

PERSONAL INFORMATIONS



Gaia Torrenzano

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Sex Female

Date of birth 02-12-1993

Nazionalità Italian

PROFESSION **MIDWIFE**

PROFESSIONAL EXPERIENCE

From 27/10/2019 to present

Midwife, IRCCS Sacro Cuore/Don Calabria – Negrar (VR)

IRCCS Ospedale Sacro Cuore Don Calabria, Negrar di Valpolicella– Viale L. Rizzardi n°4, 37024

Departments: Delivery Room, Obstetrics Ward, Obstetrical-Gynecological Emergency Room, Obstetric Clinics

From 06/11/2018 to
26/10/2019

Nurse, IRCCS Sacro Cuore/Don Calabria – Negrar (VR)

IRCCS Ospedale Sacro Cuore Don Calabria, Negrar di Valpolicella– Viale L. Rizzardi n°4, 37024

Department: Gynecology Ward

Teaching Activities (Lecturer/Tutor)

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| 28/10/2025 | - Co-Lecturer, Sociology of labor and organizational policies, "To stay or to leave? Quality of work and working life," 2 hours, referring professor Giorgio Gosetti, Strategic Studies for Security and International Policies Degree Course, University of Verona |
| 2024/2025 | - Co-Lecturer, Disciplinary Sector SPS/09 – Sociology of economic and labor processes, Methodology of analysis of organizational processes, module "Sociology of organizations," 2 hours, referring professor Giorgio Gosetti, Master's Degree Course in Nursing and Midwifery Sciences, University of Verona |
| 09-10/2024 | - Lecturer, Seminar MED 47, "Clinical cases in obstetrics-gynecology-neonatology", |

	12 hours, Midwifery Degree Course, University of Verona
From 2024	- Lecturer, "Health, illness, disability," 8 hours, OSS Course 2024, IRCCS Ospedale Sacro Cuore Don Calabria, Negrar di Valpolicella
From 2023	- Lecturer, Disciplinary Sector MED/47, Obstetrical-Gynecological Nursing Sciences, module "Obstetrical assistance in urgent and emergency obstetrical-gynecological cases", 30 hours, Midwifery Degree Course, University of Verona
From 2020	- Lecturer, Disciplinary Sector MED/47, Obstetrical-Gynecological Nursing Sciences, module "Assistance in obstetrical-gynecological oncology," 15 hours, Midwifery Degree Course, University of Verona
2020/2021/2022/2024	- Lecturer, Seminar MED 47, "Management of dressings", 4 hours, Midwifery Degree Course, University of Verona
29/10/2025	- Supervisor for a 1st Level Master's thesis in "The use of ultrasound in the clinical practice of the midwifery profession", University of Padua, "Technology and touch: a possible balance in obstetric care," graduating student Sara Morabito
31/05/2025	- Supervisor for a three-year degree thesis, Midwifery Degree Course, University of Verona – "Obstacles and barriers to HPV vaccination: analysis of strategies, timing, and content to increase adherence," graduating student Eleonora Ciuciulla
21/11/2024	- Supervisor for a three-year degree thesis, Midwifery Degree Course, University of Verona – "Vaginismus and Vulvodynia: the role of obstetric counseling and perineal rehabilitation in reducing Elective Cesarean Section rates," graduating student Maria Laura Pizzardello
21/11/2024	- Supervisor for a three-year degree thesis, Midwifery Degree Course, University of Verona – "Study of the relationship between the level of maternal satisfaction and the one-to-one assistance model," graduating student Sara Castagna
07/03/2023	- Co-supervisor for a Master's thesis, Degree Course in Human Nutrition Sciences, San Raffaele University, Rome – "Gestational Diabetes and the Mediterranean Diet: a model for clinical practice," graduating student Denisa Adochitei
20/11/2023	- Supervisor for a three-year degree thesis, Midwifery Degree Course, University of Verona – "Assistance for precipitous labor in an out-of-hospital setting: maternal and neonatal outcomes and implications for practice from a literature review," graduating student Eleonora Zorzi
	- Co-supervisor for a three-year degree thesis, Midwifery Degree Course, University of Verona – "Continuous support during labor and one-to-one assistance: definition through a literature review," graduating student Valeria Campara
16/11/2022	- Supervisor for a three-year degree thesis, Midwifery Degree Course, University of Verona – "Induction of labor for post-term pregnancies: a care pathway and related informational needs," graduating student Alessia Cavallo
	- Supervisor for a three-year degree thesis, Midwifery Degree Course, University of

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| 24/11/2021 | Verona – "Breastfeeding and prevention in the oncological field," graduating student Mary De Gasperi |
| 06/12/2018 | - Presenter/Speaker: 5th Meeting 2018, "Research and good practices in obstetrical-gynecological-neonatal sciences," held at the Faculty of Medicine and Surgery, Brescia |

