

PERSONAL INFORMATION Laura Iozzino



📍 Brescia (Italy)

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Date of birth: 16/07/1987 | Nationality: Italian

WORK EXPERIENCE

January 2014-Ongoing

PhD Student at Verona University, Department of Public Health and Community Medicine.

The aim of my Ph.D. thesis is to provide further knowledge on two of the main challenges that, nowadays, community based mental health services have to face.

1: The first challenge is to deal with the process “of re-institutionalization” of people with severe mental disorders into forms of long-term institutional care, the second one regards the need to implement early interventions in order to prevent mental illness to become chronic. The main aims of the 1st project are: to assess, retrospectively, variables concerning the clinical history and the paths to recovery of all patients during their stays in the RF; to evaluate the typology of the structures in relation with the patients’ characteristics, the activities and treatments supplied and their effectiveness; to evaluate the individual outcomes from a clinical, social and service use point of view.

2: The 2nd project is part of the larger research program termed Genetics Endophenotypes and Treatment: Understanding early Psychosis (GET UP). The piano is a cluster-randomized controlled trial, comparing an integrated multi-element psychosocial intervention, comprising CBT, family intervention, and case management, with treatment as usual (TAU) for 444 FEP patients in community mental health centers (CMHCs) in a large area of northern Italy (9 million inhabitants). The main aim of this project is to investigate what are the factors that predict the effectiveness and consequently influence the outcomes after 9 months.

January 2015-Ongoing

Collaboration as research assistant

Saint John of God Clinical Research Centre, (IRCCS). Head of Epidemiological and Evaluative Psychiatry Unit: Dr. G. de Girolamo, Via Pilastroni 4, Brescia (Italy).

June 2012- January 2014

Collaboration as research assistant

Saint John of God Clinical Research Centre, Brescia (Italy). Unit of Epidemiological and Evaluative Psychiatry Unit (Head: Dr. G. de Girolamo).

Main activities: writing projects and European or international grant applications, recruitment and definition of the sample, coordination between centres, clinical assessment, data collection and entry and preliminary data analysis.

January 2013-June 2013

Post-Graduate training

Saint John of God Clinical Research Centre, Brescia (Italy). Unit of Epidemiological and Evaluative Psychiatry Unit (Head: Dr. G. de Girolamo).

Supervisor: Dott.ssa Valentina Candini

Main activities: clinical, neuropsychological and behavioural assessment of patients with psychiatric disorders.

June 2012-January 2013

Post-Graduate training.

Ospedali Riuniti di Bergamo, (Italy). Unit of Clinical psychology.

Supervisor: Dott.ssa Ave Maria Biffi.

Main activities: Neuropsychological and behavioural assessment of patients with Multiple Sclerosis.

April 2011- March 2012

Voluntary work

Saint John of God Clinical Research Centre, Brescia (Italy). Unit of Epidemiological and Evaluative Psychiatry Unit (Head: Dr. G. de Girolamo).
Main activities: clinical and neuropsychological assessment of patients with psychiatric disorders.

October 2010-April 2011

Training for Bachelor

Saint John of God Clinical Research Centre, Brescia (Italy). Unit of Epidemiological and Evaluative Psychiatry Unit (Head: Dr. G. de Girolamo).

Supervisor: Dott. G. de Girolamo

Main activities: clinical and neuropsychological assessment of patients with psychiatric disorders.

January 2009-March 2009

Training for Bachelor

Fondazione Don Carlo Gnocchi, Rovato (Italy). Unit of Clinical Psychology.

Supervisor: Dott. ssa Alessandra Maietti

Main activities: clinical and neuropsychological assessment of patients with traumatic brain injuries

EDUCATION AND TRAINING

August 2014

X Course of meta-analysis

Hotel Miramare, Viale Carducci 2, Cesenatico (Italy)

May/June 2014

Course: "Matlab programming applied to signal/image processing and analysis", University of Verona, Department of Neurological and Movement Sciences, via Casorati, 43, Verona (Italy).

April 2014

Course: "Introduction to Matlab", University of Verona.

January 2014-December 2016

Won Doctoral Scholarship grant from University of Verona for session 2014/16

October 2008-December 2010

Master in Neuroscience and Neuropsychological Rehabilitation

University of Padua, via Venezia 8, Padova (Italy)

Research Thesis: "La qualità di vita nei pazienti con patologie psichiatriche che vivono in comunità residenziali" ("The Quality of Life of psychiatric patients living in residential facilities").

Supervisors: Prof.ssa Marta Ghisi.

