

Curriculum Vitae

ANNA MARIA MENECHINI

2019 to date – Associate Professor of Dynamic Psychology (PSIC-04/A), Department of Human Sciences at the University of Verona.

2002 - 2019 - Researcher with lecturing tasks at the University of Verona.

09/06/2023 - National Scientific Qualification for Full Professor, sector 11/E1 (SSD: M-PSI/07)

In addition to courses at the University of Verona, (“Dynamic Psychology of Motivations”; “Dynamic Psychology”; “Community Psychology for the Prevention of Distress”, the Master courses in “Psychology of Emotions and Intersubjective Dynamics” and the “Laboratory of Group Psychology and evaluation of educational intervention”, and PhD courses) I have given lectures at the University of Silesia (Poland) and the University of Almeria (Spain).

Since 2002, I have supervised more than 150 students in the preparation of their bachelor’s and master’s theses. I have also supervised PhD students, scholarship holders and research fellows.

RESEARCH

My principal areas of research are:

- The use of emotion regulation strategies, with a particular focus on flexibility
- Assessment of the motivational system of caregiving
- Familiar/informal caregiving
- Attachment orientation and social attitudes
- The role of emotions in psychosocial processes, with a particular focus on acculturation processes
- Positive emotions and wellbeing
- Motivations, satisfaction and the length of tenure of volunteers
- Various types of volunteering

I am/was the scientific research coordinator for many group projects. The most recent being:

- 2023 – 2026: **PROFILING TRADITIONAL, EPISODIC, AND ONLINE VOLUNTEERING: PATHWAYS FROM CIVIC ENGAGEMENT TO LOCAL COLLABORATIVE NETWORKS.** PRIN 2022, Local coordinator.

- 2020 – present: **MEASURING THE VALUE OF THE SOCIAL IMPACT OF THIRD SECTOR ASSOCIATIONS** (Financed by a grant from the Department of Human Science, University of Verona, 2022).
- 2020 – 2022: (with Professor Sandro Stanzani and in collaboration with University of Padua) **VOLUNTEERING AT THE TIME OF COVID-19.**
- 2020 – present: **ER-CARE: EMOTION REGULATION STRATEGIES IN NURSING CARE.**
- 2017 to date – **AN ASSESSMENT OF THE OUTCOMES OF REWIND TRAUMA THERAPY IN THE SHORT AND LONG TERM** (in collaboration with International Association Rewind Trauma Therapy).
- 2017 - 2018 - (with Professor Sandro Stanzani) **A COMPARISON BETWEEN VOLUNTEERS AND NON-VOLUNTEERS** (Financed by a grant from the Department of Human Science, University of Verona, 2017).
- 2017 - 2018 - **PROMOTING PROJECTS ON EMPLOYEE VOLUNTEERING IS “WIN-WIN-WIN” FOR COMPANIES, NON-PROFIT ORGANIZATIONS AND THE COMMUNITY** (Financed by a Joint Project 2016 grant).
- 2015-2016 - **VOLUNTEER FOR EXPO 2015** (Financed by: the Service Center for Volunteers of Milan and by the Department of Philosophy, Education and Psychology – University of Verona).
- 2015-2016 - **THE ANALYSIS OF EMPLOYEE VOLUNTEERING: THE ITALIAN CONTEXT** (Financed by: Service Center for Volunteers of Verona).
- 2011-2012 - **TAKING STOCK OF VOLUNTEERING: Organizational factors that promote satisfaction and commitment in Voluntary Organizations** (Financed by a Joint Project 2011 grant).
- 2010-2011- **VOLUNTEER DIMENSION: An investigation of the factors that promote commitment and permanence in Voluntary Organizations** (Financed by a Joint Project 2010 grant).