Pubblicazioni e progetti di ricerca

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| 29/03/2025 | - Simona Fumagalli, Gaia Torrenzano, Anna Adami, Maria Panzeri, Annalisa De Lucia, Laura Antolini, Emma Caliori, Sabrina Bassetti, Michelangela Danza, Elio Lopresti, Virginia Michelerio, Edda Pellegrini, Antonella Nespoli, Valeria Donisi. 2025. "Validation of the Italian version of the Secondary Traumatic Stress Scale (STSS-I) within midwifery students". Nurse Education in Practice 85, 104342, https://doi.org/10.1016/j.nepr.2025.104342 |
| In progress | - Research Project: "2025_06; Intention to leave in the midwifery field, ITLOST"; Applicant: Giorgio Gosetti; CE (Ethics Committee) Contact Person: Salvati. Repertory no. 1068/2025 Protocol no. 189744 of 13/05/2025. Minutes of the meeting of 23/04/2025 of the Ethics Committee of the Department of Human Sciences of the University of Verona. |
| In progress | - Research Project: "Study of the relationship between the level of maternal satisfaction and the ONE-TO-ONE assistance model. Protocol Code: ONE-TO-ONE - Prog. 527CET." Investigator: Dr.ssa Gaia Torrenzano, CENTER: IRCCS Ospedale Sacro Cuore Don Calabria, Negrar di Valpolicella – UOC Gynecology and Obstetrics. Protocol no. 12079 of 21/02/2025, Territorial Ethics Committee of the South West Veneto area. |

Other activities

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| From 01/01/2025 | - Auditor for the Order of the Midwifery Profession of the Province of Verona |
| From 11/2022 to 01/2023 | - Classroom Tutor, "Management of emergency delivery in the territory," IRCCS Ospedale Sacro Cuore Don Calabria, Negrar di Valpolicella, UOC Gynecology and Obstetrics and General Emergency Room |
| 01/06/2022 | - Classroom Tutor, "Management of postpartum hemorrhage," IRCCS Ospedale Sacro Cuore Don Calabria, Negrar di Valpolicella, UOC Gynecology and Obstetrics |
| From 2021 | - Tutor for newly hired midwives and students of the Midwifery Degree Course, IRCCS Ospedale Sacro Cuore Don Calabria, Negrar di Valpolicella, UOC Gynecology and Obstetrics |
| From 01/01/2021 | - Councillor and Head of Digital Transition for the Order of the Midwifery Profession of the Province of Verona |

From 2020 - Classroom Tutor, "Obstetric emergencies: practical exercises to improve their management," IRCCS Ospedale Sacro Cuore Don Calabria in Negrar di Valpolicella, UOC Gynecology and Obstetrics

EDUCATION AND TRAINING

PhD in Human Sciences

In progress University of Verona, specialization in "Sociology of economic and labor processes", tutor Giorgio Gosetti, Academic Year 2025-2026

2020 - 2022 Master's Degree in Nursing and Midwifery Sciences

University of Verona – Faculty of Medicine and Surgery, Graduation Score: 110 with Honors (Cum Laude), Thesis Title: "Intention to leave and intention to stay in the midwifery field: investigative tools from the literature", Supervisor Prof. Giorgio Gosetti.

2015-2018 Bachelor's Degree in Midwifery

University of Verona – Faculty of Medicine and Surgery, Graduation Score: 110 with Honors (Cum Laude), Research Thesis Title: "The detection of perceived quality in the services of the Verona birth pathway, a cognitive survey," Supervisor Dr. Anna Adami
Midwife registered with the Professional Register at the OPO of Verona (no. 1127)

Bachelor's Degree in Nursing

2012-2015 University of Verona – Faculty of Medicine and Surgery, Graduation Score: 110 with Honors (Cum Laude), Research Thesis Title: "Papillomavirus and public health: analysis in a case study of young adults," Supervisor Dr. Elisa Tinazzi
Nurse registered with the Professional Register at the OPI of Verona (no. 9353)

Scientific High School Diploma

2007-2012 Niccolò Copernico Scientific High School with PNI option, Via Carlo Anti, 5, 37132, Verona

PERSONAL SKILLS

Mother Tongue Italian

Other languages

English

COMPREHENSION		SPEAKING		WRITING
Listening	Reading	Interaction	Oral production	
B1	B1	B1	B1	B1

Communication skills Excellent capacity for listening, relationship building, and communication with people, even

in multicultural environments

Organisational and management
skills

Good ability to organize and plan work independently and responsibly. Excellent time management skills

Professional Skills

Good knowledge of care processes acquired during work and internship experience.

Digital skills

Good ability to use the PC and the Office suite.

Driving licence

B, motorised

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24/10/2025