September 2006- October 2009	<p>Bachelor in Psychological, Cognitive and Psychobiological Science University of Padua, via Venezia 8, Padova (Italy)</p> <p>Research Thesis: “Tecniche di riabilitazione della memoria prospettica in pazienti con trauma cranico” (“Rehabilitation approaches of perspective memory in people with traumatic brain injury”).</p> <p>Supervisor: Prof.ssa Daniela Mapelli.</p>
September 2000- July 2006	<p>High school</p> <p>High school specializing in Science and Languages, Liceo “Leonardo” , Brescia (Italy).</p>

PERSONAL SKILLS

Mother tongue(s) Italian

Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B2	B2	B2	B2	B2

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user
Common European Framework of Reference for Languages

French

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
	B1	B1	B1	B1	B1

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user
Common European Framework of Reference for Language

German In possession of the certification of proficiency of German language (level B1)

Communication skills I’m a good listener and team worker; I used to and I’m interested in working and dealing with people of different backgrounds, expertise and educational qualifications. I always try to enter into a constructive dialogue with my patients, colleagues and with people in general. I have good organizational and interpersonal skills.

Job-related skills My research interests include clinical psychology, psychiatric epidemiology, severe mental illnesses and their comorbidity, neurobiology and neuropsychology of drug addiction, first-episode psychosis.

Computer skills

Good command of Microsoft Office™ tools.

Programming

SPSS, MATLAB- data analysis, visualization, application development, simulation, design, and code generation.

- October 2015 Attendance: **"ENMESH Eleventh International Conference of the European Network for Mental Health Evaluation. Closing the gap between research and policy in mental health"**, Malaga, Spain.
- November 2014 Attendance: **"Immaginare: le oscillazioni dell'umore. Focus sul disturbo bipolare"**, AOI Policlinico GB Rossi, Verona (Italy).
- Attendance: **"Capire ed orientare i consumi, diagnosticare e curare abuso e dipendenza"**, Verona (Italy).
- October 2014 Attendance: **"L'università, sistema aperto? Come diffonde i suoi risultati?"**, University of Verona, Verona (Italy).
- Attendance: **"Promotion, prevention and anti-stigma actions in Mental Health: a most valuable asset in a time of economic crisis"**, Verona (Italy).
- May 2014 Attendance: **"Stimolazione e Training Cognitivi nelle Malattie Neurologiche"**, Palabrixia, Brescia (Italy).
- April 2014 Attendance: **"Azioni Marie Skłodowska-Curie"**, University of Verona, Verona (Italy).
- Attendance: **"La valutazione del rischio di violenza e suicidario e la gestione clinica del comportamento violento e suicidario"**, University of Brescia (Italy)
- March 2014 Attendance: **"L'Alzheimer tra cultura, scienza e senso comune"**, University of Verona, Verona (Italy).
- February 2014 Attendance: **"Communication and dissemination of research results "**, University of Verona, Verona (Italy).
- September 2013 Attendance: **"STEPPS: System Training for Emotional Predictability and Problem Solving"**, IRCCS Fatebenefratelli, Brescia (Italy).
- May 2013 Attendance: **"I trattamenti nel disturbo Borderline di Personalità: quale la differenza che fa la differenza?"**, IRCCS Fatebenefratelli, Brescia (Italy).
- November 2012 Attendance: **"L'intervento psicoeducativo per pazienti con disturbo bipolare e i loro familiari: il modello di Colom"**, IRCCS Fatebenefratelli, Brescia (Italy).

- October 2012 Attendance: **"Valutazione e trattamento del rischio di violenza in pazienti psichiatrici"**, IRCCS Fatebenefratelli, Brescia (Italy).
- September 2012 Attendance: National Congress of Afar **"XI Congresso Nazionale Afar "Invecchiamento attivo-Active Aging"**, Brescia (Italy).
- May 2012 Attendance: **"Nuovi strumenti per la riabilitazione cognitiva: ERI-CA- Esercizi di riabilitazione cognitiva per adulti"**, Mozzo (Italy).
- September 2011 Attendance: Congresso Nazionale Associazione Italiana per l'individuazione e l'intervento Precoce nelle Psicosi (AIPP): **"Giovani e salute mentale: verso un modello estensivo dell'intervento precoce"**, Brescia (Italy).
- April 2011 Attendance: **"I nuovi criteri per la Malattia di Alzheimer e le nuove prospettive terapeutiche e assistenziali"**, IRCCS Fatebenefratelli, Brescia (Italy).
- Attendance: **"Fundamentals of Biostatistics for Clinical Research"**, IRCCS Fatebenefratelli, Brescia (Italy).
- November 2010 Attendance: **"Nuove prospettive della Stimolazione Elettrica Transcranica: tra sperimentazione e clinica"**, IRCCS Fatebenefratelli, Brescia (Italy).

Oral presentations

G de Girolamo, V Candini, C Buizza, C Ferrari, ME Boero, GM Giobbio, N Goldschmidt, S Greppo, **L Iozzino**, P Maggi, AL Melegari, P Pasqualetti, G Rossi. Characteristics of patients and factors associated to discharge from residential facilities: a prospective cohort study in Italy. 21st European Congress of Psychiatry (EPA 2013). Nizza, 6-9 April, 2013.

