

Curriculum vitae and Track Record

1. Curriculum vitae

MARIANNA PURGATO, born 28-Aug-1981, [ORCID](#), [department personal page](#), [google scholar](#).

• EDUCATION and KEY QUALIFICATIONS

- 2013 Four-year clinical program in psychotherapy. Final grade: 70/70. Bernheim Institute of Psychotherapy, Verona, Italy
- 2012 PhD in Psychological and Psychiatric Sciences. University of Verona, Italy
- 2007 Enrolment in the National Register of Psychologists (n. 5804). Veneto, Italy
- 2007 2-year clinical program in “Psycho-diagnosis adolescents-adults”
Centre for Training, Supervision and Consultancy. Brescia, Italy
- 2005 5-year Degree in Clinical-Dynamic Psychology. Final grade: 110/110 cum laude. Faculty of Psychology. University of Padua, Italy

• CURRENT and PREVIOUS POSITIONS

- 2024 – Associate Professor in Applied Medical Technology and Methodology. Department of Neurosciences, Biomedicine and Movement Sciences, University of Verona (UNIVR).
- 2018 – 2024 Assistant Professor in Applied Medical Technology and Methodology. UNIVR.
- 2019 – Clinical Psychologist, *Azienda Ospedaliera Universitaria Integrata*, Verona, Italy
- 2017 – Joint Coordinator, Cochrane Global Mental Health, UNIVR, Italy
- 2013 – Editor, Cochrane Schizophrenia, University of Nottingham, UK
- 2019 – Editor, Cochrane Common Mental Disorders, University of York, UK
- 2014 – 2018 Marie Curie Research Fellow: Johns Hopkins University, Baltimore (MD), USA (outgoing phase); UNIVR, Italy (returning phase)
- 2012 – 2014 Post-Doctoral Research fellow, UNIVR
- 2009 – 2011 PhD student, UNIVR. In 2011, visiting PhD student at the University of Nottingham, UK

RESEARCH ACHIEVEMENTS AND PEER RECOGNITION

• AWARDS AND PEER RECOGNITION

- 2024 Highly Cited Researcher awards in 2024 https://clarivate.com/highly-cited-researchers/?action=clv_hcr_members_filter&clv-paged=1&clv-category=&clv-institution=University%20of%20Verona&clv-region=&clv-name=
- 2018 – 2021 Member, Global Alliance for Chronic Disease, within the EU RE-DEFINE project
- 2014 – 2018 Marie Curie IOF Fellowship, FP7th Work programme CHILD TRAUMA IN LMIC n. 626466
- 2018 - 2021 WHO Certificate as Trainer in psychosocial interventions “Self Help Plus”, “Doing What Matters in Times of Stress”, “Problem Management Plus”
- 2015 Johns Hopkins University Certificate “Promoting Mental Health and Preventing Mental Disorders in Low- and Middle-Income Countries”. Final grade: 100/100
- 2013 and 2023 Winner of the Cooperint Grant for Internationalization of Research
- 2011 PhD visiting student at the University of Nottingham, Cochrane Schizophrenia
- 2007 Clinical fellow, Robert Debré Hospital, University Paris VII

• SUPERVISION OF GRADUATE STUDENTS AND POSTDOCTORAL FELLOWS

- 2010 – Supervisor of 15 graduate students, 8 PhD students, and 7 post-doctoral fellows (national and international) with a background in psychology, psychiatry, or psychiatric rehabilitation. The majority of them were able to publish their dissertation theses as authors/co-authors of Cochrane reviews or primary studies in global mental health.

