PERSONAL INFORMATION

MICHELA RIMONDINI



Associate Professor of Clinical Psychology and Rector's Delegate for Organizational Wellbeing at the University of Verona, she focuses on psychological and organizational wellbeing, inclusion, and communication in healthcare.
She coordinates scientific, clinical, educational, and outreach projects, and works as a Consultant Clinical Psychologist and Psychotherapist specialized in managing psychological factors related to adverse events.

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ACTUAL POSITION

October 2025 – present
Rectors Delegate for Organizational Wellbeing of the University Community
University of Verona

October 2018 – present
Associate Professor in Clinical Psychology
University of Verona

March 2006 – present
Clinical Psychologist

July 2025 - present
Consultant-level Psychologist specialized in managing psychological factors related to adverse events.
USD of Clinical Psychology BR - University Hospital of Verona

PAST WORK EXPERIENCE

March 2004-March 2006
Research Fellow in Clinical Psychology
University of Verona

March 2006-September 2018
Lecturer and Researcher in Clinical Psychology
University of Verona

EDUCATION AND TRAINING

February 1999
Degree in Psychology - Overall score 110/110 with highest honors. Thesis on: "Emotional and cognitive Processes in conditions of sensory isolation".
University of Bologna

January 2001
Admission to the Italian Register of the Psychologists (No3827).
Ordine degli Psicologi del Veneto

May-July 2003
International Internship at the:
New York University School of Medicine, Bellevue Hospital, New York.
Albert Ellis Institute, New York.
Drexel University, Philadelphia.
Boston Medical Center, Boston.
Harvard University of Boston, Boston.

January 2004
PhD in Psychiatric and Psychological Sciences - Thesis on: "Psychiatric Interview. Evaluation of the effects of a communication skills training".
University of Verona

January 2005
Admission to the Italian Register of the Psychotherapists.
Ordine degli Psicologi del Veneto

SCIENTIFIC AND ACADEMIC

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ACTIVITIES

Institutional roles at the University of Verona

2021 – 2025 Chairperson, Committee of the PhD Course in Neurosciences, Psychological, Psychiatric and Movement Sciences

2018 – 2024 Chairperson, Communication and Third Mission Committee of the Department of Neuroscience, Biomedicine and Movement Sciences, University of Verona

Teaching Activity

- Lecture course on communication skills for undergraduate medical students, Medical School, University of Verona, Italy
- Lecture course on communication skills for postgraduate residents in different specialties, University of Verona, Medical School, Italy
- Lecture course at the Phd Course in Psychological and Psychiatric Sciences, University of Verona, Medical School, Italy
- Lecture course on communication skills in several Masters for different healthcare professions, University of Verona, Italy

Conference and Invited Scientific Activity

- Speaker (oral presentations, symposia and posters) and scientific committee member at numerous national and international conferences; Scientific Co-Coordinator of the XIV National Congress of the Psychosomatic Research Group, Verona, June 2025. She has also delivered invited seminars and organised courses for public and private institutions, including the University Hospital of Verona, ULSS 9 and the Verona Police Headquarters.

Main Research Areas

- Research focuses on healthcare professional-patient communication and relationships, with particular attention to human factors in clinical risk management and to psychological factors involved in adaptation to acute and chronic illness. Research methods primarily include mixed-methods and participatory/co-creation approaches, often within multicentre national and international collaborations.

