



*PhD Candidate, Educator,
Consultant, Activist*

CONTACTS

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LANGUAGE PROFICIENCIES

Italian – Native speaker
English – IELTS Academic,
Overall Score: 7.0 (CEFR Level C1)

- Listening: 6.5
- Reading: 9
- Writing: 5.5
- Speaking: 6.5

obtained on 14 February 2019

COMPETENCES

- Excellent communication and public speaking skills in academic and outreach contexts
- Facilitation of groups and management of inclusive relational dynamics
- Digital writing and communication
- Consultancy on inclusive language and accessibility
- Ability to work within interdisciplinary teams
- Intersectional, ethical, and reflective approach
- Practical experience in social justice and activism

DIGITAL COMPETENCES

- MS Office Suite
- Video conferencing tools (Zoom, Google Meet)
- Audacity and podcast production
- Final Cut Pro X
- Canva
- Adobe Photoshop

SOFIA RIGHETTI

PERSONAL PROFILE

PhD Candidate in Education at the University of Verona.
Holds a Master's Degree in Philosophical Sciences, awarded with highest honors (110/110 cum laude).

Educator, trainer, consultant, and intersectional feminist activist. My scholarly and professional expertise lies in Feminist Disability Studies, Crip Theory, Queer Studies, and Gender Studies. I provide consultancy and training on DEIA (Diversity, Equity, Inclusion, Accessibility) for organizations and individuals. Through teaching, research, activism, and public engagement, my work seeks to render transfeminism and the discourses surrounding the rights of marginalized, oppressed, and non-normative bodies accessible to all, with the overarching aim of advancing disability justice.

My practice also involves community care through decolonial spiritual activism. I investigate the figure of the witch as a feminist cultural archetype—one that embodies divergence and resistance against normative patriarchy.

EDUCATION

University of Verona

Verona, 2025- present

PhD candidate in Education, departement of Human Science

Decolonizing Thoth Tarot

Webinair, 2025

Course by scholar Safa Mirror on the cultural history of tarot and a decolonial approach to the Thoth Tarot by Aleister Crowley and Lady Frieda Harris

Spiritual activism 101

Webinair, 2025

Antiracist + Inclusion Webinar for Soulful Social Justice
by Rachel Ricketts

EDUCATION

University of Colorado

Coursera, 2020

Queering Queering the Schoolhouse: LGBTQ+ inclusion for educators

Online course exploring the history of LGBTQ+ issues in education and strategies for creating more inclusive learning environments for students, teachers, and community members.

Certificate awarded on 22 August 2025.

University of Colorado

Coursera, 2020

Queering Identities : LGBTQ+ Sexuality and Gender Identity

Online course exploring the history of LGBTQ+ identities, experiences, and activism.

Certificate awarded on 14 December 2020.

University of California

Coursera, 2020

Feminism and Social Justice

Online course taught by Professor Bettina Aptheker, focusing on key events in the history of feminism and social justice.

Certificate awarded on 12 December 2020.

MYES English School

Verona, 2017-2019

Advanced English language training with native speakers

SELC English language Australia

Sydney (Australia), december 2016 - march 2017

English School of Sydney

IELTS ACADEMIC

Alma Mater Studiorum - Università di Bologna

Bologna, 2012-2016

Master's Degree with highest honors (110/110 cum laude)

Awarded in Philosophy of Law with a thesis titled "The Rights of Disabled People."

Supervisor: Professor Marina Costerbosa Lalatta

Alma Mater Studiorum - Università di Bologna

Bologna, 2007 - 2011

Bachelor's Degree in Philosophy of Medicine

Graduated with a score of 109/110 with a thesis titled "On Animal Experimentation."

Supervisor: Professor Giovanni Pierini

PUBLICATIONS

Righetti Nottegar, S. (2025). Essere strega oggi. In L. Arese (Ill.), *Alcina/L'incantesimo del mondo*. Calibano. *L'Opera e il mondo* #6. Effequ & Teatro dell'Opera di Roma.

Contributo al capitolo “Streghe” in *Io dico no agli stereotipi*, di Carolina Capria e Mariella Martucci (2022), Milano: Mondadori.

Cuollo M., & Righetti, S. (2021). Abilismo. In F. B. Furci & A. Vescio (Eds.), *Anche questo è femminismo*. Roma: Edizioni TLON.

Conti, Y., & Righetti, S. (2019). *L' uomo, l'animale, la natura. Questioni di etica*, Perugia: Graphe.it Edizioni

ACADEMIC LECTURES AND SEMINARS

Roma Tre University

Lecturer at the seminar “Ideas, Reflections, and Practices for a Militant Anti-Ableism.”

23 May 2025

Scuola Normale Superiore, Pisa

Lecturer at the seminar “Disability and Ableism: Accessibility, Narratives, Intersectionality.”

