

CV Prof. Mauro Zamboni

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Date of birth: June 24th, 1956

Nationality: Italian

EDUCATION

- 1981 Degree in Medicine and Surgery University of Padua (summa cum laude)
- 1986 Specialization in Internal Medicine, School of Medicine, University of Verona (summa cum laude)
- 1990 Specialization in Geriatric Medicine, School of Medicine, University of Padua (maximum)

PRESENT APPOINTMENTS

- 2011- present Full Professor of Internal and Geriatric Medicine, University of Verona
- 2009- present Director Clinical Unit of Geriatrics, Department of Medicine, University of Verona
- 2016- present Director of the Department of General Medicine, AOUI, Verona
- 2016- 2025 Director Healthy Aging Center, AOUI, Verona
- 2014- present Coordinator, integrated course Clinical Methodology and Medical Semiotics, School of Medicine University of Verona
- 2009- present Director of the School of Specialization in Geriatric Medicine, University of Verona
- 2008- present Teaching integrated course Clinical Medicine and Geriatrics, School of Medicine, University of Verona.
- 2009- present Member PhD Program in Medical and Clinical Science, School of Medicine, University of Verona

PREVIOUS APPOINTMENTS

- 2014-2019 President Collegio Didattico, School of Medicine, University of Verona
- 2002-2011 Associate Professor of Internal and Geriatric Medicine, University of Verona

2003-2009 Teaching Geriatrics and Gerontology, Course in Nursing, School of Medicine, University of Verona

1997-2009 Full time Assistant- Clinical Unit of Geriatrics, University of Verona

1987-1997 Full time Assistant- Clinical Medicine, University of Verona

1983-1987: Assistant, Medical Doctor Division of Geriatric, Negrar Hospital, Verona

RESEARCH

Author or co-Author of approximately 200 full length papers

Total H Index (Scopus) 67

Citation (Scopus) 40,162

More than 100 invited lectures and seminars at International and National Congresses

He co-authored MANUALE DI GERONTOLOGIA E GERIATRIA – edz PICCIN 2011.

FELLOWSHIPS

1994-Visiting Researcher Gerontology Research Center, NIA, NIH, Baltimore USA

1999- Visiting scientist "Epidemiology branch NIA, NIH, Bethesda USA"

MAIN TOPICS OF RESEARCH

Prof Mauro Zamboni has contributed to the field of Obesity, Adipose Tissue and Aging

Prof Mauro Zamboni has contributed to the Identification and Definition of Phenotypes of Body Composition, in particular Sarcopenia and Sarcopenic Obesity

MEMBERSHIPS

past President Italian Society on Geriatric and Gerontology Veneto Trentino Alto Adige section

past President Italian Society of Obesity Veneto Trentino Alto Adige section

2018-present vice President Accademia di Geriatria

MAIN RECENT INTERNATIONAL SCIENTIFIC COLLABORATIONS

Prof. Tamara Harris, NIA, NIH, Bethesda, USA

Prof. Athanase Benetos , University of Nancy, France

Prof Chakravarthi Rajkumar, University of Brighton, UK

Prof Saverio Cinti, University of Ancona, Italy

Prof Bret H. Goodpaster, University of Pittsburgh, Pennsylvania, USA

Prof James L. Kirkland Mayo Clinic, Rochester, Minn., USA

Prof Y Boirie , Clermont Ferrand, France

NATIONAL AND INTERNATIONAL GRANTS (AS PRINCIPAL INVESTIGATOR)

1996-1999 Principal Investigator for a regional research project (Regione Veneto prot. n° 1412) titled: "Effect of body composition changes and adipose tissue distribution on disability risk in the elderly"

2006-2007 Grant NIH-NIA for a scientific collaboration with Dr Tamara Harris for a research project at the University of Verona about Sarcopenia pathogenesis and its interrelationships with muscle lipid infiltration

2017-19 Principal Investigator Cariverona Foundation "Therapeutic –rehabilitation programs- social-health care area and territorial welfare" project title "Hospital-Domicile transition in the elderly: cost-effectiveness analysis of an innovative model"

2019-2021 Principal investigator Bando CORIS “Call for proposal for the submission of innovative projects on healthy ageing and related annexes”. *“Multidisciplinary approach to physical frailty: focus on Sarcopenia recognition and treatment”* “

2019- 2021 Principal investigator JOINT PROJECTS 2019 University of Verona . *“Development of a Digital Therapeutic to treat Obesity”*

NATIONAL AND INTERNATIONAL GRANTS (AS ASSOCIATED INVESTIGATOR)

2004-2008 Associated Investigator PARTAGE study: international study funded by the France Minister of Health coordinated by Prof. A Benetos, Institute of Geriatrics, University of Nancy, France

2009-2011 Associate Investigator for Job and Health Italian Ministry project titled: "Pathophysiological, clinical and therapeutical aspects of morbid obesity: a comprehensive approach in the management of the disease and its comorbidities".

2017-19 Associate Investigator Cariplo Foundation "Scientific Research 2016 - Biomedical research on diseases related to aging" with the project entitled “Multicomponent Analysis of Physical frailty

Biomarkers: focus on mitochondrial health” – MAYBE

2005-2007 Associated Investigator for the COFIN research project titled “Effect of aging on adipokines production from adipose tissue”

MEMBER OF THE FOLLOWING WORKING GROUP

- International Working Group on “Sarcopenia” coordinated by IANA
- European Group for the study of Sarcopenia (EUGMS)
- 2015-2018 National Committee of food security (CNSA) Italian Minister of Health

REVIEWER

- 2020 Member evaluation committee of the PREVNUT
- 2018 Reviewer French National Research Agency (ANR) panel “CE14 - Physiologie et physiopathology”

Referee for several international Journals: (Obesity, Aging ClinExp Research, American Journal Clinical Nutrition, International Journal of Obesity, Nutrition, Metabolism and Cardiovascular Disease, Life Sciences, Atherosclerosis, Lancet oncology, etc)

February 10, 2026

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