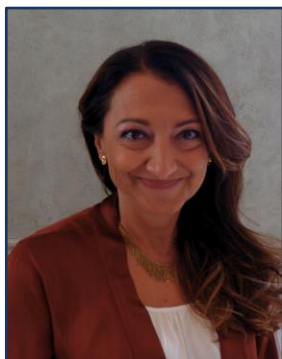


PERSONAL INFORMATION

MICHELA RIMONDINI



Associate Professor of Clinical Psychology and Rector's Delegate for Organizational Wellbeing at the University of Verona, she focuses on psychological and organizational wellbeing, inclusion, and communication in healthcare.

She coordinates scientific, clinical, educational, and outreach projects, serves as Chair of the PhD Programme in Neuroscience, Psychological and Psychiatric Sciences and Movement Sciences, and works as a Consultant Clinical Psychologist and Psychotherapist specialized in managing psychological factors related to adverse events.

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ACTUAL POSITION

October 2025 – present

Rectors Delegate for Organizational Wellbeing of the University Community
University of Verona

October 2018 – present

Associate Professor in Clinical Psychology
University of Verona

March 2006 – present

Clinical Psychologist

July 2025 - present

Consultant-level Psychologist specialized in managing psychological factors related to adverse events.

USD of Clinical Psychology BR - University Hospital of Verona

PAST WORK EXPERIENCE

March 2004-March 2006

Research Fellow in Clinical Psychology
University of Verona

March 2006-September 2018

Lecturer and Researcher in Clinical Psychology
University of Verona

EDUCATION AND TRAINING

February 1999

Degree in Psychology - Overall score 110/110 with highest honors. Thesis on: "Emotional and cognitive Processes in conditions of sensory isolation".
University of Bologna

January 2001

Admission to the Italian Register of the Psychologists (No3827).
Ordine degli Psicologi del Veneto

May-July 2003

International Internship at the:
New York University School of Medicine, Bellevue Hospital, New York.
Albert Ellis Institute, New York.
Drexel University, Philadelphia.
Boston Medical Center, Boston.
Harvard University of Boston, Boston.

January 2004

PhD in Psychiatric and Psychological Sciences - Thesis on: "Psychiatric Interview. Evaluation of the effects of a communication skills training".
University of Verona

January 2005

Admission to the Italian Register of the Psychotherapists.
Ordine degli Psicologi del Veneto

SCIENTIFIC AND ACADEMIC ACTIVITIES

Institutional roles at the University of Verona

- 2021 – Present Chairperson, Committee of the PhD Course in Neurosciences, Psychological, Psychiatric and Movement Sciences
- 2018 – 2024 Chairperson, Communication and Third Mission Committee of the Department of Neuroscience, Biomedicine and Movement Sciences, University of Verona

Teaching Activity

- Lecture course on communication skills for undergraduate medical students, Medical School, University of Verona, Italy
- Lecture course on communication skills for postgraduate residents in different specialities, University of Verona, Medical School, Italy
- Lecture course at the PhD Course in Psychological and Psychiatric Sciences, University of Verona, Medical School, Italy
- Lecture course on communication skills in several Masters for different healthcare professions, University of Verona, Italy