• TEACHING ACTIVITIES

- 2022 – Invited Lecturer and Coordinator at the Lisbon International Learning Program, Institute of Global Mental Health, modules “Understanding evidence” (24hrs/year) and “Promotion and prevention psychosocial interventions in global mental health” (24hrs/year)
- 2021 – Lecturer at multiple Courses on: 1) Group psychology; 2) Prevention interventions; 3) Health literacy, health promotion interventions; 4) Methodology of Research (total

- commitment= 100hrs/year), UNIVR
- 2019 – Lecturer at the Courses: 1) Mental health in humanitarian settings (12hrs/year); 2) Evidence-based practice in global mental health (12hrs/year), UNIVR
- 2012 – Coordinator and lecturer at the Advanced Course Evidence-based medicine: clinical trials, systematic reviews, meta-analyses and guideline development, UNIVR
- 2011 – 2012 Lecturer at the Nottingham Systematic Review Course. University of Nottingham, UK
- 2010 – Teacher at several national and international seminars/lectures on: 1) psychosocial interventions; 2) psychological therapies with vulnerable children; 2) global mental health

• ORGANISATION OF SCIENTIFIC MEETINGS and INSTITUTIONAL RESPONSIBILITIES

- 2010 – Organizer and speaker at numerous seminars, in which I invited international colleagues at UNIVR (e.g., Prof. John Ioannidis, Stanford University; Alden Gross, Johns Hopkins University; Prof. Pim Cuijpers, Vrije University; Prof. Jura Augustinavicius, McGill University; Prof. Jibril Abdulmalik, University of Ibadan; Dr. Madalena Cabral Ferreira, University of Porto; Prof. Clive Adams, University of Nottingham)
- 2022 – Coordinator of the teaching activities for my academic field in my affiliation Department
- 2021 – Member, Research Commission, UNIVR
- 2019 – Member, Commission for International Cooperation, UNIVR
- 2019 – 2021 Member, Commission of the Third Mission, UNIVR
- 2018 – 2022 Member of the interdisciplinary institutional team “Department of Excellence”, funded by the Italian Ministry of University and Research, UNIVR
- 2019 Expert methodologist with voting rights, WHO guidelines “Helping Adolescents Thrive” <https://apps.who.int/iris/bitstream/handle/10665/336864/9789240011854-eng.pdf>

• REVIEWING ACTIVITIES

- 2010 – Expert peer reviewer for international journals (including the Lancet, Lancet Global Health, Lancet Psychiatry, JAMA, JAMA Pediatrics, Clinical Psychology Review)
- 2020 – 2024 Associate Editor, Child and Adolescent Mental Health
- 2020 – Expert reviewer for grant proposals for international institutions (e.g., ELHRA, R2HC program, Swiss National Science Foundation, Cochrane Review Support Program)
- 2013 – Cochrane Editor: reviewing activity and prioritizing work for Cochrane titles, protocols, and reviews on psychosocial interventions
- 2015 Invited Guest Editor for “European Journal of Psycho-traumatology”
- 2018 – Member of the Editorial Team, Epidemiology and Psychiatric Sciences
- 2022 – Invited external examiner of PhD candidates (e.g., University of Queensland; University of Pretoria)

• OTHER CONTRIBUTIONS TO THE RESEARCH COMMUNITY

- 2019 – Member of the clinical psychology team of *Azienda Ospedaliera Universitaria Integrata*, Verona, for conducting clinical work, and supervising post-doctoral fellows in delivery psychotherapy in clinical setting (13 fellows so far). I also actively collect clinical data on psychotherapy outcomes and process.

MAJOR COLLABORATIONS

Prof. Wietse Tol, University of Copenhagen, DK, HealthRight International Kampala, UG (global mental health, psychosocial interventions for children). We co-authored 22 papers and are collaborating on 2 projects (one of them is EU-funded)

Prof. Marit Sijbrandij, Vrije University Amsterdam, NL (psychotherapies, personalized approach). We co-authored 37 papers and are collaborating on 3 EU-funded projects

Prof. Mark Jordans, King’s College London, UK, War Child, NL (promotion, prevention and treatment psychological interventions for children). We co-authored 14 papers and are collaborating on 4 ongoing projects

