

Name: Maddalena Trombetta
Date of birth: 01/09/1972
Place of birth: Verona, Italy

EDUCATION:

1997: Degree in Medicine, University of Verona, Italy
2002: Postgraduate in Endocrinology and Metabolism Diseases, University of Verona
2006: Ph.D. in Chronic-Degenerative Diseases, University of Verona
2006-2008: Post-doctoral researcher at Department of Medicine, University of Verona
2009: Research Scientist at Department of Medicine, University of Verona
2015: Coordinator of the Veneto Regional Reference Centre for "High Diabetes and Metabolism Technologies"
2018: Functional professional Assignment "Technologies in diabetes"
2022: Associate Professor in Endocrinology and Metabolism Diseases, University of Verona
2023: Awarded a Second-Level Master's Degree in Pituitary and Adrenal Diseases from the University of Padua, with a thesis entitled: "Ipoglicemia nell'Insufficienza Surrenalica: un'associazione negletta"
2025: Position of Highly Specialized Professional in "Advanced Technologies in Diabetes Mellitus and Metabolic Diseases" at UOC Endocrinologia, Diabetologia e Malattie del Metabolismo

ACQUAINTED SCIENTIFIC SKILLS:

- Knowledge of the basis technique for clinical studies on the metabolism, such as hyperinsulinemic euglycemic clamp, Intravenous Glucose Tolerance Test (IVGTT), using radioactive and non-radioactive glucose tracer, indirect calorimetry and arm perfusion technique.
- Knowledge of the ecographic technique for measuring the arterial distensibility and compliance of the human conductance arteries using an echo-tracking device in B-M mode (Wall Track System)
- Knowledge of SAAM 1.2 software program for analysing the minimal model of C-peptide secretion, measured using Oral Glucose Tolerance Test (OGTT), Intravenous Glucose Tolerance Test (IVGTT) and hyperglycemic clamp (HGC).
- Extensive knowledge of AID (automated insulin device) therapy in type 1 diabetes, diabetes FC-related and diabetes after pancreatectomy
- Management of eating disorder and Member of the working group on the PDTA at AOUI Verona for the management of patients with feeding and eating disorders

PROJECTS

She participated to the following financed projects and some of these are still in progress:

2003-2008: University of Pisa, Italian Society of Diabetology, Eli Lilly and Company. Title: "GENFIEV: Evaluation of Genetic, Biochemical and Clinical Determinants of Type 2 Diabetes Progression in Subjects at High Risk. "

2003: European Foundation for the Study of Diabetes, MIUR and University of Verona. Title: "The Verona Newly Diagnosed Type 2 Diabetes Study (VNDS). Construction of a Biobank of Diabetes Related Genotypes and Phenotypes"

2009: University of Verona. Title: "Comparison of Aerobic and Resistance Training Effects on Glycemic Control in Type 2 Diabetes (RAED2)"

2013: European Foundation for the Study of Diabetes and University of Verona. Title: "Meal Glucose Regulation in Type 1 Diabetes on Insulin Pump Therapy: Towards a Better Understanding of the Glucose-Insulin System".

2014: University of Padua and University of Verona. Title: "Impact of Locus of Control and Fear of Hypoglycaemia on clinical efficacy and treatment satisfaction in type 1 diabetes patient on Insulin Pump Therapy"

2017: University of Verona. Title: "Transition from pediatric to adult diabetes care system for young adults with type 1 diabetes: a register of metabolic and psychological features"

2018: University of Verona. Title: "Accuracy of CGM during exercise in type 1 diabetes"

2021: Studio prospettico multicentrico, randomizzato a gruppi paralleli in rapporto 1:1 a piani adattativi di fase IIb/III nell'uso di polichemioterapia per indurre remissione del diabete tipo 2 in pazienti neodiagnosticati

2023: European funded research project: INTERCEP-T2D:Early Interception of Inflammatory-mediated Type 2 Diabetes: Grant agreement ID: 101095433

2022: University of Verona Utilizzo di sistemi automatizzati ibridi per l'infusione di insulina durante due tipologie di attività fisica in soggetti affetti da diabete mellito tipo 1"

2023: University of Verona Evaluation of Beta-Cell Function after Total Pancreatectomy with Autologous Islet Transplantation in Subjects with Pancreatic Neoplasia: a Pilot Study in Verona