Grants

- 2018-2022 - MUR Departments of Excellence, "Behaviours and wellbeing: a multidisciplinary approach to promote quality of life in conditions of vulnerability" (PI Lidia Del Piccolo and Federico Schena). MR Coordinator of the ESPRIMO Feasibility Study on resilience and a co-created biopsychosocial intervention for young adults with multiple sclerosis; funding EUR 50,000.
- 2019- Fondazione Cariverona, E-Complex - Emergence of Consciousness: From neural dynamics to complex conscious behaviour (PI Silvia Savazzi). MR Coordinator of Psychological Assessment; funding EUR 50,000.
- 2021- MUR PON Research and Innovation Plan, "Visual awareness: how it emerges from intact neural architecture and how it can be preserved in patients with neurological damage" (PI Silvia Savazzi). MR Coordinator of Psychological Assessment funding EUR 50,000.
- 2022-2026 Fondazione Cariverona, Habitat Call 2022, project on the production of algal fertilizers and biostimulants from livestock digestates for lower-impact agriculture (PI Anita Zamboni). MR Coordinator of Public Engagement and Social Impact; funding EUR 72,500.
- 2022-2024 Brain Research Foundation Verona Onlus, e-ESPRIMO - An e-health biopsychosocial intervention for young adults with Multiple Sclerosis and medium/high disability: co-creation and pilot study. MR Principal Investigator; funding EUR 25,000.
- 2023- EU-NextGenerationEU. MNESYS: Nervous system in health and disease. Scientific Collaborator in a multidisciplinary neuroscience research programme (PI Gabriela Constantin Total funding Univr EUR 6.473.600,00). MR scientific collaborator.
- 2024-2026 Fondazione Italiana Sclerosi Multipla. The effectiveness of combining a home-based digital motor telerehabilitation program with conventional therapy in progressive multiple sclerosis: a multicentre, randomized controlled trial" (PI Marialuisa Gandolfi, Total funding EUR 240.600). MR Scientific collaborator.
- 2023 Fondazione Tender to Nave Italia, boarding campaign within the ESPRIMO project ("Demons on the Boat"). PI ; funding (support from foundations and private/association donations) EUR 26,800.
- 2023-2025 - MS Alliance, "Living well with progressive MS: A personalized, goal-oriented holistic community-based rehabilitation programme to improve functioning and wellbeing" (PI Roshan Das Nair). WP Leader of the Digital Technologies work package, funding EUR 20,000.
- 2023-2026 University of Verona under the PNRR Extraordinary Call for Public Administration PhDs (DM 118), Area 11 "WITHSTAND – E-Health intervention for healthcare professionals and care centres involved in errors/adverse events" MR Principal investigator, funding EUR 74,000.
- 2023-2027 Ministry of University and Research (MUR), Italy – Departments of Excellence Programme. "Cellular plasticity and degeneration from molecules to individuals: mechanisms, environment, and therapy" (PI: Prof. Andrea Sbarbati); Research line: "Neural dynamics of inherited

retinal dystrophies" (WP Leader: Prof. Silvia Savazzi Funding EUR 40,000.00). MR scientific collaboration.

- 2026-2032 Horizon Europe - EU Mission on Cancer; multicentre randomized clinical trial PALACROS - Prioritising multimodal surgical care for patients with locally advanced pancreatic cancer across Europe.; MR Leader of WP2 Patient-Centred Outcomes. Funding allocated to the University of Verona EUR 1.979.125.
- 2026-2030 Italian Ministry of Health – Finalized Research 2024, Ordinary Finalized Research Programme "Professional well-being of surgical healthcare professionals involved in adverse events." MR Principal investigator, funding EUR 450.000.

Scientific Committees, Editorial Boards and Institutional Research Collaborations

- Since 2020 - Scientific representative for the Department of Neuroscience, Biomedicine and Movement Sciences, University of Verona, within the scientific collaboration agreement with the Italian National Institute of Health (Istituto Superiore di Sanita), aimed at developing communication-assessment manuals and joint research and training projects.
- Since 2024 - Member of the Editorial Board of PNEI Review, official journal of the Italian Society of Psycho-Neuro-Endocrine-Immunology.
- Since 2024 - Member of the Scientific Committee of Fondazione Tender to Nave Italia.
- Since 2024 - Member of the joint research laboratory "International Lab of Clinical Measurements" (ILCM).