Prof. Ceren Acarturk, Koc University Istanbul, TR (implementing psychological interventions in humanitarian crises). We co-authored 19 papers and worked on 1 EU funded project

Prof. Jibril Abdulmalik, University of Ibadan, NG (public mental health interventions). We co-

authored 6 papers, and I invited Dr. Abdulmalik as visiting professor at UNIVR for a 3-month period of joint academic and research activities

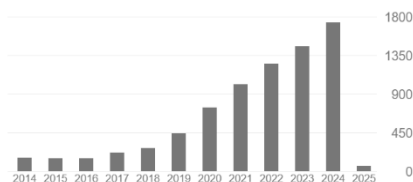
Dr. Mark van Ommeren, Dr. Kenneth Carswell, World Health Organization, CH (global mental health, testing and implementing WHO intervention strategies). We co-authored 10 papers and are collaborating in WHO-funded and EU-funded research projects

CAREER BREAKS: Maternity leave: 7-07-2015 / 21-12-2015; 19-04-2017 / 19-09-2017.

2. Track-Record

Scientific production

During my career I have produced more than 140 publications, of which 132 full papers in international scientific Journals, 4 full papers in national scientific journals, 2 books, and 3 book chapters. In almost all of the papers I was first, second, or last author with a substantial contributing role. I published papers not only in mental health journals, but also in top general journals, for example in the Lancet. A detailed list of my international papers can be accessed at: <https://pubmed.ncbi.nlm.nih.gov/?term=purgato%2Bm&sort=date> . In terms of scientific impact, these are my bibliometric indicators, and citation trend (Google Scholar):



h-index	40
Citations	8155
i10-index	87

Selection of ten publications relevant to this proposal:

- 1) Purgato M, Tedeschi F, Turrini G, Cadorin C, Compri B, et al. Effectiveness of a stepped-care programme of WHO psychological interventions in a population of migrants: results from the RESPOND randomized controlled trial. *World Psychiatry* 2025 Feb 24;1.
- 2) Barbui C, Tedeschi F, Acarturk C, Anttila M, Au T, ..., and Purgato M. Risk factors for mental disorder development in asylum seekers and refugees resettled in Western Europe and Turkey: Participant-level analysis of two large prevention studies. *Int J Soc Psychiatry*. 2022 Nov 3;207640221132430.
- 3) Ceccarelli C, Prina E, Alkasaby M, Cadorin C, Gandhi Y, ..., and Purgato M. Implementation outcomes in psychosocial intervention studies for children and adolescents living in low- and middle-income countries: A systematic review. *Clin Psychol Rev*. 2024 Feb;107:102371.
- 4) Purgato M, Carswell K, Tedeschi F, Acarturk C, Anttila M, et al. Effectiveness of Self-Help Plus in Preventing Mental Disorders in Refugees and Asylum Seekers in Western Europe: A Multinational Randomized Controlled Trial. *Psychother Psychosom*. 2021;90(6):403-414.
- 5) Purgato M, Singh R, Acarturk C, and Cuijpers P. Moving beyond a 'one-size-fits-all' rationale in global mental health: prospects of a precision psychology paradigm. *Epidemiol Psychiatr Sci*. 2021 Oct 11;30:e63.
- 6) Purgato M, Gross AL, Betancourt T, Bolton P, Bonetto C, et al. Focused psychosocial interventions for children in low-resource humanitarian settings: a systematic review and individual participant data meta- analysis. *Lancet Glob Health*. 2018 Apr;6(4):e390-e400.
- 7) Purgato M, Gastaldon C, Papola D, van Ommeren M, Barbui C, and Tol WA. Psychological therapies for the treatment of mental disorders in low- and middle-income countries affected by humanitarian crises. *Cochrane Database of Syst Rev*. 2018; 5;7:CD011849.
- 8) Purgato M, Tedeschi F, Bonetto C, de Jong J, Jordans MJD, et al. Trajectories of psychological symptoms and resilience in conflict-affected children in low- and middle-income countries. *Clin Psychol Rev*. 2020 Dec;82:101935.
- 9) Purgato M, Cuijpers P, and Barbui C. Regulatory requirements for psychological interventions. *Lancet Psychiatry*. 2021 Mar;8(3):174-176.
- 10) Purgato M, Cipriani A, and Barbui C. Randomized trials published in Chinese or Western journals: comparative empirical analysis. *J Clin Psychopharmacol*. 2012 Jun;32(3):354-61.