2025: University of Verona Trattamento chirurgico dei difetti infraossei parodontali in pazienti diabetici e non diabetici tramite l'utilizzo di biomateriale: studio clinico prospettico caso-controllo

2025: Gruppo interassociativo SID-AMD-SIEDP: "Tecnologia e Diabete": Dati epidemiologici real world provenienti da una popolazione italiana di soggetti utilizzatori di Tidepool Loop e Omnipod Dash

2025: PROGETTO TRAN-SID-ZIONE 2025: un'indagine sui giovani diabetici che hanno affrontato la transizione dalla Diabetologia dell'età Pediatrica a quella dell'età Adulta

2025:INNODIA Family and Friend Early Stage T1D Detection (INNODIA DETECT) Protocol

She is author of 77 scientific publications on international journals.

Pubblicazioni per esteso

1. Zazzeron L, Grancini V, **Trombetta M**, Alicandro G, Boselli ML, Cogliati I, Mantovani G, Gramegna A, Blasi F, Bonadonna RC, Orsi E, Daccò V. Beta cell function and insulin sensitivity during elxacaftor/tezacaftor/ivacaftor therapy in people with cystic fibrosis. *Front Endocrinol (Lausanne)*. 2026 Feb 27;17:1774728.
2. Bao Tran Vuong, Chloe' M. Delepine, Jacqueline M. Ratter-Rieck, Elisabetta Rinaldi, Jean-Baptiste Julla, Emma Creussot, Marc Diedisheim, Violeta Raverdy, Elise Liu, Justus S. Fischer, Matthias Hepprich, Fawaz Alzaid, Camille Blieriot Etienne Becht, Clemence Cornuot, Joe de Keizer, Macine-Bachir Abdelouahab, Magali Chiral, Rebecca Pfeil, Polina Lipaeva, Daniel Dorr, Oana P. Zaharia, Theo Jolivet, Julie Alberge, Charline Potier, Kennan Khider, Frederik Oger, Jean-Pierre Riveline, Tiphaine Vidal-Trecan, Florence Tubach, Candice Estellat, Judith Abecassis, Aymeric Silvain, Samy Hadjadj, Gael Varoquaux, Robert Wagner, Philippe Froguel, Amelie Bonnefond, Pierre-Jean Saulnier, Francois Pattou, Florent Ginhoux, Michael Roden, **Maddalena Trombetta**, Louis Potier, Christian Herder, Jean-Francois Gautier, Marc Y. Donath, Riccardo C. Bonadonna, and Nicolas Venteclef. Immunometabolic endotypes define distinct clinical trajectories in type 2 diabetes. 2026, *Cell Metabolism* 38, 1–18
3. Irace C, Assaloni R, Avogaro A, Candido R, Cherubini V, Coluzzi S, Dicembrini I, Di Bartolo P, Di Molfetta S, Franceschi R, Frattolin E, Grancini V, Guardasole V, Marcello D, Beri M, Nervo S, Rabbone I, Rapellino A, Scarpitta AM, Tinti D, **Trombetta M**, Zanfardino A, Scaramuzza A. Efficacy, safety, and legal considerations of do-it-yourself artificial pancreas systems: a position statement from Italian diabetes societies. *Acta Diabetologica*, 2025 Aug 7.
4. A. Dei Cas, R. Aldigeri, G. Maglietta, E. Balestreri, M. Garofolo, G. Daniele, G. Penno, **M. Trombetta**, A. Csermely, M. Antonini, A. Vazzana, V. Moretti, S. Flamigni, V. Spigoni, G. Cinquegrani, F. Fantuzzi, M. Monesi, P. Di Bartolo, U. Pagotto, C. Caminiti, R.C. Bonadonna. Oral polychemotherapy to induce remission in newly diagnosed type 2 diabetes: a pragmatic, multicenter, randomized controlled trial. *J Endocrinol Invest*. 2026 Sep;49(9):2521-2531.