Publication metrics

	Scopus	Google Scholar
Number of papers	93	179
Citations	2,864	5065
H-index	25	32

Selection of 30 papers published in peer-review international Journals

1. **Rimondini M.,** Del Piccolo L., Goss C., Mazzi M., Paccaloni M., Zimmermann M. (2006). Communication skills in psychiatry residents. How do they handle patient concerns? Psychotherapy and Psychosomatics 75,161-169. DOI:10.1017/S003329170999073
2. Goss C., Del Piccolo L., Mazzi M.A., Moretti F., **Rimondini M.** & Zimmermann M (2008). Involving patients in decisions during psychiatric consultations. British Journal of Psychiatry 193, 416–421. DOI:10.1192/bjp.bp.107.048728
3. **Rimondini M**, Del Piccolo L, Goss C, Mazzi M, Paccaloni M, Zimmermann C. (2009). The evaluation of training in patient-centred interviewing skills for psychiatric residents. Psychological Medicine 40, 467–476. DOI:10.1017/S0033291709990730
4. Moretti F, van Vliet L, Bensing J, Deledda G, Mazzi M, **Rimondini M,** Zimmermann C, Fletcher I. (2011). A standardized approach to qualitative content analysis of focus groupdiscussions from different countries. Patient Education and Counselig, 82, 420-428. DOI: 10.1016/j.pec.2012.05.005
5. Bensing J, Deveugele M, Moretti F, Fletcher van Vliet L, , Van Bogaert M, **Rimondini M** (2011). How to make the medical consultation more successful from a patient's perspective? Tips for doctors and patients from lay people in the United Kingdom, Italy, Belgium and the Netherlands. Patient Education and Counseling 84, 287–293. DOI: 10.1016/j.pec.2011.06.008
6. Zimmermann C., Del Piccolo L., Bensing J, Bergvik S, de Haes H., Eide H., Fletcher I, Goss C, Heaven C., Humphris G, Kim Y, Langewitz W., Meeuwesen L., Nubling M, **Rimondini M**, Salmon P., van Dulmen S., Wissow L., Zandbelt L.,., Finset A. (2011). Coding patient emotional cues and concerns in medical consultations: The Verona coding definitions of emotional sequences (VR-CoDES). Patient Education and Counseling 82, 141–148. DOI:10.1016/j.pec.2010.03.017
7. Zimmermann C., Del Piccolo L., Bensing J, Bergvik S, de Haes H., Eide H., Fletcher I, Goss C, Heaven C., Humphris G, Kim Y, Langewitz W., Meeuwesen L., Nubling M, **Rimondini M**, Salmon P., van Dulmen S., Wissow L., Zandbelt L.,., Finset A. (2011). Coding patient emotional cues and concerns in medical consultations: The Verona coding definitions of emotional sequences (VR-CoDES). Patient Education and Counseling 82, 141–148. DOI:10.1016/j.pec.2010.03.017
8. Deledda G., Moretti F., **Rimondini M.,** Zimmermann C. How patients want their doctor to communicate. A literature review on primary care patients' perspective (2013). Patient Education and Counseling 90, 3:297–306. DOI: 10.1016/j.pec.2012.05.005
9. Bensing J., **Rimondini M.** & Visser A. (2013). Quality of communication from the patient perspective [Special Issue]. Patient Education and Counseling, 90 3:287-290.

