-15 October 1998	"Problem Based Interview Course" residential course. Ripon College, University of Leeds. Prof. L. Gask
8 October - 12 December 1998	"Psychiatry in General Practice Course" National Primary Care Research and Development Center in Manchester. Prof. L. Gask.
May 26-30 and June 23-27, 1997	Monographic Course "Design of Experiments I and II" . Postgraduate School in Health Statistics of the University of Pavia
March 24-28, 1997	Master in Epidemiology organized by the Italian Association of Epidemiology Course of General Methodology I "Cohort Studies: Design, Conduct, Analysis". San Miniato. Prof. A. Liberati
November 1996 - June 1997	Postgraduate Course in Medical Statistics and Clinical Epidemiology at the Institute of Hygiene, University of Verona.
March 25-29, 1996	III Course "Experimental Design and Analysis of Variance" , at the Higher Institute of Health, Rome.
15 March 1993-January 1994	Training in Clinical Psychology at University Hospital of Udine, Italy
12 December 1992	Degree in Experimental and Clinical Psychology , University of Padua, summa cum laude.

AWARDS

2008 Each (European Association for Communication in Healthcare): **Jozien Bensing Research Award**

ACTUAL PROJECTS

- PROBEN** Lead for the University of Verona of the PROBEN Project, Director's Decree No. 1159 of 25 July 2023, call for funding aimed at promoting psychophysical well-being and combating psychological and emotional distress among the student population. The University of Foggia is the lead institution; the project also involves the Universities of Verona and Molise, the Free University of Bozen-Bolzano, the European University of Rome, and the Conservatories of Music of Verona and Foggia. Total budget: €2,750,000; UNIVR budget: €565,000.
- I-COPE** Partner lead for the Clinical Psychology Unit, Verona Integrated University Hospital Trust (AOUI), in the European project EU call CERV-2024-DAPHNE – I-COPE, in collaboration with Region Syddanmark, Denmark, as coordinator, and the following partners: University of Verona, University of Southern Denmark, Danish Stalking Center Denmark, University of Brescia, Askovfonden Denmark, and the Municipality of Verona.
- PROACT-EU RESPONSE** Co-lead for the University of Verona of the European project PROACT-EU RESPONSE – A European Proactive Adaptive Clinical Trials Network within EU-Response. Grant Agreement No. 101156304.
- INTEGRO** Integrated psychotherapeutic intervention for the management of chronic pain in patients with fibromyalgia: the role of the therapeutic relationship. Scholarship of €21,000 funded by Banca Popolare di Verona.
- FENICE** Project: research-intervention activities for patients with breast cancer, during and after oncological treatment. Scholarship funded by Associazione Gi.A.DA: €15,000.

OTHER FUNDED PROJECTS

- 01/01/2018–31/12/2022 Project manager of the Departmental Excellence Project **BEHAVIOURS AND WELL-BEING: A MULTIDISCIPLINARY APPROACH TO PROMOTING QUALITY OF LIFE IN CONDITIONS OF VULNERABILITY**, Department of Neurosciences, Biomedicine and Movement (DNBM), Ministry of University and Scientific Research,. Funding: €8,100,000.
- 01/04/2022-31/03/2023 **TELEGIFTT**. Remote delivery of Cognitive Therapy focused on Post-Traumatic Stress Disorder to groups of patients hospitalized for SARS-CoV-2 infection through a digital telemedicine platform. Scholarship of €25,000 funded by the Verona Brain Research Foundation (BRFVr), 1st Biennial Call 2022.
- 01/02/2023–31/01/2026 **Uni4Equity**. Co-lead for the University of Verona of the European project Uni4Equity – Strengthening Universities' Response to Sexual Harassment with an Equity Approach, grant no. 101094121, , under the Daphne Programme. Coordinated by the University of Alicante, the project involves eight European universities and research/study centres: the Universities of Alicante, Verona, Antwerp, Porto, Eisenstadt and Poznań; the European Centre for Studies and Initiatives in Palermo; and APLICA, a social research cooperative in the field of health and well-being based in Madrid. Total budget: €1,650,897; UNIVR budget: €258,132. <https://www.univr.it/it/uni4equity>
- 01/09/2024-28/02/2026 Lead for the University of Verona of the PRIN **MOB-ACT** Project – MobACT: Development, Clinical Efficacy and Cost-Effectiveness of a Mobile Acceptance and Commitment Therapy-Based Treatment for Chronic Primary Pain. PRIN no. 104, 02/02/2022, ERC SH4 "The Human Mind and Its Complexity", grant no. 2022LLLLN7B. Coordinated by the Catholic University of Milan, Prof. Castelnuovo, and also involving the Universities of Verona and Bologna. Total budget: €271,218; UNIVR budget: €88,932.