Selection of research achievements in relation to my track record

The following achievements prove my potential for establishing myself as a research leader in my field:

- 1) Based on a weighted h-index score (considering age and continuity of publications over time), my position is 2nd in the ranking of the >120 scholars of the Department of Neurosciences, Biomedicine and Movement Sciences, UNIVR;
- 2) In the 2024 I entered in the list of the World's most cited scientists, and among the four scientists awarded with this title at UNIVR, I am the youngest researcher; https://clarivate.com/highly-cited-researchers/?action=clv_hcr_members_filter&clv-paged=1&clv-category=&clv-institution=University%20of%20Verona&clv-region=&clv-name=
- 3) Since the beginning of my career, I successfully secured funding through EU and other international and national grants to cover my team's salary for conducting high-impact research in global mental health.

Selection of presentations to peer-reviewed, internationally established conferences:

1. Purgato M. "Promotion, prevention and treatment interventions in global mental health" invited Keynote speaker at the 16th Cochrane Symposium, University of Split, Croatia (Oct 18, 2024).
2. Purgato M. "Self-Help Plus for Preventing Mental Disorders in Vulnerable Population Groups" invited presentation, University of Bonn, Germany (Nov 15, 2022).
3. Purgato M., van Ommeren M, Tol WA, Barbui. "Evidence-based psychosocial interventions for people living in humanitarian settings in low- and middle-income countries" 19th Congress of the European Psychiatric Association, Vienna, Austria (Apr 4-7, 2018).
4. Purgato M. "Overview of the RE-DEFINE project" (Psychosocial interventions for preventing mental disorders in asylum seekers and refugees) European Network for Mental Health Service Evaluation Conference, Lisbon, Portugal (Jun 6-8, 2019).
5. Purgato M., Abdulmalik J, Churchill R, Eaton JE, Syed RS, et al. "Introducing Cochrane Global Mental Health: Improving the impact of Cochrane in LMICs". Global Evidence Summit, Cape Town, South Africa (Sep 13-16, 2017).
6. Purgato M. "Psychosocial interventions for children exposed to traumatic events in low-income countries affected by humanitarian crisis". The 18th EPA Section Meeting in Epidemiology and Social Psychiatry, Gothenburg, Sweden (Nov 30-Dec 3, 2016).
7. Purgato M., Bagley S, Barbui C, Brailsford D, Furtado V, et al. "Personally tailored, multilingual, up-to-date evidence-based summaries of effects of care - when and where you want it: an EU bid". The 22nd Cochrane Colloquium, Hyderabad, India (Sep 21-26, 2014).
8. Purgato M., Barbui C, Tol W. "Psychosocial interventions for children exposed to traumatic events in LMICs". The 22nd Cochrane Colloquium, Hyderabad, India (Sep 21-26, 2014).
9. Purgato M. "Comparative efficacy and acceptability of pharmacological treatments for acute mania: a multiple-treatments meta-analysis". University of Verona Ph.D. day, Verona, Italy (Feb 22, 2012).
10. Purgato M., Girlanda F, Nosè M, Barbui C, Cipriani A, et al. Lithium and standard Therapy in patients with resistant depression and suicide risk: the LAST-RD study. Congress on independent research, Italian Drug Agency (Agenzia Italiana del Farmaco), Rome, Italy (Oct 27, 2009).