M Lanfredi, G de Girolamo, V Candini, C Buizza, C Ferrari, ME Boero, GM Giobbio, N Goldschmidt, S Greppo, **L Iozzino**, P Maggi, AL Melegari, P Pasqualetti, G Rossi. Predictors of quality of life in a sample of inpatients with schizophrenia in 23 residential facilities in northern Italy. 21st European Congress of Psychiatry (EPA 2013). Nizza, 6-9 April, 2013.

G de Girolamo, V Candini, C Buizza, **L Iozzino**. The Italian 'dream' of community psychiatry without residential facilities: lessons for European non-dreamers. Tenth International Conference of the European Network For Mental Health Service Evaluation (ENMESH). Verona, 3-5 October 2013.

G de Girolamo, V Candini, C Buizza, **L Iozzino**. Residential facilities: an update of the Italian situation and the findings of recent research in this area. Tenth International Conference of the European Network For Mental Health Service Evaluation (ENMESH). Verona, 3-5 October 2013.

G. de Girolamo, V. Candini, C. Buizza, C. Ferrari, M.E. Boero, G.M. Giobbio, N. Goldschmidt, S. Greppo, **L. Iozzino**, P. Maggi, A.L. Melegari, P. Pasqualetti, G. Rossi. Characteristics of patients and factors associated to discharge from residential facilities: a prospective cohort study in Italy. American Psycho-Pathological Association, 6-9 March 2013

L. Iozzino, M. Ruggeri. Una nuova generazione di interventi residenziali orientati alla recovery. 20° Congresso Nazionale della Società Italiana di Psicopatologia: "Nuove patologie: nuova psicopatologia?", 23-26 Febbraio 2016.

Publications

G. de Girolamo, V. Candini, C. Buizza, C. Ferrari, M. E. Boero, G. M. Giobbio, N. Goldschmidt, S. Greppo, **L. Iozzino**, P. Maggi, A. Melegari, P. Pasqualetti, G. Rossi. Is psychiatric residential facility discharge possible and predictable? A multivariate analytical approach applied to a prospective study in Italy. Soc Psychiatry Psychiatr Epidemiol 2014;49(1):157-67.

J. Dagani, C. Ferrari, M. E. Boero, C. Geroldi, G.M. Giobbio, P. Maggi, A. Melegari, G. Sattin, M. Signorini, D. Volpe, O. Zanetti, **L. Iozzino**, G. de Girolamo. A prospective, multidimensional follow-up study of a geriatric hospitalised population: predictors of discharge and well-being. Aging Clin Exp Res. 2013 Oct 30.

J. Dagani, **L. Iozzino**, C. Ferrari, M. E. Boero, C. Geroldi, G. M. Giobbio, P. Maggi, A. Melegari, G. Sattin, M. Signorini, O. Zanetti, G. de Girolamo. What is the course of behavioural symptoms and functional conditions in hospitalised older people with dementia? A multicentre cohort study in Italy. *European Geriatric Medicine* 2015; 6(6):554–560.

C. Carmassi, I. Dell’Osso, V. Candini, J. Dagani, **L. Iozzino**, G. de Girolamo. Frequency of trauma exposure and post-traumatic stress disorders in Italy: results from the World Mental Health Survey Initiative. *Journal of Psychiatric Research* 2014 Sep 21 doi: 10.1016/j.jpsychires.2014.09.006.

Picardi, I. Lega, V. Candini, J. Dagani, **L. Iozzino**, G. de Girolamo. Monitoring and evaluation of the Italian Mental Health System: the Progres studies and beyond. *Journal of Nervous and Mental Disease* 2014, p 451-459.

Candini V, Buizza C, Ferrari C, Boero ME, Giobbio GM, Goldschmidt N, Greppo S, Iozzino L, Maggi P, Melegari A, Pasqualetti P, Rossi G, de Girolamo G; PERDOVE group. Violent behavior of patients living in psychiatric residential facilities: a comparison of male patients with different violence histories. *Int J Law Psychiatry*. 2015; 39:46-51.

M. Lanfredi, V. Candini, C. Buizza, C. Ferrari, M.E. Boero, G.M. Giobbio, N. Goldschmidt, S. Greppo, **L. Iozzino**, P. Maggi, A. Melegari, P. Pasqualetti, G. Rossi, G. de Girolamo and the PERDOVE group. The effect of service satisfaction and spiritual well-being on the quality of life of patients with schizophrenia. *Psychiatry Res*. 2014 May 15;216(2):185-91.

Iozzino L, Ferrari C, Large M, Nielssen O, de Girolamo G (2015) Prevalence and Risk Factors of Violence by Psychiatric Acute Inpatients: A Systematic Review and Meta-Analysis. *PLoS ONE* 10(6): e0128536. doi:10.1371/journal.pone.0128536

Ruggeri M, **Iozzino L**. Moving towards community mental healthcare – the Italian experience. *Die Psychiatrie*. Article in press.

Autorizzo il trattamento dei miei dati personali ai sensi del D.Lgs. 196/2003

25th February 2016