DOI:10.1016/j.pec.2013.01.005

10. Goss C, Ghilardi A, Deledda G, Buizza C, Bottacini A, Del Piccolo L, **Rimondini M,** Chiodera F, Mazzi MA, Ballarin M, Bighelli I, Strepparava MG, Molino A, Fiorio E, R Nortilli R, Caliolo C, Zuliani S, Auriemma A, Maspero F, Simoncini EL, Ragni F, Brown R, Zimmermann C. (2013) The INvolvement of breast CAncer patients during oncologicalconsultations. A multi-centre randomized controlled trial. The INCA study protocol", BMJ Open 3:1-10. DOI:10.1136/bmjopen-2012-002266
11. **Rimondini M.,**Mazzi M.; Deveugele M.; Bensing J. How do national cultures influence lay people's preferences toward doctors' style of communication? A comparison of 35 focus groups from an European cross national research. (2015) BMC Public Health, 15:1239 DOI:10.1186/s12889-015-2559-7
12. **Rimondini M**., Mazzi M., Busch I. & Bensing J. (2018). "You only have one chance for a first impression! Impact of patients' first impression on the global quality assessment of doctors' communication approach". Health Communication 11:1-10. DOI: 10.1080/10410236.2018.1495159
13. Busch IM, Moretti F, Purgato M, Barbui C, Wu AW, **Rimondini M.** (2019). Psychologicaland Psychosomatic Symptoms of Second Victims of Adverse Events: a Systematic Review and Meta-Analysis. J Patient Saf. Mar 26. doi: 10.1097/PTS.0000000000000589.
14. **Rimondini M.,** Busch I., Mazzi MA, Donisi V., Poli A., Bovolenta E., Moretti, F. (2019). Patient empowerment in risk management: a mixed-method study to explore mental health professionals' perspective. BMC health services research vol 19 n1 pp382. DOI: 10.1186/s12913-019-4215-x
15. Gajofatto, A.; Donisi, V.; Busch, I.; Gobbin, F.; Butturini, E.; Calabrese, M.; Carcereri dePrati, A.; Cesari, P.; Del Piccolo, L.; Donadelli, M.; Fabene, P.; Fochi, S.; Gomez-Lira, M.; Magliozzi, R.; Malerba, G.; Mariotti, R.; Mariotto, S.; Milanese, C.; Romanelli, M.; Sbarbati, A.; Schena, F.; Mazzi, M.; **Rimondini, M.** (2019). Biopsychosocial model of resilience in young adults with multiple sclerosis (BPS-ARMS): an observational study protocol exploring psychological reactions early after diagnosis BMJ OPEN , vol. 9 , n. e030469, pp. 1-8. doi: 10.1136/bmjopen-2019-030469
16. Busch, I.; Moretti, F.; Travaini, G.; Wu, A.; **Rimondini, M.** (2019). Humanization of Care:Key Elements Identified by Patients, Caregivers, and Healthcare Providers. a SystematicReview. The Patient, Vol. 12, n. 5, pp. 461-474 DOI: 10.1007/s40271-019-00370-1;oai:iris.univr.it:11562/996189
17. Marinelli V, Danzi OP, Mazzi MA, Secchettin E, Tuveri M, Bonamini D, **Rimondini M**, Salvia R, Bassi C, Del Piccolo L. PREPARE: PreoPerative Anxiety REduction. One-YearFeasibility RCT on a Brief Psychological Intervention for Pancreatic Cancer Patients Prior to Major Surgery. Front Psychol. 2020 Mar 5;11:362. doi: 10.3389/fpsyg.2020.00362. PMID: 32194490; PMCID: PMC7066303.
18. Busch IM, Moretti F, Mazzi M, Wu AW, **Rimondini M**. What We Have Learned from Two Decades of Epidemics and Pandemics: A Systematic Review and Meta-Analysis of the Psychological Burden of Frontline Healthcare Workers. Psychother Psychosom. 2021;90(3):178-190. doi: 10.1159/000513733.
19. Busch IM, Moretti F, Purgato M, Barbui C, Wu AW, **Rimondini M.** (2020). Dealing with adverse events: a meta-analysis on second victims' coping strategies. J Patient Saf. 2020 Jun;16(2):e51-e60. doi: 10.1097/PTS.0000000000000661. PMID: 32168267
20. Busch IM, Moretti F, Campagna I, Benoni R, Tardivo S, Wu AW, **Rimondini M**. Promoting the Psychological Well-Being of Healthcare Providers Facing the Burden of Adverse Events: A Systematic Review of Second Victim Support Resources. Int J Environ Res Public Health. 2021 May 11;18(10):5080. doi: 10.3390/ijerph18105080.
21. Busch IM, **Rimondini M**, Scott SD, Moretti F, Cecchin D, Wu AW, Giraudo C. Workplace violence in radiology: results of a systematic review. Occup Med (Lond). 2023 Dec 30;73(9):541-546. doi: 10.1093/occmed/kqad123. PMID: 38072465
22. Busch IM, Mazzi MA, Berti L, Wu AW, Cosci F, Marinelli V, Moretti F, **Rimondini M**. Screening Second Victims for Emotional Distress: Assessment of the Clinimetric Properties of the WITHSTAND-PSY Questionnaire. Psychother Psychosom. 2023;92(6):399-409. doi: 10.1159/000535006. Epub 2023 Dec 20.
23. Benoni R, Sartorello A, Mazzi M, Berti L, Sorina M, Paiola E, Varischi G, Tardivo S, **Rimondini M,** Moretti F. The use of 12-item General Health Questionnaire (GHQ-12) in Ukrainian refugees: translation and validation study of the Ukrainian version. Health Qual Life Outcomes. 2024 Jan 13;22(1):6. doi: 10.1186/s12955-024-02226-1.
24. Poli S, Donisi V, Mazzi MA, Gobbin F, Giusto G, Orlandi R, Schena F, Del Piccolo L, das Nair

R, Gajofatto A, **Rimondini M.** Fostering quality of life in young adults living with multiple sclerosis: a pilot study of a co-created integrated intervention. Front Psychol. 2024 Mar 26;15:1342166.