Publication metrics

	Scopus	Google Scholar
Number of papers	82	155
Citations	2,495	4443
H-index	25	30

Selection of 30 papers published in peer-review international Journals

- Rimondini M.**, Del Piccolo L., Goss C., Mazzi M., Paccaloni M., Zimmermann M. (2006). Communication skills in psychiatry residents. How do they handle patient concerns? *Psychotherapy and Psychosomatics* 75,161-169. DOI:10.1017/S003329170999073
- Goss C., Del Piccolo L., Mazzi M.A., Moretti F., **Rimondini M.** & Zimmermann M (2008). Involving patients in decisions during psychiatric consultations. *British Journal of Psychiatry* 193, 416–421. DOI:10.1192/bjp.bp.107.048728
- Rimondini M.**, Del Piccolo L., Goss C., Mazzi M., Paccaloni M., Zimmermann C. (2009). The evaluation of training in patient-centred interviewing skills for psychiatric residents. *Psychological Medicine* 40, 467–476. DOI:10.1017/S0033291709990730
- Moretti F, van Vliet L, Bensing J, Deledda G, Mazzi M, **Rimondini M.**, Zimmermann C, Fletcher I. (2011). A standardized approach to qualitative content analysis of focus group discussions from different countries. *Patient Education and Counseling*, 82, 420-428. DOI: 10.1016/j.pec.2012.05.005
- Bensing J, Deveugele M, Moretti F, Fletcher van Vliet L, , Van Bogaert M, **Rimondini M** (2011). How to make the medical consultation more successful from a patient's perspective? Tips for doctors and patients from lay people in the United Kingdom, Italy, Belgium and the Netherlands. *Patient Education and Counseling* 84, 287–293. DOI: 10.1016/j.pec.2011.06.008
- Zimmermann C., Del Piccolo L., Bensing J, Bergvik S, de Haes H., Eide H., Fletcher I, Goss C, Heaven C., Humphris G, Kim Y, Langewitz W., Meeuwesen L., Nubling M, **Rimondini M.**, Salmon P., van Dulmen S., Wissow L., Zandbelt L.,, Finset A. (2011). Coding patient emotional cues and concerns in medical consultations: The Verona coding definitions of emotional sequences (VR-CoDES). *Patient Education and Counseling* 82, 141–148. DOI:10.1016/j.pec.2010.03.017
- Zimmermann C., Del Piccolo L., Bensing J, Bergvik S, de Haes H., Eide H., Fletcher I, Goss C, Heaven C., Humphris G, Kim Y, Langewitz W., Meeuwesen L., Nubling M, **Rimondini M.**, Salmon P., van Dulmen S., Wissow L., Zandbelt L.,, Finset A. (2011). Coding patient emotional cues and concerns in medical consultations: The Verona coding definitions of emotional sequences (VR-CoDES). *Patient Education and Counseling* 82, 141–148. DOI:10.1016/j.pec.2010.03.017
- Deledda G., Moretti F., **Rimondini M.**, Zimmermann C. How patients want their doctor to communicate. A literature review on primary care patients' perspective (2013). *Patient Education and Counseling* 90, 3:297–306. DOI: 10.1016/j.pec.2012.05.005
- Bensing J., **Rimondini M.** & Visser A. (2013). Quality of communication from the patient

