

OTTAVIA DAMIAN

Psychologist specializing in Environmental and Architectural Psychology
Section A - Professional Qualification-Registered Psychologist of Veneto, No. 14894
Ph.D. Candidate - University of Verona

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EDUCATION AND TRAINING

October 2023 -
ongoing

Ph.D. in Psychometrics, Department of Human Sciences

Topic: Valorization of State Property resources on the territory. Starting from an experiment on the island of Poveglia, a bottom up path for the definition of tools for involving the population and the evaluation of their impact.
University of Verona

November 2023

Practical-evaluative exam for the qualification to practice as a Psychologist

Grade obtained: 98/100

October 2022 -
July 2023

Practical-evaluative internship qualifying for the profession

Participation in research projects, training courses, dissemination and application projects on the subject of Environmental Psychology, Biophilia and Biophilic Design.

November 2021-
September 2022

Master's Degree in Architectural and Landscape Psychology

University of Padua

October 2021

Advance Training Course in Dwelling Psychology

University of Padua

February 2021-
June 2021

Internal internship at the University of Padua:

Training and courses regarding Dwelling Psychology: therapeutic dialogue on how to live the domestic, working and mental space. Administration and analysis of questionnaires on environment and space.

October 2019 -
October 2021

Master's Degree in Applied Cognitive Psychology - Faculty of Psychology

University of Padua

Grade achieved: 107/110

October 2016 -
July 2019

Bachelor's Degree in Psychosocial Sciences of Communication - Faculty of Psychology

University of Milan-Bicocca

Grade achieved: 102/110

WORK EXPERIENCE, ROLES AND ASSIGNMENTS

- October 2024 -
December 2024 **Classroom tutor role for teaching activities - University of Verona**
Psychological research methodology - Teacher: Prof. Margherita Pasini
Registered office: Via dell'Artigliere, 8, CAP 37129, Verona (Italy).
- July 2024 -
ongoing **Consultant at ODUElab- Start up**
Consultant in the fields of psychology, research, analysis and feedback in the field of psychology, with a focus on environmental psychology. - 2024
V.le Duca d'Aosta 28/30 , CAP 25121 Brescia (Italy)
- March 2024 **Founding member at AIB- Accademia Italia di Biofilia APS**
AIB is a non-profit technical-scientific body aimed at research, training, consultancy and dissemination in the fields of Biophilia, Biophilic Design and Environmental Psychology
Registered office: Lungadige Galtarossa 21, CAP 37133, Verona (Italy).
- October 2023 -
December 2023 **Classroom tutor role for teaching activities - University of Verona**
Psychological research methodology - Teacher: Prof. Margherita Pasini
Registered office: Via dell'Artigliere, 8, CAP 37129, Verona (Italy).
- October 2023 -
ongoing **Ph.D at the University of Verona, with assignment of a Doctoral Scholarship**
Theme: Valorization of State Property resources on the territory. Starting from an experiment on the island of Poveglia, a bottom-up path for the definition of tools for involving the population and the evaluation of their impact.
Registered office: Via dell'Artigliere, 8, CAP 37129, Verona (Italy).

LIST OF PUBLICATIONS

- 2022 Collaboration in writing the text "*Mura Sensibili - Psicologia dell'abitare*" by Donatella Caprioglio
- 2023 Official Italian translation: "Browning, W.D., Ryan, C.O., & Clancy, J.O. (2014). 14 Patterns of Biophilic Design" (R. Trombin, C. Battisti, O. Damian, Italian Trans.). New York: Terrapin Bright Green LLC., 2023
<https://www.terrapinbrightgreen.com/report/i-14-pattern-della-progettazione-biofilica/>

- 2024 Article: Menardo E., Brondino M., Damian O., Lezcano M., Marossi C. and Pasini M. (2024). "*Students' perceived restorativeness of university environment: the validation of the Rest@U scale*". Front. Psychol. 15:1348483. doi: 10.3389/fpsyg.2024.1348483

NATIONAL AND INTERNATIONAL CONFERENCES

- 2023
February 2-3 **The 2nd Summit on Mental Health and Climate Change, MHCCA- Online**
<https://mhcca.ca/summit>
- 1) Poster presentation: Trombin, Rita & Damian Ottavia (2023). "Re-connection to nature: the key to increasing health, sustainable behavior and reducing climate change" at The Summit on Mental Health and Climate Change, MHCCA
- 2) Oral Presentation: Trombin, Rita & Damian Ottavia (2023). "Is your nature intake enough? A community-based quiz to promote health and biophilia" for The Summit on Mental Health and Climate Change, MHCCA
- 2024
July 2-5 **The 28th International Association People-environment studies IAPS Conference -Barcelona, Spain**
<https://iaps-association.org/blog/28-iaps-conference-barcelona-2-5-july-2024/>
- 1) Poster presentation: Damian, Ottavia; Brondino, Margherita; Gold-Berg Miller, Shoshanah; Nasar L., Jack, (2024). "The valorization of Italian public territorial assets in a state of abandonment: an investigation into the perceived value and emotional connection of Venetian citizens on the island of Poveglia". in Book of Abstract, Proceedings of "28th international conference association people-environment studies- Barcelona", Barcelona, 2-5 June 2024, pp. 485-485
- 2) Oral Presentation: Marossi, Camilla; Menardo, Elisa; Brondino, Margherita; Damian, Octavia; Lezcano, Marco; Pasini, Margherita, (2024) "Students' perceived restorativeness of university environment: the validation of the Rest@U scale" in Enacting Transdisciplinary Knowledge: People, Places, Movements and Sustainabilities, Proceedings of "International conference association people-environment studies", Barcelona, 2-5 July, 2024, pp. 212-212
- 2024
July 16-19 **The IMPS 2024 Annual Meeting of the Psychometric Society - Prague, Czech Republic**
<https://www.psychometricsociety.org/imps-2024>
- 2025
June 5-6 **The Swiss Citizen Science Conference - Lausanne, Switzerland**
<https://www.citscihelvetia.ch>

