

# Curriculum vitae (February 2024)

## Paola Zamparo

Personal information	
Date and place of birth	30 July 1962, Udine (Italy)
Citizenship	Italian
Address	Lungadige Cangrande 4, Verona (Italy) e-mail: paola.zamparo@univr.it
Languages	Italian, mother tongue; English, written and spoken
CV in short	
<p>I graduated in Biology at the University of Trieste in 1987 and I worked for about 20 years in the field of Exercise Physiology at the University of Udine; at present, I am full professor of Biomechanics at the University of Verona. I did my PhD at Manchester Metropolitan University (UK) and I am author of about 100 papers published in international scientific, peer-reviewed journals. My main field of interest is the interplay between the biomechanics and energetics of human locomotion: i. e. how the mechanical determinants of cyclic sports activities (such as cycling, swimming and running) influence their physiological responses.</p>	
Education	
Master's Degree	1987. Faculty of Biology, University of Trieste (I)
PhD	2003. Department of Exercise and Sport Sciences, Manchester Metropolitan University (UK)
	2016. Habilitation (Abilitazione Scientifica Nazionale) as full professor (Physiology)
	2016. Habilitation (Abilitazione Scientifica Nazionale) as full professor (Sport Sciences)
Employment history and current position	
1991-2002	Technician (Physiology Lab, University of Udine, I)
2002-2006	Research Assistant (Human Physiology) University of Udine (I)
2006-2019	Associate Professor (Biomechanics). Department of Neurosciences, Biomedicine and Movement Sciences, University of Verona (I)
2019-	Full Professor (Biomechanics). Department of Neurosciences, Biomedicine and Movement Sciences, University of Verona (I)
Fields of Interest	
<p>Effects of space flight and bed rest on skeletal muscle Energetics of walking (normal and pathological gait) Energetics and biomechanics of cyclic forms of locomotion (on land and in water) Economy and efficiency of aquatic locomotion Unsteady locomotion (sprints and shuttles) Muscle-tendon mechanics</p>	

## Editorial Activities

European Journal of Applied Physiology ([member of the advisory board 2015-](#))  
Journal of Sport Medicine and Physical Fitness ([member of the editorial board 2009-](#))

Journal of Applied Physiology; Acta Physiologica Scandinavica; Applied Physiology Nutrition and Metabolism; Medicine and Science in Sports and Exercise; International Journal of Medicine and Sports in Sciences; International Journal of Sport Medicine; British Journal of Sport Medicine; Journal of Sport Sciences; Gait and Posture; Scandinavian Journal of Medicine and Science in Sport; Human Movement Sciences; Journal of Biomechanics; Journal of Electromyography and Kinesiology; Sport Biomechanics; Journal of Strength and Conditioning Research; Ergonomics; Age; PlosOne; Journal of Experimental Biology ([reviewer](#))

Member of the scientific board of the Italian Swimming Federation (since 2006)

## Research Campaigns

1990 Bretigny sur Orge (France): parabolic flight campaign (organized by ESA)  
1993 CRESE (Buffalo, USA): swimming energetics/mechanics  
1994-1996 Star City (Moscow): EUROMIR'94 and EUROMIR'95 campaigns (organized by ESA)  
1996-1997 Star City (Moscow): MIR'97 campaign (organized by ESA)  
1997 Star City (Moscow): bed rest study (organized by ESA)  
1998-1999 Star City (Moscow): MIR'26 campaign (organized by ESA)  
2000 CRESE (Buffalo, USA): swimming energetics/mechanics  
2001-2002 Toulouse (France): bed rest study (organized by ESA)  
2002 CRESE (Buffalo, USA): swimming energetics/mechanics  
2006-2007 Figueres (Spain): fin swimming mechanics in dynamic apnoea  
2016 Tsukuba (Japan): mechanics of sprints and shuttles

## Collaborations

Prof. Pietro Enrico di Prampero (University of Udine, Italy)  
Prof. David Pendergast (University of NY at Buffalo, USA)  
Prof. Alberto Minetti and Dr. Gaspare Pavei (University of Milano, Italy)  
Prof. Marco Bonifazi (University of Siena, Italy; Italian Swimming Federation)  
Prof. M. Francesca Piacentini (Università degli Studi di Roma "Foro Italico")  
Prof. Giorgio Gatta, Prof. Matteo Cortesi, Prof. Silvia Fantozzi (University of Bologna, Italy)  
Prof. Ricardo Fernandez and Prof. Joao Paulo Vilas Boas (University of Porto, Portugal)  
Prof. Bill Baltzopoulos and Prof. Costis Maganaris (Liverpool John Moore University, UK)  
Prof. Ian Swaine (University of Greenwich, UK)

## Teaching activities

1988-1999 Human Physiology practicum courses to Medical students (University of Udine)  
1990-2006 Unit leader for Human Physiology to Physiotherapists and Nurses (University of Udine)  
2002-2006 Unit leader for Environmental Physiology and Paediatric Exercise Physiology to Sport Science students (University of Udine): undergraduate's and master's degree  
2006- Unit leader for Sport Biomechanics to Sport Science students (University of Verona, Italy): undergraduate's and master's degree

Thesis supervisor Bachelor's degree (Sport Sciences and Physiotherapy): > 70  
Master's degree (Sport Sciences and Adapted Physical Activity): >40

Director of studies for PhD students Camilla Raffaelli (PhD completion 2010), University of Verona, Italy  
Elena Zorzi (PhD completion 2011), University of Verona, Italy  
Barbara Pellegrini (PhD completion 2012), University of Verona, Italy

Ana Sousa (PhD completion 2014), University of Porto, Portugal  
Ricardo Peterson Silveira (PhD completion 2016), Bilateral Agreement between the University of Verona and the Universidade Federal de Rio Grande do Sul (Brazil)  
Andrea Monte (PhD completion 2020) University of Verona, Italy  
Riccardo Magris (2021-) University of Verona, Italy  
Baptiste Bizet (2023-) University of Verona, Italy  
Michele Trinchi (2023) University of Verona, Italy

2014-2016 PhD course coordinator (Exercise Sciences, University of Verona, Italy)

2009-2021 Erasmus exchange coordinator: University of Porto (Portugal)

2018-2021 Erasmus exchange coordinator: University of Coimbra (Portugal), Valencia (Spain) and La Coruna (Spain)

## Publications in short

107	Original articles on peer reviewed journals, indexed on PubMed (English)
8	Original articles on peer reviewed journals, not indexed on PubMed (English)
28	Original articles on Italian journals/books (with or without peer review)
47	Abstracts on peer reviewed journals (English)
50	Abstracts in Congress proceedings
8	Book chapters
31	Oral communications/Invited lectures

[https://www.researchgate.net/profile/Paola\\_Zamparo](https://www.researchgate.net/profile/Paola_Zamparo)