Research collaboration on the following projects (most recent):

- 2024 – present: **DEMENTIA AND SOCIAL NETWORKS.** The aim of the project is to investigate the social networks of informal (familial) caregivers of people with dementia.
- 2024 – present: **TALiA (inTelligent vocAL biomarkers for pathology early detectlon and follow-up Assessment) project.** The aim of the study is to evaluate the accuracy and reliability of AI algorithms in defining the risks of developing Burnout Syndrome and in supporting diagnostic processes.
- 2019 – 2022: **LA INTEGRACIÓN DE LOS REFUGIADOS. UN ANALISIS DE MODELOS DE ACOGIDA, RELACIONES INTERGRUPALES Y PROCESO DE**

ACULTURACIÓN – Project co-financed by the European Regional Development Fund and the Andalusian Government, program 2014-2020. Main researcher: Pablo Pumares, University of Almeria (Spain)

- 2013-2017: **MigRom 12 – The immigration of Romanian Roma to Western Europe: Causes, effects, and future engagement strategies** (FP7, SSH2012.5.1-2. Scientific Coordinator of the Italian unit: prof. Leonardo Piasere). Coordinator of the attitude survey which aimed to assess prejudice and stereotypes with regard to Romanian Roma.

Periods of Visiting Professor and Academic Lectures Abroad:

From 12/4/2024 to 10/5/2024 **visiting professor** at the University of Almeria (Spain)

3 hours workshop at the University of Almeria (Spain), Department of Psychology, on the following topic: *PHOTOVOICE: a method for community-based participatory research* (30/04/2024)

From 6/5/2022 to 12/5/2022: research visit at the University of Almería, Department of Psychology (Spain)

From 04/04/2016 to 07/04/2016 – Erasmus teaching staff Mobility:

8 hours of teaching (language: English) in the framework of the LLP/**Erasmus Teaching Staff Mobility** at the University of Almeria (Spain), Department of Psychology, on the following topics: *The prejudice of Italian people against the Romanian Roma: emotions, stereotypes and threats*

From 11/05/2014 to 18/05/2014 – Erasmus teaching staff Mobility:

5 hours of teaching (language: English) in the framework of the LLP/**Erasmus Teaching Staff Mobility** at the University of Silesia, Institute of Psychology, Katowice, Poland on the following topics: 1) *Individual and organizational factors in volunteerism: the results from two studies on motivation and satisfaction of the volunteers*; and 2) *EMPATHY: ANGEL OR DEVIL? How shared emotions can help or hinder nurses in their relationships with patient*.

PUBLICATIONS and PARTECIPATION in CONGRESS

I have published over 100 articles/chapters/books and I attended (oral presentations and/or poster presentations of my research) to many international and national congresses and conferences.

MEMBERSHIPS

I am a member of:

- the Italian Society of Community Psychology (S.I.P.CO),

- the Italian Association of Psychology (A.I.P.), Dynamic and Clinical Section
- the NPSY.Lab-VR, Department of Human Sciences, University of Verona
- the Board of Directors of the Center of Ethnographic Research and applied Anthropology, Department of Human Sciences, University of Verona.
- the Board of Directors of the Center for Community Development, Department of Human Sciences (CIESSECI), University of Verona.
- the International Group for the study of “Prejudice, emotions and social perception of Gypsies”
- the Departmental Commission for financing of conference/congress and publications
- the “Quality Assurance” Commission for the Master's Degree in “Psychological Sciences for Training and Professional Development”
- the Commission for the coordination of student internships for students in Education and Psychology of the Department of Human Sciences, University of Verona.

COLLABORATIONS

I have been collaborating since 2003 with the Service Center for Volunteers in Verona in order to assess and promote the motivation of volunteers.

I, undersigned Anna Maria Meneghini, aware of the consequences of making false statements, falsehood of acts and use of false facts, punishable by law according to art. 76 D.P.R. n. 445/2000 and art. 496 of the Italian Penal Code, under my own responsibility declare that the information in this Curriculum Vitae including the information on the scientific production is true.

Verona, 5th May 2026