- perspective [Special Issue]. *Patient Education and Counseling*, 90 3:287-290. DOI:10.1016/j.pec.2013.01.005
10. Goss C, Ghilardi A, Deledda G, Buizza C, Bottacini A, Del Piccolo L, **Rimondini M**, Chiodera F, Mazzi MA, Ballarin M, Bighelli I, Strepparava MG, Molino A, Fiorio E, R Nortilli R, Calio C, Zuliani S, Auriemma A, Maspero F, Simoncini EL, Ragni F, Brown R, Zimmermann C. (2013) The INvolvement of breast CAncer patients during oncological consultations. A multi-centre randomized controlled trial. The INCA study protocol", *BMJ Open* 3:1-10. DOI:10.1136/bmjopen-2012-002266
 11. **Rimondini M**, Mazzi M.; Deveugele M.; Bensing J. How do national cultures influence lay people's preferences toward doctors' style of communication? A comparison of 35 focus groups from an European cross national research. (2015) *BMC Public Health*, 15:1239 DOI:10.1186/s12889-015-2559-7
 12. **Rimondini M**, Mazzi M., Busch I. & Bensing J. (2018). "You only have one chance for a first impression! Impact of patients' first impression on the global quality assessment of doctors' communication approach". *Health Communication* 11:1-10. DOI: 10.1080/10410236.2018.1495159
 13. Busch IM, Moretti F, Purgato M, Barbui C, Wu AW, **Rimondini M**. (2019). Psychological and Psychosomatic Symptoms of Second Victims of Adverse Events: a Systematic Review and Meta-Analysis. *J Patient Saf.* Mar 26. doi: 10.1097/PTS.0000000000000589.
 14. **Rimondini M**, Busch I., Mazzi MA, Donisi V., Poli A., Bovolenta E., Moretti, F. (2019). Patient empowerment in risk management: a mixed-method study to explore mental health professionals' perspective. *BMC health services research* vol 19 n1 pp382. DOI: 10.1186/s12913-019-4215-x
 15. Gajofatto, A.; Donisi, V.; Busch, I.; Gobbin, F.; Butturini, E.; Calabrese, M.; Carcereri de Prati, A.; Cesari, P.; Del Piccolo, L.; Donadelli, M.; Fabene, P.; Fochi, S.; Gomez-Lira, M.; Magliozzi, R.; Malerba, G.; Mariotti, R.; Mariotto, S.; Milanese, C.; Romanelli, M.; Sbarbati, A.; Schena, F.; Mazzi, M.; **Rimondini, M**. (2019). Biopsychosocial model of resilience in young adults with multiple sclerosis (BPS-ARMS): an observational study protocol exploring psychological reactions early after diagnosis *BMJ OPEN*, vol. 9, n. e030469, pp. 1-8. doi: 10.1136/bmjopen-2019-030469
 16. Busch, I.; Moretti, F.; Travaini, G.; Wu, A.; **Rimondini, M**. (2019). Humanization of Care: Key Elements Identified by Patients, Caregivers, and Healthcare Providers. a Systematic Review. *The Patient*, Vol. 12, n. 5, pp. 461-474 DOI: 10.1007/s40271-019-00370-1; oai:iris.univr.it:11562/996189
 17. Marinelli V, Danzi OP, Mazzi MA, Secchettin E, Tuveri M, Bonamini D, **Rimondini M**, Salvia R, Bassi C, Del Piccolo L. PREPARE: Preoperative Anxiety Reduction. One-Year Feasibility RCT on a Brief Psychological Intervention for Pancreatic Cancer Patients Prior to Major Surgery. *Front Psychol.* 2020 Mar 5;11:362. doi: 10.3389/fpsyg.2020.00362. PMID: 32194490; PMCID: PMC7066303.
 18. Busch IM, Moretti F, Mazzi M, Wu AW, **Rimondini M**. What We Have Learned from Two Decades of Epidemics and Pandemics: A Systematic Review and Meta-Analysis of the Psychological Burden of Frontline Healthcare Workers. *Psychother Psychosom.* 2021;90(3):178-190. doi: 10.1159/000513733.
 19. Busch IM, Moretti F, Purgato M, Barbui C, Wu AW, **Rimondini M**. (2020). Dealing with adverse events: a meta-analysis on second victims' coping strategies. *J Patient Saf.* 2020 Jun;16(2):e51-e60. doi: 10.1097/PTS.0000000000000661. PMID: 32168267
 20. Busch IM, Moretti F, Campagna I, Benoni R, Tardivo S, Wu AW, **Rimondini M**. Promoting the Psychological Well-Being of Healthcare Providers Facing the Burden of Adverse Events: A Systematic Review of Second Victim Support Resources. *Int J Environ Res Public Health.* 2021 May 11;18(10):5080. doi: 10.3390/ijerph18105080.
 21. Busch IM, **Rimondini M**, Scott SD, Moretti F, Cecchin D, Wu AW, Giraudo C. Workplace violence in radiology: results of a systematic review. *Occup Med (Lond).* 2023 Dec 30;73(9):541-546. doi: 10.1093/occmed/kqad123. PMID: 38072465
 22. Busch IM, Mazzi MA, Berti L, Wu AW, Cosci F, Marinelli V, Moretti F, **Rimondini M**. Screening Second Victims for Emotional Distress: Assessment of the Clinimetric Properties of the WITHSTAND-PSY Questionnaire. *Psychother Psychosom.* 2023;92(6):399-409. doi: 10.1159/000535006. Epub 2023 Dec 20.
 23. Benoni R, Sartorello A, Mazzi M, Berti L, Sorina M, Paiola E, Varischi G, Tardivo S, **Rimondini M**, Moretti F. The use of 12-item General Health Questionnaire (GHQ-12) in Ukrainian refugees: translation and validation study of the Ukrainian version. *Health Qual Life Outcomes.* 2024 Jan 13;22(1):6. doi: 10.1186/s12955-024-02226-1.