25 September 2024

University of Rome ‘Foro Italico’ – Laboratory of Didactics and Special Pedagogy

Lecturer at the study seminar “From Prejudice to Equity: Sexuality, Love, and Disability.”

2 February 2024

University of Parma

Lecturer for the CentroTice Master’s Seminar titled “Ableism, the Doctor–Patient Relationship, and the Role of Care.”

26 November 2022

Regional Health Service – Local Health Authority of Bologna

Institute of Neurological Sciences

Lecturer for the seminar “Ableism: Knowing It to Prevent It. The Role of Healthcare Professionals in Combating Ableism.”

29 April 2022

University of Trento

Lecturer at the event organized with the Rete Studenti Universitari Unitin titled “Disability and Systemic Discrimination.”

3 June 2021

University of Trento – Center for Interdisciplinary Gender Studies

Lecturer at the seminar “Feminism, Disability, and Queer Theory: Alliances and Points of Convergence.”

25 March 2021

University of Milan – Bicocca

Lecturer at the seminar “From Sexualization to Violence Against Women with Disabilities: Tools for Analysis and Resistance.”

17 December 2020

University of Manchester

Lecturer at the MANCEPT Workshop in Disability and Political Theory – “Disability and Political Theory: From Status and Distributive Justice to Citizenship,” organized by Professor Domenico Melidoro.

10 September 2020

University of Verona

Lecturer at the conference “The Roots of Rights,” presenting on the rights of persons with disabilities—from the medical model to the social and psycho-bio-social models—and discussing current anti-discrimination laws in Europe and Italy.

30 November 2018

CONFERENCES AND THIRD MISSION

Public Talks and Conferences

Palazzo Madama – Italian Senate, Rome

Speaker at the parliamentary session proposing a bill against ableist discrimination at concerts, performances, and live events.

3 July 2025

Padova Pride – Circolo Blow Up

Speaker at the Padova Pride Talk for the International Day Against Homophobia, Biphobia, and Transphobia.

Padua, 17 May 2025

University of Verona

Participant in the event “For an Ethics of Vulnerability. Judith Butler and Adriana Cavarero in Dialogue,” organized by the Equal Opportunities Committee of the University of Verona, with the support of the research centers PoliTeSse, Hannah Arendt, and Re-Work.

Verona, 30 April 2025

NUDM Verona

Presenter of Chiara Meloni’s book “Queeranta,” followed by a dialogue with the author on fatphobic, queerphobic, and ableist systems.

Verona, 22 November 2023

Verona Pride

Speaker at the event “Ride with Pride,” focusing on the empowerment of the queer and crip community and on how transfeminist witchcraft can serve as an active practice of community care for marginalized people.

Verona, 24 September 2023

Bossy – Beyond Stereotypes

Lecturer for the session “Feminism and Witchcraft,” exploring the intersection of feminist animist spirituality, queer-crip activism, and the figure of the contemporary witch.

Milan, 24 September 2023

Rete di Daphne

Speaker at the conference “Tarocchi e sorellanzə,” delivering a lecture on the transfeminist reappropriation of tarot as an art of community care.

21 May 2023

Paratissima Circus

Speaker at the conference “Season of the Witch,” discussing how feminist and queer witchcraft can serve as a tool for community care.

Turin, 3 November 2022

Speaker at the conference “The Representation of the Modern Witch,” delivering a lecture on the modern witch as a political, animist, anarchist, and feminist figure.

Vigevano, 18 September 2022

Milano Pride Square

Speaker at the conference “Possible Bodies: Combating Ableism in the Bill Against Homophobia, Misogyny and Ableism”.

Milan, 25 June 2022

International Journalism Festival

Speaker at the conference “Over the Rainbow: The Future for Rights is Intersectional”, giving a talk on the crucial importance of combating ableism within feminism and intersectional activism.

9 April 2022

PAS – Active Student Participation

Speaker at the seminar “Opinion or Discrimination?”.

12 March 2022

Fest 2022 – The TV Series Festival

Panelist in the discussion on the extraordinary monstrosity of non-conforming bodies and in the panel on cyborgs and the representation of disability through cyborg imagery.

Triennale di Milano, 23–24 September 2021

Fest 2021 – The TV Series Festival

Panelist in the discussion on the importance of representing the nudity of non-conforming bodies and on truthful narratives of disability in audiovisual media.

Triennale di Milano, 23 September 2021

DMA Talk

Speaker, together with Manuel Cuni (Mensa Italia), in a dialogue on Disability Studies, neurodivergence, intersectionality, and ableism.

2 July 2021

Mensa Italia

Speaker, together with Marina Cuollo, at the online conference “Disability, Language and Representation”, analysing ableism, the “super cripple” myth, and the slogan “Nothing about us without us”. The talk focused on the need for accurate representation and language that centre disabled people’s voices without mediation.