TEACHING

Undergraduate University teaching

- Undergraduate lecture course "Medical Psychology" for 2nd year medical students at the Medical School of the University of Verona (3 CFU).
- Undergraduate lecture course "Medical Psychology" for 6th year medical students at the Medical School of the University of Verona (0.5 CFU).
- Lecture courses in Clinical Psychology for postgraduate students in Psychiatry, Neurology, Occupational Health, Oncology, University of Verona
- Undergraduate lecture course "Clinical Psychology" for students at the Psychiatric Rehabilitation School of the University of Verona (2 CFU).

- Undergraduate lecture course "Clinical Psychology" for students in Obstetrics and Gynecology at the University of Verona (2 CFU).
- Undergraduate lecture course "Clinical Psychology" for students in language Rehabilitation Sciences at the University of Verona (6 CFU).
- Undergraduate lecture course "Clinical Psychology" for Nursing and Rehabilitation Sciences students at the University of Verona (6 CFU).

Postgraduate University teaching

- I and II Master in Risk and Patient Security Management, University of Verona.
- Postgraduate Advanced Course in Hospital Psychology and Psychiatry Consulting
- Master in Neuropsychology, University of Verona
- Master in Palliative Care, University of Verona
- Supervisor of PhD students at the Graduate School of Neurosciences, Psychiatry and Psychology, University of Verona.

Training courses for health professionals (ECM) on Communication and relational Skills

Invited PhD External Examiner

28 June 2023 in Mattilanniemi campus University of Jyväskylä (Finland)

31st August 2023 UCL Medical School, London (UK)

International Teaching

Vna, Switzerland, 4-9 September 2011,

Gut Gremmelin, Germany 1–6 September 2013,

London 4-8 September 2017.

"Summer Course for Ph. D students" organized by R-European Association for Communication in Healthcare (EACH)

International School Exercise and Sport, 9-11 December, 2021.

SCIENTIFIC COLLABORATIONS

Starting in February 2003, she is chair of the annual organization of the **Verona workshop on sequence analysis** and coordinator of the international group "**Verona Network on Sequence Analysis**", which set up new methods and procedures to analyse doctor-patient interaction.

Starting with 2002, Member of the scientific committee of the International Conference on Communication in Healthcare, promoted by the European Association for Communication in Healthcare EACH

Member of the scientific committee of the International Conference on Communication in Healthcare (ICCH), promoted by the American Association for Communication in Healthcare AACH

INVITED KEYNOTE SPEAKER

February 2016 Invited as Expert at Institute for Medical Education, Medical Faculty, University of Bern.

May 2017 Invited as Visiting Professor at the Third Xiangya Hospital of Central South University (CSU), Changsha, Hunan, China.

July 2017 Invited as Visiting Professor at Oslo University, Norway

Keynote speaker at EACH International Conference of Communication in Healthcare 2021

MEMBERSHIP OF PROFESSIONAL BODIES AND EDITORIAL BOARDS

Leading member of the Special Interest Group (SIG) on the Vr-CoDES system of the European Association for Communication in Healthcare (EACH)

Member of the International College of Psychosomatic Medicine (ICPM).

Member of the Italian College of University Teachers and Researchers.

Member of the Italian Association of Psychology (AIP)

Member of the Editorial Board of Patient Education and Counseling (Elsevier)

Reviewer for the Swiss National Science Foundation (SNSF) Project funding SSH Wildhainweg 3 P.O. Bern

Italian

Mother tongue(s)

Other language(s)
English

UNDERSTANDING		SPEAKING		WRITING
Listening	Reading	Spoken interaction	Spoken production	
C1	C1	C1	C1	C1

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user

Verona, 20.05.2026

Lidia Del Piccolo