5. A. Csermely, M. Tuveri, G. Lionetto, M. Fontana, G. Mansueto, A. Turazzini, S. Sheiban, M. Colombini, F. Nocilla, C. Marruganti, R. Melzi, R. Nano, A. Mantovani, R.C. Bonadonna, **M. Trombetta**, L. Piemonti, R. Salvia. Continuous Glucose Monitoring and Long-Term Assessment of Islet Function in Autologous Islet Transplantation after Total Pancreatectomy for Neoplasm: Preliminary Insights from a Prospective Study. *Diabetes Technol Ther* 2025 Sep 29
6. Fadini GP, Longato E, Poletto S, Giaccari A, Ghiani M, Strazzabosco M, **Trombetta M**, Penno G, Avogaro A, Solini A, Consoli A; GLIMPLES study investigators and DARWIN-Renal study investigators. Effectiveness of oral semaglutide versus empagliflozin for the management of type 2 diabetes. PIONEER-2 trial emulation with real-world data. *Diabetes Obes Metab*. 2025 Sep 24.
7. Csermely A, Borella ND, Turazzini A, Pilati M, Sheiban SS, Bonadonna RC, Trevisan R, **Trombetta M**, Lepore G. Different Times for Different Metrics: Predicting 90 Days of Intermittently Scanned Continuous Glucose Monitoring Data in Subjects With Type 1 Diabetes on Multiple Daily Injection Therapy. Findings From a Multicentric Real-World Study. *J Diabetes Sci Technol*. 2025 Jan 7;19322968241308564. doi: 10.1177/19322968241308564.
8. Vigolo N., Toffalini A., Rolli N., Paviati M., Gelati M., **Trombetta M.**, Danese E., Zoppini G. Metformin is associated with low levels of vitamin B12 with no effect on other vitamin levels. A selective action of metformin. *Nutr Metab Cardiovasc Dis*. 2025 Jun 11
9. Piona C, Mozzillo E, Tosco A, Zusi C, Emiliani F, Volpi S, Di Candia F, Raia V, Boselli ML, **Trombetta M**, Cipolli M, Bonadonna RC, Maffei C. A longitudinal study of glucose tolerance in cystic fibrosis: the central role of beta cell functional mass. *The Journal of Clinical Endocrinology & Metabolism*, 2025, 110, e1670–e1677
10. Tips for successful use of commercial automated insulin delivery systems: An expert paper of the Italian working group on diabetes and technology. S. Di Molfetta, A. Rossi, R. Assaloni, R. Franceschi, V. Grancini, V. Guardasole, A.E. Scaramuzza, A.M. Scarpitta, **M. Trombetta**, A. Zanfardino, R. Candido, A. Avogaro, V. Cherubini, C. Irace; AMD-SID-SIEDP Working Group on Diabetes and Technology. *Diabetes Res Clin Pract* 2025 May;223:112117.
11. V. Graziani, T. Suprani, P. Di Bartolo, I. Rabbone, S. Bellone, R. Foglino, A. Laurenzi, M. Marigliano, **M. Trombetta**, C. Ripoli, R.M. Pilosu, E. Mozzillo, L. Bozzetto, M. Bonati, F. Marchetti, TRANSIDEA Study Group. Esperienze di pazienti e operatori coinvolti nel processo di transizione dai servizi pediatrici ai centri dell'adulto per giovani con diabete tipo 1 in Italia: lo studio TransiDEA (II fase). *Recenti Prog Med* 2025; 116: 1-9
12. C. Zusi, S. Bonetti, E. Rinaldi, A. Csermely, M.L. Boselli, D. Travia, L. Santi, E. Bonora, R.C. Bonadonna, **M. Trombetta**. Interactions of the osteokines, glucose/insulin system and vascular risk networks in patients with newly diagnosed type 2 diabetes (VNDS 15). *Diabetes Metab Res Rev*. 2024 Oct;40(7):e3847