25. Prina E, Marquis A, Tedeschi F, Rabbi L, Salazzari D, Ballarin M, Purgato M, Ostuzzi G, Donisi V, Perlini C, **Rimondini M,** Del Piccolo L, Amaddeo F. Effects of COVID-19 pandemic on psychiatric and psychological consultation-liaison contacts in a general hospital in North-East of Italy: a retrospective study. Front Psychiatry. 2024 Nov 6;15:1414248. doi: 10.3389/fpsyt.2024.1414248. eCollection 2024.
26. Busch IM, Mazzi MA, Cosci F, Berti L, Marinelli V, Moretti F, Maggioni O, Wu AW, **Rimondini M.** Anxiety and Depression and Related Risk Factors in Italian Healthcare Providers Involved in Adverse Events. Healthcare (Basel). 2025 Feb 6;13(3):343. doi: 10.3390/healthcare13030343.
27. Marinelli V, Mazzi MA, Maggioni O, Venturini E, **Rimondini M,** Milella M, Paiella S, Salvia R. Assessment of Psychological Burden in Individuals with Hereditary Risk of Pancreatic Cancer Under Surveillance: Evaluation of Distress 3 Years After Enrollment. Cancers (Basel). 2025 Sep 16;17(18):3014. doi: 10.3390/cancers17183014.
28. Poli S, Donisi V, das Nair R, Mazzi MA, Gajofatto A, **Rimondini M**. Psychosocial Correlates of Fatigue in Young Adults with Multiple Sclerosis: Exploring the Roles of Resilience, Mindfulness, and Illness Perception. Healthcare (Basel). 2025 Sep 17;13(18):2335. doi: 10.3390/healthcare13182335.
29. Benoni R, Sartorello A, Paiola E, Berti L, Sorina M, Varischi G, Marchiori F, Tardivo S, **Rimondini M**, Moretti F. Exploring socio-ecological context and mental health of Ukrainian refugees in Italy through eco-map: a mixed-methods study. J Migr Health. 2025 Aug 7;12:100351. doi: 10.1016/j.jmh.2025.100351. eCollection 2025.
30. Solari A, De Panfilis L, Zagarella RM, Ghirotto L, Farinotti M, Gajofatto A, Grasso MG, Kruger P, Lugaresi A, Mattarozzi K, Montepietra S, Patti F, Pucci E, **Rimondini M**, Solaro C, Perin M, Giordano A, Veronese S; ConCure-SM project. Advance care planning in multiple sclerosis (ConCure-SM): A multicenter single-arm pilot and feasibility study. PLoS One. 2025 Oct 7;20(10):e0331220. doi: 10.1371/journal.pone.0331220. eCollection 2025.

Knowledge Valorization and Public Engagement Activities

From 2018 to 2024, Departmental Representative for the Communication and Third Mission Committee, continuously engaged in outreach and dissemination activities aimed at both clinical populations and the general public (link).
She has also participated in awareness, dissemination, and inclusion campaigns in collaboration with patient associations (e.g., Italian Multiple Sclerosis Association) and Third Sector organisations (e.g., Fondazione Tender to Nave Italia).

CLINICAL ACTIVITY

2002 – present	Consultant-level Psychologist specialized in managing psychological factors related to adverse events. USD of Clinical Psychology BR - University Hospital of Verona
2002 – present	Consultation-liaison psychologist at the Hospital Trust of Verona, providing psychological support to medically ill inpatients and outpatients (with a special expertise in: Multiple sclerosis, hiv+ and cancer in young adults) USD of Clinical Psychology BR - University Hospital of Verona
2004- present	Formal trainer in continuing professional development courses for healthcare providers in communication skills and team building at Hospital Trust of Verona and Clinical Supervision to residents in cognitive behavioral psychotherapy.
2016 -2019	Manager of Quality Assurance (ISO 9001:2008) at the Unit of Clinical Psychology, Hospital Trust of Verona and Manager of Permanent Education Programs (ISO 9001:2008) at USD of Clinical Psychology BR - University Hospital of Verona

October 2026