1) Poster presentation: Damian, Ottavia; Mariani, Valentina; Brondino, Margherita (2025). "An investigation on the Swiss stakeholders' perceived value of 'Gole of Breggia' Park" in Book of Abstracts, Proceedings of the "Swiss Conference on Citizen and Participatory Science CitSciHelvetia'25", Lausanne, Switzerland, June 5-6, 2025, pp. 45-45

2) Poster presentation: Mariani, Valentina; Damian, Ottavia; Brondino, Margherita, "Taking a restorative break: exploring the restorative characteristics of a Swiss public park" in Book of Abstracts, Proceedings of the "Swiss Conference on Citizen and Participatory Science CitSciHelvetia'25", Lausanne, Switzerland, June 5-6, 2025, pp. 45-45

3) Oral presentation: Plata, Andrea; Rocca, Lorena; Sillano, Carlotta; Mariani, Valentina; Damian, Ottavia; Brondino, Margherita (2025) "Parco Aperto: a participatory process at Parco delle Gole della Breggia". in Book of Abstracts, Proceedings of the "Swiss Conference on Citizen and Participatory Science CitSciHelvetia'25", Lausanne, Switzerland, June 5-6, 2025, pp. 1-1

2025
June 15-18

International Conference on Environmental Psychology ICEP- Vilnius, Lithuania
<https://www.icep2025.com>

1) Poster presentation: Damian, Ottavia; Brondino, Margherita (2025). "A quantitative investigation into the relationship between citizens and public abandoned spaces in Venice" in Book of abstract, Proceedings of "International Conference on Environmental Psychology ICEP", Vilnius, Lithuania, 15-18 June 2025, pp. 120-121

2) Poster presentation: Lezacano Marco, Mariani Valentina, Damian Ottavia, Pasini Margherita, Rocca Lorena, Brondino Margherita (2025) "Exploring restorative spaces: attention restoration and biophilic design applied to a public park" in Book of abstract, Proceedings of "International Conference on Environmental Psychology ICEP", Vilnius, Lithuania, 15-18 June 2025, pp. 142

3) Oral presentation: Mariani Valentina, Damian Ottavia, Brondino Margherita, Pasini Margherita, Rocca Lorena (2025). "Green classroom effects on students' perceived restorativeness, achievement emotions, and situational stress" in Book of abstracts, Proceedings of the "International Conference on Environmental Psychology ICEP", Vilnius, Lithuania, 15-18 June 2025, pp. 395

2025
September 11-13

XXXI Congress of the Italian Association of Psychology – Experimental Section - Turin, Italy
<https://aipass.org/eventi/xxxi-congresso-dellassociazione-italiana-di-psicologia-sezione-sperimentale/>

1) Poster presentation: Damian Ottavia, Brondino Margherita (2025) "Preliminary steps for the validation of a multidimensional scale for assessing perceived value and psychological attachment with public spaces", XXXI congress of AIPsperimentale. Turin, Italy, September 11-13.

SUMMER SCHOOL

2025
July 15-18

Italian Psychology Association. (2025). Growth Modeling and Dynamic SEM: An Introduction [Summer school]. Corte (BL), Italy, July 15–18.

THIRD MISSION

2024
June 3-9

èVRgreen Week
Role: Co-organizer
Category: Active participation in public meetings organized by other organizations;
Content: Participation in the project as part of the week of activities promoting contact with citizens, proposing activities to connect with nature, such as forest bathing, mindfulness activities in nature, and activities to disseminate scientific evidence regarding the benefits of contact with nature.

2024
August 24

Fiume-Spazio-Tempo
1) Day of reflection and sharing of ideas and perspectives
Role: Co-organizer
Category: Participation in urban development or territorial enhancement projects;
Content: Day of reflection and sharing of ideas and perspectives regarding the future of the Breggia Gorge Park, through the involvement of stakeholders connected to the area and the Park itself, and through the use of participatory tools aimed at gathering visions, perspectives, needs, and requirements related to the natural public space.

2025
May 16

2) Data sharing seminar and presentation of the project development for the Breggia Gorge Park
Role: Co-organizer
Category: Organization of initiatives to enhance, consult, and share research;
Content: An evening lasting approximately two hours, where data collected and processed during the participatory activities carried out in 2024 were shared, in collaboration with the Swiss University of Southern Switzerland (SUPSI) and the Breggia Gorge Park Foundation. The meeting was attended by stakeholders and citizens who participated in the previous year's participatory activities.