13. Da Prato G, Csermely A, Pilati M, Carletti L, Rinaldi E, Donà S, Santi L, Negri C, Bonora E, Moghetti P, **Trombetta M**. A Randomized Crossover Trial Comparing Glucose Control During Postprandial Moderate Aerobic Activity and High-Intensity Interval Training in Adults With Type 1 Diabetes Using an Advanced Hybrid Closed-Loop System. *J Diabetes Sci Technol*. 2024 Jul 30.
14. E. Rinaldi, F.C.T. van der Heide, E. Bonora, **M. Trombetta**, C. Zusi A.A Kroon, M.T Schram, C.J.H. van der Kallen, A. Wesselius, R. Bonadonna, A. Mari, C. G Schalkwijk, M.MJ van Greevenbroek & C. DA Stehouwer Lower heart rate variability, an index of worse autonomic function, is associated with worse beta cell response to a glycemic load in vivo—The Maastricht Study. *Cardiovascular Diabetology* (2023) 22:105
15. Bruttomesso D. Irace C. Pozzilli P on behalf of the SAGE study group. A sub-analysis of the SAGE study in Italy indicates good glycemic control in type 1 diabetes NMCD 2023 March, 33; 631-639
16. A. Dallatana, L. Cremonesi, **M. Trombetta**, G. Fracasso, R. Nocini, L. Giacomello, and G. Innamorati. G Protein-Coupled Receptors and the Rise of Type 2 Diabetes in Children. *Biomedicines* 2023 May 29;11(6):1576.
17. R. Messina, L. Indelicato, M. Iommi, **M. Trombetta**, T. Roos, N. Hermanns, A. Di Sipio, M.P. Fantini & V. Calvo. Assessing attitudes towards insulin pump therapy in adults with type 1 diabetes: Italian validation of the Insulin Pump Attitudes Questionnaire (IT-IPA questionnaire). *Acta Diabetol*. 2023 May;60(5):687-695
18. C. Zusi, A. Csermely, E. Rinadi, K. Bertoldo, S. Bonetti, M.L. Boselli, D. Travia, E. Bonora, R.C. Bonadonna, **M. Trombetta**. Crosstalk between genetic variability of adiponectin and leptin, glucose-insulin system and subclinical atherosclerosis in patients with newly diagnosed type 2 diabetes. The Verona Newly Diagnosed Type 2 Diabetes Study 14. *Diabetes Obesity and Metabolism* 2023 June; 25(2)
19. S Bonetti, C Zusi, E Rinaldi, M L Boselli, A Csermely, G Malerba, E Trabetti, E Bonora, R C Bonadonna. **M Trombetta**. Role of monogenic diabetes genes on beta cell function in Italian patients with newly diagnosed type 2 diabetes. The Verona Newly Diagnosed Type 2 Diabetes Study (VNDS) 13. *Diabetes Metab* 2022 Jan 16;48(4)
20. Marcon D, Tagetti A, Piona C, Giontella A, Bortolotti S, Bonafini S, Carletti L, Morandi A, **Trombetta M**, Maffei C, Fava C. Markers of subclinical vascular damage in young adults with type 1 diabetes mellitus: the role of central blood pressure. *J Hypertens*. 2022 Aug 23.
21. Piona C, Mozzillo E, Tosco A, Volpi S, Rosanio FM, Cimbalo C, Franzese A, Raia V, Zusi C, Emiliani F, Boselli ML, **Trombetta M**, Bonadonna RC, Cipolli M, Maffei C. Impact of CFTR Modulators on Beta-Cell Function in Children and Young Adults with Cystic Fibrosis. *J Clin Med*. 2022 Jul 17;11(14)
