

## Europass Curriculum Vitae



### Personal information

**First name(s) / Surname(s)** Michela Nosè

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**Nationality** Italian

**Date of birth** 8/10/1972

**Position:** Associate Professor at Department of Neuroscience, Biomedicine and Movement Sciences, Section of Psychiatry, University of Verona, Verona  
Professor at the School of Specialization in Psychiatry, University of Verona  
Member of Research Unit of Clinical Psychopharmacology and Drug Epidemiology, Department of Medicine and Public Health, University of Verona  
Member of WHO Collaborating Centre for Research and Training in Mental Health and Service Evaluation, University of Verona

Clinical Team Leader - Azienda Ospedaliera Universitaria di Verona, Italy

## Academic and Clinical Positions

- **Associate Professor of Psychiatry**  
Department of Neuroscience, Biomedicine, and Movement, University of Verona (since June 1, 2020)
- **First-level Medical Director - Psychiatry** at the Complex Operative Unit (U.O.C.) of Psychiatry, Integrated University Hospital of Verona, February 2005 – May 2020
- **Head of High Specialization in "Rational Psychopharmacological Therapy,"** U.O.C. of Psychiatry, Integrated University Hospital of Verona, January 2012 – 2020
- **Deputy Director, U.O.C. Psychiatry,** Integrated University Hospital of Verona, January 2018 – 2021
- **President of the Equal Opportunities Committee,** University of Verona, 2021 – 2014

## Education and Titles

- **Degree in Medicine and Surgery,** University of Verona. Graduation grade: 110/110 cum laude.  
(Thesis: "Life Events and Depression. What is the Relationship?" Supervisor: Prof. M. Tansella, Psychiatric Clinic, Verona), 1997
- **Qualification for medical practice** obtained in the first session of the year and registration with the professional register of medical surgeons, 1998
- **Specialization in Psychiatry,** University of Verona, with a grade of 50/50 cum laude, 2001
- **Research Fellow** from December 2001 to December 2002 at the Department of Medicine and Public Health, Section of Psychiatry, University of Verona
- **Registration in the Psychotherapists' Register,** 2003
- **PhD in Psychological and Psychiatric Sciences,** University of Verona, 2006
- **National Scientific Qualification as Associate Professor in Psychiatry** (Sector 06/D5), awarded in February 2014 and renewed in July 2018

## Main research activities

Professor Michela Nosè conducts research in the field of psychiatric epidemiology, systematic reviews of randomised controlled trials, global mental health, clinical psychopharmacology and health services research, with a particular focus on vulnerable populations. She is also interested in the implementation of scientific evidence into clinical practice using rigorous and innovative research methodologies. She has been involved in several international collaborative projects and in many projects related to Joint Committee for Equal Opportunity.

- Psychiatric epidemiology:
  - Case register studies
  - Evaluation of the outcome of psychiatric treatment
  - Neuroimaging studies in schizophrenia and bipolar disorder
  - Studies in vulnerable populations
- Global mental health
- Clinical psychopharmacology:
- Epidemiology of psychotropic drug consumption
- Adherence to treatment
- Drug tolerability
- Health services research
- Systematic Review
- Randomised controlled trial:
- QUATRO STUDY "Quality of life following adherence therapy for people disabled by schizophrenia and their carers"
- CHAT STUDY: "Clozapine Haloperidol Aripiprazole Trial. Randomized evaluation of the effectiveness of clozapine and aripiprazole versus clozapine and haloperidol in the treatment of schizophrenia. An independent, pragmatic, multicentre, parallel-group, superiority trial" (trial manager)
- LAST STUDY: "Lithium and Standard Therapy in Resistant Depression" (LAST-RD). A randomized controlled trial. (trial manager)
- : "VESPA study - Vortioxetine in the Elderly vs. SSRIs: a Pragmatic Assessment"
- RE-DEFINE (Refugee Emergency: DEFINing and Implementing Novel Evidence-based psychosocial interventions)
- RESPOND (Improving the Preparedness of Health Systems to Reduce Mental health and Psychosocial Concerns resulting from the COVID 19 pandemic)
- Gender equality
- Violence against women

