

Prof. Giovanni TARGHER, M.D.

BRIEF CURRICULUM VITAE ET STUDIORUM

24 April 2026

Office Address

Metabolic Diseases Research Unit
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Scopus ID: 7003689424

Date of Birth and Birthplace

December 23, 1966, Rovereto (Italy)

Marital Status

Married; three sons

Current position and Institution

Director, Complex Operational Unit of Metabolic Diseases
Head, Metabolic Diseases Research Unit
IRCCS Sacro Cuore - Don Calabria Hospital, 37022 Negrar di Valpolicella (VR), Italy

Professional Education

October 30, 1991, M.D. Degree 110/110 *cum laude* (University of Verona, Italy)
October 23, 1996, Board Certified Specialist 50/50 *cum laude* in Endocrinology and Metabolic Diseases (University of Verona, Italy)

Professional Positions

1991-1996, Post-Doctoral Fellow, Section of Endocrinology and Metabolic Diseases, Department of Biomedical and Surgical Sciences, University of Verona, Verona, Italy

February 1997-December 2006, Internal Medicine Physician (Dirigente medico 1° livello a tempo indeterminato), Division of General Internal Medicine, "Sacro Cuore – Don G. Calabria" Hospital of Negrar, Verona, Italy

December 2006 – October 2014, Senior Consultant and Assistant Professor, Department of Medicine, Division of Endocrinology, Diabetes and Metabolism, University and Azienda Ospedaliera Universitaria Integrata of Verona, Verona

November 2014 – September 2023, Senior Consultant and Associate Professor of Endocrinology, Department of Medicine, Division of Endocrinology, Diabetes and Metabolism, University and Azienda Ospedaliera Universitaria Integrata of Verona, Verona

April 2017 – 2023, Coordinator of the PhD programme in "Clinical and Experimental Medical Sciences" – 33° cycle (2017-18), University of Verona

November 2014 – March 2024, Associate Professor of Endocrinology, Department of Medicine, University of Verona

April 2024→present, Full Professor of Endocrinology, Department of Medicine, University of Verona

September 2025→present, Director, Postgraduate Specialization in Endocrinology and Metabolic Diseases, Verona University School of Medicine, Verona, Italy

SCIENTIFIC AND RESEARCH ACTIVITIES

Member of Scientific Societies

American Diabetes Association

European Association for the Study of Diabetes

Italian Diabetes Society

Italian Endocrine Society

Italian Society for the Study of Atherosclerosis

2014-2016, National Secretary of the Italian Diabetes Society

2016-2018, Member of National Scientific Committee of the Italian Diabetes Society

2018-2020, Member of National Committee of the Italian Diabetes Society

2022-2024 President-elect of Regional Committee (Veneto-Trentino Alto-Adige) of the Italian Diabetes Society

2024-2026 President of Regional Committee (Veneto-Trentino Alto-Adige) of the Italian Diabetes Society

Editorial Board Member of Scientific Journals

2008-present, Member of the Editorial Advisory Panel of the CLINICAL SCIENCE

2010-2012, Member of the Editorial Board of DIABETES CARE

2010-present, Member of the Editorial Board of WORLD JOURNAL OF GASTROENTEROLOGY

2012-2023, Member of the Editorial Board of ARTERIOSCLEROSIS, THROMBOSIS, AND VASCULAR BIOLOGY

2013-present, Member of the Editorial Board of METABOLIC SYNDROME AND RELATED DISORDERS

2015-present, Member of the Editorial Board of MINERVA ENDOCRINOLOGICA

2015-present, Member of the Editorial Board of JOURNAL OF DIABETES RESEARCH

2016-present, Member of the Editorial Board of JOURNAL OF PRECISION AND LABORATORY MEDICINE

2018-present, Member of the Editorial Board of DIABETES METABOLISM RESEARCH & REVIEWS

2019-present, Member of the Editorial Board of SCIENTIFIC REPORTS

2019-present, Member of the Editorial Board of ALIMENTARY PHARMACOLOGY & THERAPEUTICS

2020-present, Member of the Editorial Board of DIABETES CARE

2020-present, Member of the Editorial Board of JOURNAL OF HEPATOLOGY

2020-present, Member of the Editorial Board of GUT

2020-present, Member of the Editorial Board of THE LANCET GASTROENTEROLOGY & HEPATOLOGY

Associate Editor or Co-Editor of Scientific Journals

2012-present, Academic Editor of PLoS ONE

2017-present, Associate Editor of SEMINARS IN THROMBOSIS AND HEMOSTASIS

2018-present, Academic Editor of JOURNAL OF CLINICAL & TRANSLATIONAL HEPATOLOGY

2019-present, Associate Editor of DIABETES & METABOLISM

2019-2025, Co-Editor of NUTRITION, METABOLISM & CARDIOVASCULAR DISEASES
2021-present, Honorary Editor-in-Chief of METABOLISM AND TARGET ORGAN DAMAGE
2022-present, Associate Editor of FRONTIERS IN ENDOCRINOLOGY ("Translational Endocrinology section")
2026-present, Editor-in-Chief of the NUTRITION, METABOLISM AND CARDIOVASCULAR DISEASES