22. E. Sani. G. Da Prato, M.G. Zenti, A. Bordugo, **M. Trombetta**, E. Bonora. Effects of semaglutide on glycemic control and weight loss in a patient with Prader-Willi Syndrome: A case report. *Endocr Metab Immune Disord Drug Targets* 2022;22(10):1053-1057.
23. Bonora E, **Trombetta M**, Dauriz M, Brangani C, Cacciatori V, Negri C, Pichiri I, Stoico V, Rinaldi E, Da Prato G, Boselli ML, Santi L, Moschetta F, Zardini M, Bonadonna RC. Insulin resistance and beta-cell dysfunction in newly diagnosed type 2 diabetes: Expression, aggregation and predominance. *Verona Newly Diagnosed Type 2 Diabetes Study* 10. *Diabetes Metab Res Rev*. 2022 Oct;38(7)
24. Zusi C, Rinaldi E, Bonetti S, Boselli ML, Trabetti E, Malerba G, Bonora E, Bonadonna RC, **Trombetta M**. Haplotypes of the genes (GCK and G6PC2) underlying the glucose/glucose-6-phosphate cycle are associated with pancreatic beta cell glucose sensitivity in patients with newly diagnosed type 2 diabetes from the VNDS study (VNDS 11). *J Endocrinol Invest* 2021; 44 (12)
25. Da Prato G, Pasquini S, Rinaldi E, Lucianer T, Donà S, Santi L, Negri C, Bonora E, Moghetti P, **Trombetta M**. Accuracy of CGM Systems During Continuous and Interval Exercise in Adults with Type 1 Diabetes. *J Diabetes Sci Technol*. 2021 Jun 11:19322968211023522.
26. Zoppini G, **Trombetta M**, Pastore I, Brangani C, Cacciatori V, Negri C, Perrone F, Pichiri I, Stoico V, Travia D, Rinaldi E, Da Prato G, Bittante C, Bonadonna RC, Bonora E. Glomerular filtration rate decline in T2DM following diagnosis. The Verona newly diagnosed diabetes study-12. *Diabetes Res Clin Pract*. 2021 May;175:
27. Bonora E, Fedeli U, Schievano E, **Trombetta M**, Saia M, Scroccaro G, Tacconelli E, Zoppini G. SARS-CoV-2 and COVID-19 in diabetes mellitus. Population-based study on ascertained infections, hospital admissions and mortality in an Italian region with ~5 million inhabitants and ~250,000 diabetic people. *Nutr Metab Cardiovasc Dis*. 2021 Aug 26;31(9):2612-2618.
28. C. Piona, S. Volpi, C. Zusi, E. Mozzillo, A. Tosco, A. Franzese, V. Rita, M.L. Boselli, M. **Trombetta**, M. Cipolli, R.C. Bonadonna, C. Maffei. Glucose tolerance stages in Cystic Fibrosis are identified by a unique pattern of defects of Beta-cell function. *J Clin Endocrinol Metab* 2021, 106 (4)
29. Pasquini S, Rinaldi E, Da Prato G, Csermely A, Indelicato L, Zaffani S, Santi L, Sabbion A, Maffei C, Bonora E, **Trombetta M**. Growing up with Type 1 Diabetes Mellitus: data from the Verona Diabetes Transition Project. *Diabet Med*. 2021 Oct 17
30. S. Bonetti, C. Zusi, E. Rinaldi, M.L. Boselli, C. Patuzzo, E. Trabetti, G. Malerba, C. Bianchi, G. Lombardi, G. Zaza, S. Del Prato, G. Gambaro, E. Bonora, R. C. Bonadonna, **M. Trombetta**. Common Variants Associated to Type 2 Diabetes in the Italian Population. *Open Journal of Endocrine and Metabolic Diseases* 2021; Vol.11 No.1.