## Education and training

- **Lecturer in the Degree Course in Medicine and Surgery, Psychiatry Course (MED 25), University of Verona, 6 hours (2021/2022)**
- **Lecturer in the Elective Course "Art, Creativity, and Mental Health: An Open Dialogue" (2021/2022)**
- **Lecturer and Coordinator of the Elective Course "Mental Health in Humanitarian Contexts and Developing Countries" (2021/2022)**
- **Lecturer in the Master's Degree in Health Professions of Technical Assistance (LM SNT3), Teaching and Coordination of "Interdisciplinary Team Management," module "Promotion of Psychological Well-being" (MED 25), 30 hours (2022/2023)**
- **Lecturer in the Nursing Degree Course (Vicenza), Teaching "Community Intervention Methodologies," module "Psychiatry," 12 hours (2022/2023)**
- **Lecturer in the Master's Degree in Rehabilitation Sciences of Health Professions (Verona), Teaching "Health Management," module "Organizational Models of Psychiatric Rehabilitation" (MED 25), 10 hours**
- **Lecturer in the "Neuropsychopharmacology" course at the School of Specialization in Psychiatry, University of Verona**
- **Lecturer in the "Brief Psychodynamic-oriented Psychotherapies" course at the School of Specialization in Psychiatry, University of Verona**
- **Clinical Supervision at the School of Specialization in Psychiatry, University of Verona**
- **PhD Lecturer in "Neuroscience, Psychological and Psychiatric Sciences, and Movement Sciences," University of Verona**
- **PhD Lecturer in "Clinical Experimental Neuroscience and Psychiatry," Sapienza University of Rome**
- **Lecturer in the University Master's Program in "Immunologic Lung Diseases: From Mechanisms to Treatment," AOUI Verona, University of Verona, on the topic "Psychopathological Aspects of Asthma" (2016-2017)**
- **Lecturer in the University Master's Program in "Immigration, Migration Phenomena, and Social Transformations," Ca' Foscari University of Venice, on the topic: "Asylum Laboratory - Asylum Seekers and Refugees: Psychological Trauma and Protection Paths" (2016-2017, 2018-2019)**
- **Lecturer in the University Master's Program on "Evidence-Based Therapeutic Approaches and Assessment Methods for Mental Health Prevention and Early Interventions," University of Verona, on the topic "Trauma Disorders: State of the Art on Clinical-Diagnostic Aspects and Assessment" (2019/2020)**
- **Lecturer in the University Master's Program in Bibliotherapy (1st Level), University of Verona, on the topic "Neuroscience of Bibliotherapy" (2023/24)**
- **Lecturer in the Advanced Course "Governance of Reception in Humanitarian Crises," Department of Legal Sciences and Department of Human Sciences (2017-2019)**
- **Scientific Board Member and Lecturer in the Advanced Course in Systematic Reviews and Meta-Analysis for the Development of Evidence-Based Guidelines, (from the**

## Membership of Professional Bodies

- **Member of PSIVE (Italian Society of Psychiatry - Veneto Section), serving as Provincial Representative for Verona (elected in June 2019)**
- **Member of the Italian Society of Psychiatric Epidemiology (SIEP)**
- **Member of the Editorial Board of the international scientific journal "Epidemiology and Psychiatric Sciences" (EPS), Cambridge University Press**

## Publications

Prof M Nosè published so far more than 60 full papers in international and national peer-reviewed journals:

<https://scholar.google.it/citations?user=jTFysXMAAAAJ&hl=it>

Citazioni GOOGLE SCHOLAR:	5049 (lifetime);	2603 (last five years)
h-index (GOOGLE SCHOLAR):	36 (lifetime);	25 (last five years)
i10-index (GOOGLE SCHOLAR):	59 (lifetime);	38 (last five years)

**Signed**

Verona, 14<sup>nd</sup> February 2025

A handwritten signature in black ink, consisting of several loops and a final downward stroke.