Reviewer for the most relevant scientific journals of Internal Medicine, Cardiovascular disease, Nephrology, Gastroenterology/Hepatology, and Diabetes/Endocrinology

Honors and Awards

2006, International Joint Meeting of Italian Association of Clinical Endocrinologists National Meeting/ American Association of Clinical Endocrinologists (*award for the best oral communication*)

2005 & 2006, *Star Reviewer* for Diabetes Care

2007, *Top-Ten Reviewer* for the Annals of Internal Medicine

2007, Member of Abstract Reviews Committee of 67th Scientific Annual Meeting of the American Diabetes Association, Chicago (USA)

2011, Recipient of the *National Prize in the Field of Research in Diabetes of the Italian Endocrinology Society*, "Premio prof. Giusti" (scientists not yet 45 yrs)

2012, *Eberhard F. Mammen Most Popular Article Award 2012* for the high number of citations of the article entitled "Moderate red wine consumption and cardiovascular disease risk: beyond the French paradox" published on Seminars in Thrombosis & Hemostasis

2017, *High Citation Award from the Arteriosclerosis, Thrombosis and Vascular Biology (ATVB) journal* for the manuscript entitled "Ectopic fat, insulin resistance, and nonalcoholic fatty liver disease implications for cardiovascular disease" published in 2014 in ATVB, which was among "the top 5 cited manuscripts" in which the Senior author was a member of the ATVB Editorial Board. American Heart Association (AHA) meeting, Anaheim (CA)

2010, Inclusion among the "Top Italian Scientists della VIA-Academy" (http://www.topitalianscientists.org/Top_italian_scientists_VIA-Academy.aspx)

2020, Inclusion among the "Top 100.000" researchers in the world in any scientific field (with an individual ranking #3027 in 2019 and with an individual ranking #1 in the University of Verona), as published by Stanford University (USA) from Ioannidis JPA et al. "Updated science-wide author databases of standardized citation indicators". *PLoS Biol.* 2020; 18: e3000918 (<https://doi.org/10.1371/journal.pbio.3000918>)

2018 (October 19), Qualified candidate for Full Professor position of Internal Medicine 06/B1 (art. 16 Law n. 240/2010) (with validity from 19 October 2018 to 19 October 2024)

2022, Inclusion among the "**Highly Cited Researchers in 2022**" by Clarivate in the field of Clinical medicine, ranking in the top 1% by citations for field and publication year in the Web of Science over the past decade

2023, Inclusion among the "**Highly Cited Researchers in 2023**" by Clarivate in the field of Clinical medicine, ranking in the top 1% by citations for field and publication year in the Web of Science over the past decade

2024, Inclusion among the “**Highly Cited Researchers in 2023**” by Clarivate in the field of Clinical medicine, ranking in the top 1% by citations for field and publication year in the Web of Science over the past decade

2025 Inclusion by Stanford University/Elsevier in the “**Top 2% Scientist List 2025**”

MAIN INTERESTS OF RESEARCH

- Pathophysiology of type 2 diabetes and metabolic syndrome
- Risk factors for type 2 diabetes and its chronic complications
- Hemostatic disorders in endocrine and metabolic diseases
- Role of hypovitaminosis D in cardiovascular morbidity/mortality
- Role of chronic kidney disease in cardiovascular morbidity/mortality
- Role of nonalcoholic fatty liver disease in cardiovascular morbidity/mortality
- Role of nonalcoholic fatty liver disease in microvascular complications of diabetes
- Role of nonalcoholic fatty liver disease in development of chronic kidney disease
- Role of nonalcoholic fatty liver disease in development of congestive heart failure

SCIENTIFIC PUBLICATIONS (at 24 April 2026)

- **735** articles published on journals indexed on PubMed of which 635 *full-length (original or review) papers* and 100 *research/correspondence letters* published on journals indexed in PubMed
- A number of other full-length papers and letters published on journals not indexed in PubMed
- 6 International Book chapters
- Over 300 oral or poster communications at the major National and International Meetings

OVERALL IMPACT OF SCIENTIFIC PUBLICATIONS & *h*-INDEX (at 24 April 2026)

- Scopus: number of articles: 752; total number of citations: 60,802; ***h-index* 116**
- Web of Science: number of articles: 790; total number of citations: 55,650; ***h-index* 112**
- Google Scholar: total number of citations: 90,098; ***h-index* 140**
- Total Impact Factor (IF)-2023 for all papers published on PubMed: **9050**
- Mean Impact Factor (IF)-2023 for each paper published on PubMed: **12.8**