

Curriculum Vitae

Personal Information

Name: Sherine Mohamed Kamel El-Mously

Date of birth: 22/1/1976

Address: University of Verona, Faculty of Medicine, Dept. Neurological, Neuropsychological, Morphological and Movement, Section of Clinical Neurology. Strada Le Grazie 8, 37134, Verona, Italy.

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Languages: Arabic (mother tongue), English, French and Italian.

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Qualification

- **1993** :Scientific French certificate
- **1993** :French Alliance certificate (with degree Very Good)
- **1994** : Graduated from Sacred Heart School
- **2000** : **M.B.B.ch** from the Faculty of Medicine , Ain Shams University, Cairo, Egypt (with Degree Very Good)
- **2004** : **M.M.sc:** In Neuropsychiatry from the Faculty of Medicine, Ain Shams University, Cairo, Egypt (with Degree Very Good)
- **M.M.sc Thesis:** Transcranial Magnetic Stimulation in Neurological disorders
- **2004:** **TOEFL** for English language
- **2009:** **Degree of Doctor** in Neurology from the Faculty of Medicine, Ain Shams University, Cairo, Egypt
- **MD Thesis:** Chronic Inflammatory Demyelinating Polyradiculoneuropathy- Impact on clinical presentations and response to different modalities of treatment

- **2010 : International Computer Driving License (ICDL) (UNESCO approved)**

Experiences

- Residency of Neuropsychiatry in Ain Shams University Hospitals, Cairo, Egypt (2002-2005)
- Neurology Specialist in the Emergency Room of Ain Shams Specialized Hospitals Cairo, Egypt for 1 year (2006)
- Assistant lecturer of Neurology, Faculty of Medicine, Fayoum University, Fayoum, Egypt, from December 2006 till March 2010
- Lecturer of Neurology, Faculty of Medicine, Fayoum University, Fayoum, Egypt from April 2010 till now
- Neurology Consultant in a Sleep care Center “Sleep Care Clinic” in Cairo, Egypt since August 2009 till February 2012 (www.sleepcareclinic.com)

Workshops and conferences

- EMG workshop in the Pan Arab Conference March 2002 in Cairo, Egypt
- Pan Arab Conference 2002 in Cairo, Egypt
- 9th Cairo international Neurology Conference March 2008 in Cairo, Egypt
- International Epilepsy Conference December 2008 in Ein Sokhna, Egypt
- 10th Cairo international Neurology Conference March 2009 in Hurghada, Egypt
- Participating in the World Federation of Neurology Continuous Medical Education program 2008
- 7th Federation of African Immunological Societies (FAIS) November 2009, Sharm El Sheikh, Egypt
- 21st IBRO-ISN Neuroscience School “Cell death mechanisms and Neuroprotective strategies in Neurological disorders” December 2009 in Fayoum, Egypt as an organizer and student (IBRO: International Brain Research Organization, ISN: International

Society of Neurochemistry)

- 2nd IBRO-SfN Neuroscience School “Neuroscience Teaching Tools” December 2009 in Fayoum, Egypt as an organizer and student (SfN: Society for Neuroscience)
- 9th Society of Neuroscientists of Africa (SONA) December 2009 in Sharm El Sheikh, Egypt as an organizer and participant
- Professional skills workshop in 9th SONA conference
- Workshop organized by National TEMPUS office of Egypt: “ How to write a proposal” February 2010, in Aswan, Egypt
- Workshop “Accreditation and Research”, in the National authority for Quality Assurance and Accreditation of Education July 2010 Cairo, Egypt
- 4th International Congress of the Egyptian Cerebro-Cardio-Vascular Association (ECCVA) August 2010 in Alexandria, Egypt
- First Annual Neurosciences Conference September 2010 in Nairobi, Kenya
- Third Neuroscience teaching tools September 2010 in Nairobi, Kenya
- Faculty member in the Neuroimmunology Workshop within the 15th International Course of Clinical Immunology November 2010, Faculty of Medicine, Fayoum University, Fayoum, Egypt
- Participating in the Young Investigator Program 2011 which consisted of one month (June-July) training period on the nerve and muscle biopsies in the laboratory of Prof. Bruno Bonetti in the University of Verona, Italy.
- Participating in the 8th IBRO Congress July 2011 in Florence, Italy

Memberships:

- Member of the Egyptian Society of Neurology, Psychiatry and Neurosurgery
- Member of the Neuroscience Group of Egypt (NGE)
- Member of the Society of Neuroscientists of Africa “SONA”
- Member of the International Brain Research Organization “IBRO”
- Member of the Women in World Neuroscience (WWN)
- Member of the Italian Association of Neuroimmunology “AINI”

Oral and Poster Presentations in International conferences:

- The role of Tumor Necrosis Factor Alpha in Chronic Inflammatory Demyelinating Polyradiculoneuropathy in the 7th FAIS Congress
- The role of Matrix Metalloproteinase 9 in Chronic Inflammatory Demyelination Polyradiculoneuropathy in the 9th SONA congress
- Sural nerve Biopsy findings in Chronic Inflammatory Demyelinating Polyradiculoneuropathy with Diabetes mellitus, collagen diseases and hepatitis in the 9th SONA congress
- Nerve Biopsy in Chronic Inflammatory Demyelinating Polyneuropathy with and without concomitant diseases in the 8th IBRO congress

Publication:

- Awareness of Stroke in Adults and Pediatrics among Fayoum University Hospital Workers and Medical Students. Naglaa El Sherbiny, Hadeer Abdel Ghafar , **Sherine El-Mously**. Egyptian Journal of Neurology, Psychiatry and Neurosurgery. July 2011 Vol. 48 (3): 235 - 240

Interests:

- Peripheral Neuropathies
- Nerve and muscle biopsy technique
- Histopathology and Electron Microscopy of nerve and muscle diseases
- Neuro-immunology
- Neuro-pathology

- Neuro-oncology
- Stem Cells in different neurological disorders
- Involuntary movements
- Transcranial Magnetic Stimulation in different neurological disorders
- Sleep Disorders

Sherine El Mously

11/3/2012