31. Rinaldi E, Zenti MG, **Trombetta M**, Ceradini G, Altomari A, Boselli ML, Santi L, Battistoni M, Bonadonna RC, Bonora E. Changes induced by metabolic surgery on the main components of glucose/insulin system in patients with diabetes and obesity. *Acta Diabetol.* 2020
32. E. Bonora, **M. Trombetta**, M. Dauriz, D. Travia, V. Cacciatori, C. Brangani, C. Negri, F. Perrone, I. Pichiri, V. Stoico, G. Zoppini, E. Rinaldi, G. Da Prato, M.L. Boselli, L. Santi, F. Moschetta, M. Zardini, and R. C. Bonadonna. Chronic complications in patients with newly diagnosed type 2 diabetes: prevalence and related metabolic and clinical features: the Verona Newly Diagnosed Type 2 Diabetes Study (VNDS) 9. *BMJ Open Diabetes Res Care*, 2020; 8 (1): e001549
33. G. Zoppini, C. Bergamini, **M. Trombetta**, A. Mantovani, G. Targher, A. Toffalini, C. Bittante and E. Bonora Echocardiographic parameters according to insulin dose in young patients affected by type 1 diabetes. *PLoS One*. 2020; 15(12): e0244483.
34. Zoppini, G; Bergamini, C; **Trombetta, M**; Mantovani, A; Targher, G; Rinaldi, E; Bonora, E. Estimated peak systolic pulmonary artery pressure in young non-complicated patients with type 1 diabetes. *Eur Rev Med Pharmacol Sci* 2020; 24 (9).
35. Pasquini S, Da Prato G, Tonolo G, Bonora E, **Trombetta M**. Continuous intraperitoneal insulin infusion: an alternative route for insulin delivery in type 1 diabetes. *Acta Diabetol.* 2020 Jan;57(1):101-104
36. Indelicato L, Calvo V, Dauriz M, Negri A, Negri C, **Trombetta M**, Bonora E. Depressive symptoms and glycaemic control in adults with type 1 diabetes: an exploratory study on the role of family functioning. *Acta Diabetol.* 2020 Jan;57(1):23-30.
37. Dwivedi OP, Lehtovirta M, Hastoy B, Chandra V, Krentz NAJ, Kleiner S, Jain D, Richard AM, Abaitua F, Beer NL, Grotz A, Prasad RB, Hansson O, Ahlqvist E, Krus U, Artner I, Suoranta A, Gomez D, Baras A, Champon B, Payne AJ, Moralli D, Thomsen SK, Kramer P, Spiliotis I, Ramracheya R, Chabosseau P, Theodoulou A, Cheung R, van de Bunt M, Flannick J, **Trombetta M**, Bonora E, Wolheim CB, Sarelin L, Bonadonna RC, Rorsman P, Davies B, Brosnan J, McCarthy MI, Otonkoski T, Lagerstedt JO, Rutter GA, Gromada J, Gloyn AL, Tuomi T, Groop L. Loss of ZnT8 function protects against diabetes by enhanced insulin secretion. *Nat Genet.* 2019 Nov;51(11):1596-1606.
38. Zoppini G, **Trombetta M**, Sabbagh L, Dauriz M, Mantovani A, Bergamini C. Impaired Aortic Valve Growth in Type 1 Diabetes Mellitus. *Can J Cardiol.* 2019 Jul;35(7): 941.e5-941.e6
39. Grancini V, **Trombetta M**, Lunati ME, Boselli ML, Gatti S, Donato MF, Palmieri E, Resi V, Pugliese G, Bonadonna RC, Orsi E Central role of the β -cell in driving regression of diabetes after liver transplantation in cirrhotic patients. *J Hepatol.* 2019 May;70(5):954-962.
40. Zoppini G, Bergamini C, **Trombetta M**, Sabbagh L, Dauriz M, Mantovani A, Targher G, Fossà I, Rinaldi E, Bonora E- Increased aortic stiffness index in patients with type 1 diabetes without cardiovascular disease compared to controls. *J Endocrinol Invest.* 2019 Mar 16
41. Zusi C, **Trombetta M**, Bonetti S, Dauriz M, Boselli ML, Trabetti E, Malerba G, Penno G, Zoppini G, Bonora E, Solini A, Bonadonna RC A renal genetic risk score (GRS) is associated with kidney dysfunction in people with type 2 diabetes. *Diabetes Res Clin Pract.* 2018 Oct; 144:137-143.
42. Mantovani A, Teobaldi I, Stoico V, Perrone F, Zannoni M, Cima L, Bruti M, Mingolla L, **Trombetta M**, Bonora E- Cutaneous squamous carcinoma in a patient with diabetic foot: an unusual evolution of a frequent complication. *Endocrinol Diabetes Metab Case Rep.* 2018 Jul 31;2018
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44. Dauriz M, Bacchi E, Boselli L, Santi L, Negri C, **Trombetta M**, Bonadonna RC, Bonora E, Moghetti P. Association of free-living physical activity measures with metabolic phenotypes in type 2 diabetes at the time of diagnosis. The Verona Newly Diagnosed Type 2 Diabetes Study (VNDS). *Nutr Metab Cardiovasc Dis.* 2018 Jan 9. PubMed PMID: 29477578.
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52. Dauriz M, **Trombetta M**, Boselli L, Santi L, Brangani C, Pichiri I, Bonora E, Bonadonna RC. Interleukin-6 as a potential positive modulator of human beta-cell function: an exploratory analysis-the Verona Newly Diagnosed Type 2 Diabetes Study (VNDS) 6. *Acta Diabetol*. 2016 Jun;53(3):393-402.
53. Grancini V, **Trombetta M**, Lunati ME, Zimbalatti D, Boselli ML, Gatti S, Donato MF, Resi V, D'Ambrosio R, Aghemo A, Pugliese G, Bonadonna RC, Orsi E. Contribution of β -cell dysfunction and insulin resistance to cirrhosis-associated diabetes: Role of severity of liver disease. *J Hepatol*. 2015 Dec; 63(6):1484-90.
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Chapter of book:

Co-author of the chapter: "Methods to Assess In Vivo Insulin Sensitivity and Insulin Secretion" all'interno del libro: *Diabetes Epidemiology, Genetics, Pathogenesis, Diagnosis, Prevention, and Treatment* (<https://doi.org/10.1007/978-3-319-45015-5>)