3 March 2021

Feminist Marathon – Bossy Beyond Stereotypes

Speaker in the panel on Disability Justice, intersectional feminist perspectives, and the interconnection of struggles.

19 December 2020

Arcigay Transfeminist Women’s Network

Lecturer at the seminar “There Is No Feminism Without the Struggle Against Ableism.”

May 24, 2020

La Civetta di Minerva – Cultural Circle of Human and Social Sciences

Speaker at the conference “From Ecological Crisis to Posthuman Ethics.”

Verona, 2018

International Journalism Festival 2017

Lecturer at the conference “Disability and Sport: The Lesson of Rio 2016 and the Challenges of Journalism,” delivering a session for journalists on the importance of using accurate and respectful language when narrating disability and the lives of disabled people.

April 9, 2017

TEDxVerona

Speaker at TEDxVerona, presenting a talk on embracing and valuing one’s disabled and divergent body within a society that seeks to normalize it.

The talk, titled “How Beautiful Is Your Mermaid Tail,” is available at <https://www.youtube.com/watch?v=yWaZk140q2Y&t=1s>.

2015

PROFESSIONAL EXPERIENCES

Trainer and Consultant in Diversity, Equity, Inclusion and Accessibility (DEIA)
2012 – Present

Trainer and consultant for companies and private clients, focusing on the rights of disabled people, inclusive and respectful language, transfeminist intersectionality, advocacy, accessibility, and ethics of difference.

Clients include TIM, Prime Video, Airbnb, Diversity, and T-Seed.

Chair of the Live FOR ALL Committee

2025 – Present

Representative and head of the Live FOR ALL Committee, advocating for the approval of legislation protecting the rights of disabled audience members at concerts, live performances, and public events.

Story Consultant – Amazon Prime Video

2021 – 2022

Story consultant for Prisma, a TV series directed by Ludovico Bessegato, ensuring accurate and authentic representation of the character Carola – the first authentically disabled character in Italian television fiction.

Lecturer – “Writing a Great Story” Course 2022

Taught the class “The Contemporary Witch” within Marina Pierri’s course “Witches, Monsters, Shadows,” exploring the figure of the witch in contemporary and transfeminist representation.

Presenter and Protagonist – Sofia Rocks

Agenzia Filandolarete & AGENDA, Bologna (Italy), 2015–2016

Presenter and protagonist of Sofia Rocks, a five-episode web series exploring disability through themes such as sport, culture, and relationships, featuring interviews with both disabled and non-disabled guests.

Episodes are available at www.sofiarocks.it and were broadcast by Repubblica.tv.

Columnist – Corriere della Sera

2018 – 2020

Writer for the blog Invisibili. Following the publication of the article “Abilismo: è ora di parlarne” (“Ableism: It’s Time to Talk About It”), the Treccani Encyclopedia officially introduced the Italian neologism “abilismo.”

Writer – Filosofemme

2018 – 2020

Contributor for Filosofemme, an online platform dedicated to philosophy and feminist thought. Authored articles on disability rights, animal ethics, and feminism.

Trainer in Primary and Secondary Schools on Disability and Inclusion

2012 – Present

Delivered training sessions and workshops on disability, inclusion, and anti-ableism in various educational institutions, including:

Istituto Statale di Istruzione Superiore Calabrese Levi (Verona), Istituto Seghetti (Verona), Istituto Alearo Aleari (Verona), Scuole Alle Stimate (Verona), Istituto Comprensivo Colognola ai Colli (Verona), Istituto Comprensivo Statale Negrar di Valpolicella (Verona), Fondazione Golinelli (Bologna), Istituto Professionale di Stato “Giuseppe Medici” (Verona), Istituto Tecnico Statale Marchi-Forti (Pistoia), Liceo Statale Nicolò Forti Guerri (Pistoia), and Liceo Linguistico P. Rossi (Massa).

OUTREACH, MULTIMEDIA PRODUCTIONS AND PODCASTS

Diversity Media Awards

Nominated for Best Digital Product for the Instagram reel “Verbal Aggressions and Ableism.”

Milan, May 16, 2023

Dissemination of Critical Disability Studies on Social Media

2018 – Present

Educator and activist on social media (Instagram @sofia_righetti and personal website sofiarighetti.it), committed to communicating complex concepts from Critical Disability Studies, Gender Studies, and Intersectional Feminism to a community of over 45,000 followers.

Engages in public scholarship aimed at bringing academic knowledge beyond the university, transforming it into a form of critical and political pedagogy accessible to all.

Productions

Streghe Podcast

Role: Author, Producer, and Host

Platform: Spotify

Publication Period: 2020 – Present

Description: Streghe is an innovative project that explores the figure of the Witch from feminist, esoteric, socio-political, queer, and spiritual perspectives, featuring scholars, academics, and experts.