24. Poli S, Donisi V, Mazzi MA, Gobbin F, Giusto G, Orlandi R, Schena F, Del Piccolo L, das Nair R, Gajofatto A, **Rimondini M**. Fostering quality of life in young adults living with multiple sclerosis: a pilot study of a co-created integrated intervention. *Front Psychol*. 2024 Mar 26;15:1342166.
25. Prina E, Marquis A, Tedeschi F, Rabbi L, Salazzari D, Ballarin M, Purgato M, Ostuzzi G, Donisi V, Perlini C, **Rimondini M**, Del Piccolo L, Amaddeo F. Effects of COVID-19 pandemic on psychiatric and psychological consultation-liaison contacts in a general hospital in North-East of Italy: a retrospective study. *Front Psychiatry*. 2024 Nov 6;15:1414248. doi: 10.3389/fpsyt.2024.1414248. eCollection 2024.
26. Busch IM, Mazzi MA, Cosci F, Berti L, Marinelli V, Moretti F, Maggioni O, Wu AW, **Rimondini M**. Anxiety and Depression and Related Risk Factors in Italian Healthcare Providers Involved in Adverse Events. *Healthcare (Basel)*. 2025 Feb 6;13(3):343. doi: 10.3390/healthcare13030343.
27. Marinelli V, Mazzi MA, Maggioni O, Venturini E, **Rimondini M**, Milella M, Paiella S, Salvia R. Assessment of Psychological Burden in Individuals with Hereditary Risk of Pancreatic Cancer Under Surveillance: Evaluation of Distress 3 Years After Enrollment. *Cancers (Basel)*. 2025 Sep 16;17(18):3014. doi: 10.3390/cancers17183014.
28. Poli S, Donisi V, das Nair R, Mazzi MA, Gajofatto A, **Rimondini M**. Psychosocial Correlates of Fatigue in Young Adults with Multiple Sclerosis: Exploring the Roles of Resilience, Mindfulness, and Illness Perception. *Healthcare (Basel)*. 2025 Sep 17;13(18):2335. doi: 10.3390/healthcare13182335.
29. Benoni R, Sartorello A, Paiola E, Berti L, Sorina M, Varischi G, Marchiori F, Tardivo S, **Rimondini M**, Moretti F. Exploring socio-ecological context and mental health of Ukrainian refugees in Italy through eco-map: a mixed-methods study. *J Migr Health*. 2025 Aug 7;12:100351. doi: 10.1016/j.jmh.2025.100351. eCollection 2025.
30. Solari A, De Panfilis L, Zagarella RM, Ghirotto L, Farinotti M, Gajofatto A, Grasso MG, Kruger P, Lugaesi A, Mattarozzi K, Montepietra S, Patti F, Pucci E, **Rimondini M**, Solaro C, Perin M, Giordano A, Veronese S; ConCure-SM project. Advance care planning in multiple sclerosis (ConCure-SM): A multicenter single-arm pilot and feasibility study. *PLoS One*. 2025 Oct 7;20(10):e0331220. doi: 10.1371/journal.pone.0331220. eCollection 2025.

Knowledge Valorization and Public Engagement Activities

From 2018 to 2024, Departmental Representative for the Communication and Third Mission Committee, continuously engaged in outreach and dissemination activities aimed at both clinical populations and the general public (link).
She has also participated in awareness, dissemination, and inclusion campaigns in collaboration with patient associations (e.g., Italian Multiple Sclerosis Association) and Third Sector organisations (e.g., Fondazione Tender to Nave Italia).

CLINICAL ACTIVITY

2002 – present	Consultant-level Psychologist specialized in managing psychological factors related to adverse events. USD of Clinical Psychology BR - University Hospital of Verona
2002 – present	Consultation-liaison psychologist at the Hospital Trust of Verona, providing psychological support to medically ill inpatients and outpatients (with a special expertise in: Multiple sclerosis, hiv+ and cancer in young adults) USD of Clinical Psychology BR - University Hospital of Verona
2004- present	Formal trainer in continuing professional development courses for healthcare providers in communication skills and team building at Hospital Trust of Verona and Clinical Supervision to residents in cognitive behavioral psychotherapy.
2016 -2019	Manager of Quality Assurance (ISO 9001:2008) at the Unit of Clinical Psychology, Hospital Trust of Verona and Manager of Permanent Education Programs (ISO 9001:2008) at USD of Clinical Psychology BR - University Hospital of Verona

October 2025

