

PERSONAL INFORMATION

Silvia Poli

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Date of birth 09/10/1992 | Nationality Italian

WORK EXPERIENCE

October 2020 – Present

PhD Student

University of Verona

March 2019 – September 2020

Early stage researcher - Grant holder

Department of clinical psychology, University of Milan

January 2019 – September 2020

Teaching assistant in clinical psychology

University of Milan

April 2017 – April 2018

Internship in psychology

Department of Clinical Psychology – Asst Santi Paolo e Carlo, Milano

January 2018

Simulated patientProgram to Enhance Relational and Communication Skills (PERCS) with dentistry student
Santi Paolo e Carlo Hospital.

November 2015 - February 2016

Junior ResearcherCERISMAS (Research Center in Healthcare Management) – Università Cattolica del Sacro Cuore.
Research project: performance measurement in primary healthcare.

EDUCATION AND TRAINING

16-20 September 2019

rEACH summer school and EACH Forum on Healthcare CommunicationEACH: International Association for Communication in Healthcare
Stadsgehoorzaal, Leiden, Holland

3-5 April 2019

How to Teach: Experiential Communication Skills TeachingEACH: International Association for Communication in Healthcare
Schola Medica, Utrecht, Holland

1-2 April 2019

What to Teach in Communication Skills Teaching: Skills and StructureEACH: International Association for Communication in Healthcare
Schola Medica, Utrecht, HollandSeptember 2018 –
September 2018**Summer School: “Personality disorders: New developments in assessment, treatment, and basic research”**

Lake Como School of Advanced Studies

23 April 2018

Seminar: “Words that Matter. Translating theory and evidence about communication into effective practice in the healthcare domain”

Università Cattolica del Sacro Cuore - Milan

Master's degree in Clinical Psychology

Università Vita e Salute San Raffaele - Milano

Final grade di 110/110 (cum laude)

Bachelor's degree in Psychology

Università Cattolica del Sacro Cuore - Milano

Final grade di 110/110 (cum laude)

September 2014 – February 2017

September 2011 – September 2014

PERSONAL SKILLS

Mother tongue Italian

Other language

English

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B2	B2	B2	B2	B2
First Certificate in English, B2.					

Communication skills and
Organisational

- Good communication skills. Excellent teamwork attitude. Good problem solving ability.

Digital skills

SELF-ASSESSMENT

Information processing	Communication	Content creation	Safety	Problem solving
Proficient user	Proficient user	Independent user	Independent user	Independent user

- good command of office suite (word processor, spread sheet, presentation software)
- good command of on-line communication tool (social network, e-mail)
- good command of internet, web browser and databases (scopus, pubmed, psycinfo) for research purposes

ADDITIONAL INFORMATION

Publications

Poli S., Daniela Sorrentino D., Lodi G., Vigni E. Comunicare cattive notizie in odontoiatria. Dental cadmos (Accepted).

Poli, S., di San Marco, E. C., Andighi, E., & Vigni, E. A. (2020). COVID-19 older hospitalized patients: three clinical-psychological patterns. Journal of Gerontology and Geriatrics.

Borghi, L., Poli, S., Furfaro, F., Allocata, M., & Vigni, E. A. M. (2021). Psychological challenges for Inflammatory Bowel Disease patients during COVID-19 pandemic. Psychosomatic Medicine.

Borghi, L., Leone, D., Poli, S., Becattini, et al. (2019). Patient-centered communication, patient satisfaction, and retention in care in assisted reproductive technology visits. Journal of assisted reproduction and genetics, 36(6), 1135-1142.

Poli S., Brusa F., Fossati I., Vigni E. (2018). "Ti liberi dei cadaveri che abbiamo dentro di noi": la psicoterapia psicodrammatica e il tema della morte nei pazienti oncologici. Giornale Italiano di Psico-Oncologia, 20(1/2), 44-56

Conferences – oral presentations

Poli S., Leone D., Borghi L., Filippini C., Vigni E. Doctor-couple communication during assisted reproductive technology visits and patients satisfaction. Congresso Nazionale SIFES (società italiana di fertilità e sterilità- Italian fertility and sterility association), Riccione 17-19 May, 2018.

Conferences - symposium

Poli S., Borghi L., Vigni E. Jokes in assisted reproductive technology visits: a quantitative and qualitative analysis. (XIII national conference of Società Italiana di psicologia della salute SIPSA (italian health psychology association) - Napoli, 23 - 25 Maggio 2019. In the symposium "assisted reproductive technology and psychological health: couples and healthcare professionals' perspective".

Borghi L., Poli S., Vigni E. "The day after the twin towers". Patients' experience about the chronic myeloid leukemia journey. In the symposium: patient experience and patient engagement: a

Conferences - poster

clinical perspective, Italian association of psychology - 2018.

Galli F., Balestrieri R., Poli S., Vigni E. Sexuality and assisted reproduction treatment: an(other) elephant in the room. Italian association of psychology Turin, 29 September 2017 - 01 October 2017.

Memberships

Member of International Association for Communication in Healthcare (2019- Today)

Member of Associazione Italiana Psicologia – sezione psicologia clinica e dinamica (2019 - Today)

Milan, 08/02/2021