In each episode, Sofia Righetti introduces a new theme, bringing to light the figure most marginalized and oppressed by patriarchal society: those who rebel, the outsiders, the “bad” ones who are feared yet fascinating because they have never bowed their heads.

Streghe is available on all streaming platforms and as a subtitled video podcast on YouTube.

Stregoneria e Attivismo

Role: Author, Producer, and Host

Platform: Patreon

Publication Period: 2020 – Present

Description: A podcast exploring the intersection of transfeminist spiritual practices and care within activism, aimed at those interested in the connection between spirituality, feminism, queer identity, and political engagement.

This space offers reflections, reading recommendations, and tools to awaken one’s most rebellious part—both for newcomers and seasoned practitioners.

A journey through witchcraft as a practice of personal and collective transformation, to build the power necessary to change the world together.

Bad Crip Girl Podcast

Role: Author, Producer, and Host

Platform: Patreon

Publication Period: 2020 – Present

Description: A podcast dedicated to Disability Studies, Feminist Disability Studies, and Crip Studies, and how they intersect with other social realities.

Righetti explores key themes and current events through a transfeminist and crip lens, offering book and TV series reviews, reflections on representation, and critical analyses of contemporary issues.

Guest

Episode 72 – Feminist and Queer Witchcraft on the podcast Palinsesto Femminista

Role: Guest Speaker

Platform: Spotify

Publication Date: 26 October 2022

Description: What does it mean to define oneself as a witch in 2022? Who were witches then, and who are they now? Can a practice born from the margins become a safe space for marginalized people? The answer is yes — and Sofia Righetti tells us why.

Talking about Ableism and Spirituality with Sofia Righetti on the podcast Lato E

Role: Guest Speaker

Platform: Spotify

Publication Date: 13 November 2023

Description: Have you ever considered that an overly spiritual approach to disability can slip into ableism? In this episode, Sofia Righetti — activist and educator in Disability Studies — shares her story and explains how witchcraft and ritual practices have become a safe, judgment-free haven. The result is a powerful combination of political struggle and the tenderness of mindful spiritual practice. Spoiler: yes, they can coexist.

Episode 5 – Sofia Righetti on the Verona Deep Podcast

Role: Guest Speaker

Platform: Spotify

Publication Date: 10 March 2023

Description: Sofia Righetti is one of the most determined activists we have ever met. Together, we delve into her legal victory in the lawsuit against the Verona Arena and explore key issues in the fight against ableism.

Episode 24 – Feminism and Ableism on the podcast Palinsesto Femminista

Role: Guest Speaker

Platform: Spotify

Publication Date: 9 September 2020

Description: Feminism claims the right for women not to be seen solely as bodies. But what happens when your body has never been seen at all? The answer can be found in the Feminist Disability Studies, which seek to fill the void left by ableist feminism for far too long. Sofia Righetti explores these themes in depth.

Episode 11 – CRIP PRIDE with Sofia Righetti on the podcast Queer Scream

Role: Guest Speaker

Platform: Spotify

Publication Date: 5 March 2021

Description: The LGBTQIA+ community is not the only one excluded from mainstream representation. Many other communities face similar treatment, where representation is scarce and often steeped in ableist stereotypes. Together with hosts Mattia and Enrico, Sofia Righetti dives into an analysis of how disabled people are represented in popular media.

Evviva le streghe! (Long Live the Witches!) on the podcast Solo se ti rende felice

Role: Guest Speaker

Platform: Spotify

Publication Date: 7 October 2021

Description: A conversation on witchcraft and spiritual activism with Sofia Righetti, intersectional feminist and disability rights advocate, educator, and scholar of Disability and Gender Studies.

SPORTING EXPERIENCE AND AWARDS

Italian National Alpine Ski Championships – FISIP, 2014

Winner of the title Paralympic National Alpine Ski Champion

Gold Medal in Giant Slalom

Silver Medal in Slalom

Prato Nevoso (CN), 2014

Professional Paralympic Alpine Skier

Edelweiss Ski Club, 2012–2014

Italian National Alpine Ski Championships – FISIP, 2013

Bronze Medal in Giant Slalom

Campo Felice (AQ), 24 March 2013

FIELDS OF INTEREST

Disability Studies, Critical and Crip Studies, Feminist Disability Studies, Queer Studies, Gender Studies, Disability and Social Justice, Intersectional Feminism, Feminist Philosophy, Critical Pedagogy, Feminist Pedagogy, Disability Rights, Care within Marginalized Communities, Qualitative Research Methodology, Autoethnographic and Creative Methods, Intersectional and Decolonial Studies

PERSONAL DATA

I authorize the processing of my personal data in accordance with Legislative Decree No. 196 of 30 June 2003, “Personal Data Protection Code.”

Verona, 11/04/2025

