

# ***Curriculum Vitae***

## **ANNA MARIA MENEGHINI**

2019 to date – Associate Professor of Dynamic Psychology, Department of Human Sciences at the University of Verona.

2002 - 2019 - Researcher with lecturing tasks at the University of Verona.

09/06/2023 - National Scientific Qualification for Full Professor, sector 11/E1 (SSD: M-PSI/07)

In addition to courses at the University of Verona, ("Dynamic Psychology of Motivations"; "Dynamic Psychology"; "Community Psychology for the Prevention of Distress", the Master courses in "Psychology of Emotions and Intersubjective Dynamics" and the "Laboratory of Group Psychology and evaluation of educational intervention", and PhD courses) I have given lectures at the University of Silesia (Poland) and the University of Almeria (Spain).

## **RESEARCH**

My principal areas of research are:

- Assessment of the motivational system of caregiving
- Assessment of the outcomes of Rewind Trauma Therapy
- Empathy and sustained care relationships
- Emotions in psychosocial processes
- Positive emotions and wellbeing
- Motivations, satisfaction and the length of tenure of volunteers
- Various types of volunteering
- The affective component of attitudes towards Roma

I am/was the scientific research coordinator for many group projects. The most recent being:

➤ 2023 – 2025: **PROFILING TRADITIONAL, EPISODIC, AND ONLINE VOLUNTEERING: PATHWAYS FROM CIVIC ENGAGEMENT TO LOCAL COLLABORATIVE NETWORKS.** PRIN 2022, Local coordinator.

- 2020 – present: **MEASURING THE VALUE OF THE SOCIAL IMPACT OF THIRD SECTOR ASSOCIATIONS** (Financed by a grant from the Department of Human Science, University of Verona, 2022).
- 2020 – 2022: (with Professor Sandro Stanzani and in collaboration with University of Padua) **VOLUNTEERING AT THE TIME OF COVID-19**.
- 2020 – present: **ER-CARE: EMOTION REGULATION STRATEGIES IN NURSING CARE**.
- 2017 to date – **AN ASSESSMENT OF THE OUTCOMES OF REWIND TRAUMA THERAPY IN THE SHORT AND LONG TERM** (in collaboration with International Association Rewind Trauma Therapy).
- 2017 - 2018 - (with Professor Sandro Stanzani) **A COMPARISON BETWEEN VOLUNTEERS AND NON-VOLUNTEERS** (Financed by a grant from the Department of Human Science, University of Verona, 2017).
- 2017 - 2018 - **PROMOTING PROJECTS ON EMPLOYEE VOLUNTEERING IS “WIN-WIN-WIN” FOR COMPANIES, NON-PROFIT ORGANIZATIONS AND THE COMMUNITY** (Financed by a Joint Project 2016 grant).
- 2015-2016 - **VOLUNTEER FOR EXPO 2015** (Financed by: the Service Center for Volunteers of Milan and by the Department of Philosophy, Education and Psychology – University of Verona).
- 2015-2016 - **THE ANALYSIS OF EMPLOYEE VOLUNTEERING: THE ITALIAN CONTEXT** (Financed by: Service Center for Volunteers of Verona).
- 2011-2012 - **TAKING STOCK OF VOLUNTEERING: Organizational factors that promote satisfaction and commitment in Voluntary Organizations** (Financed by a Joint Project 2011 grant).
- 2010-2011- **VOLUNTEER DIMENSION: An investigation of the factors that promote commitment and permanence in Voluntary Organizations** (Financed by a Joint Project 2010 grant).

In addition, from 2014 to 2017 I was a research collaborator on the **European Project** entitled **“The immigration of Romanian Roma to Western Europe: Causes, effects, and future engagement strategies”** (FP7, SSH2012.5.1-2. Scientific Coordinator of the Italian unit: professor Leonardo Piasere). My task was to coordinate the group of researchers who developed and conducted an attitude survey which aimed to assess prejudice, stereotypes and intergroup emotions with regard to Romanian Roma.

## **PUBLICATIONS and PARTECIPATION in CONGRESS**

I have published over 90 articles/chapters/books and I attended (oral presentations and/or

poster presentations of my research) to many international and national congresses and conferences.

## **MEMBERSHIPS**

I am a member of:

- the Italian Society of Community Psychology (S.I.P.CO),
- the Italian Association of Psychology (A.I.P.), Dynamic and Clinical Section
- the NPSY.Lab-VR, Department of Human Sciences, University of Verona
- the Board of Directors of the Center of Ethnographic Research and applied Anthropology, Department of Human Sciences, University of Verona.
- the Board of Directors of the Center for Community Development, Department of Human Sciences, University of Verona.
- the International Group for the study of "Prejudice, emotions and social perception of Gypsies"
- the Departmental Commission for financing of conference/congress and publications
- the "Quality Assurance" Commission for the Master's Degree in "Psychological Sciences for Training and Professional Development"
- the Commission for the coordination of student internships for students in Education and Psychology of the Department of Human Sciences, University of Verona.

## **COLLABORATIONS**

I have been collaborating since 2003 with the Service Center for Volunteers in Verona in order to assess and promote the motivation of volunteers.

I have been collaborating since 2017 with the International Association for Rewind Trauma Therapy in order to assess the effectiveness of the Rewind Trauma Therapy.

I, undersigned Anna Maria Meneghini, aware of the consequences of making false statements, falsehood of acts and use of false facts, punishable by law according to art. 76 D.P.R. n. 445/2000 and art. 496 of the Italian Penal Code, under my own responsibility declare that the information in this Curriculum Vitae including the information on the scientific production is true.

Verona, 15<sup>th</sup> February 2024