

Camilla Marossi
Curriculum Vitae – updated January 2025

PERSONAL INFORMATION

First Name: Camilla
Family Name: Marossi
Date of birth: 07/01/1996
Place of birth: Brescia (Italy)

Institutional address: Università degli Studi di Verona
Lungadige Porta Vittoria, 17
37129 – Verona
Italy

Email: camilla.marossi@univr.it

EDUCATION

- **Ph.D. student**, University of Verona (Italy), supervisor Assoc.- Prof. Dr. Margherita Brondino.
PNRR Project title: “PHD PROJECT WITH DESIGN FIRM DVA ENTITLED: BIOPHILIC DESIGN AS A STRATEGIC KEY TO SUSTAINABLE DEVELOPMENT OF THE BUILT ENVIRONMENT” – October 2023 – current
- **Professional practice exam for psychologist** – January 2023
- **Master’s degree** in architectural and landscape psychology, Level II, University of Padua, Padua, Italy November 2020 – September 2021
- **Master’s degree** in Applied Cognitive Psychology at the University of Padova– Italy. Dissertation title: “Effects of positive and negative communication on the perception of climate change.” (110 cum laude /110) October 2018 – October 2020.
- **Bachelor’s degree** in Psychological Science and Techniques at the University of Bergamo–Italy. Dissertation title: “Through Positive Psychology. Results, limitations and prospects of a new theoretical model” (106/110) October 2015 – Spetember 2018.

JOB POSITION

- **PhD Student** with a PNRR research project (aim: research and creation of spaces with the framework of biophilic design as a strategic key to sustainable development of the built environment) at the Department of Human Science at the University of Verona, supervised by Assoc. Prof. Margherita Brondino, Ph.D., October 2023 – current
- **Research member**, APsyM (Applied Psychology Measurement) laboratory, supervisorProfessors

Margherita Pasini and Margherita Brondino, Department of Human Science, University of Verona (Italy) October 2021 - Current.

- **Research grant** ERASMUS Project MINDLIVEN - “Regenerative environments and interior design in workplaces as a strategic key to well-being in organizations and the development of pro-environmental behaviors”; supervisor Professors Margherita Pasini, Department of Human Science, University of Verona (Italy) September 2022 – August 2023.
- **Environmental Psychologist**, freelance, at the Division Architecture company, Brescia, Italy, January 2023 – current
- **Environmental Psychologist**, freelance, at the Ferrari Contract company, Verona, Italy, January 2022 – current
- **Environmental Psychologist**, freelance, at the A Better Place company, Milan, Italy, January 2021 – January 2022
- Researcher for the Erasmus+ MINDLIVEN project in collaboration with the University of Verona <https://bru.iscte-iul.pt/mindliven-mindfulness-in-nature-based-training-through-virtual-environments-project/> December 2021 – June 2022

RESEARCH AREAS

- Environmental Psychology; Restorative environments
- Biophilic Design
- Work related Stress and Well-being at work, restorative environments in the workplace.

MEMBERSHIP IN SCIENTIFIC SOCIETIES

- Member of Italian Psychological Association (AIP), Experimental psychology section (from 2024)
- Member of Italian Psychological Association (AIP), Organizational psychology section (from 2024)
- Member of International Association of Applied Psychology (IAAP) (from 2024)
- Member of International Association of People-Environment Studies (IAPS) (from 2024)

OTHER ACTIVITIES

- Cultrice di materia Psicometria
- Member of the Professional Association of Psychologist (**OPL** - Ordine degli Psicologi della Lombardia n. 25910) – January 2022 – current
- Member of **APsyM** – Applied Psychology Research Lab, Department of Human Sciences, University of Verona
- Member of the Italian Association of Environmental Psychology (**AIPAA**) (since 2015 to 2019) (<http://www.aipaa.eu/>)
- Research member (2019 – 2021) **JDM** (Judgment and Decision-Making) laboratory, supervisor Professor Enrico Rubaltelli, Department of Developmental and Socialization Psychology (DPSS), University of Padova (Italy)

PRESENTER AT NATIONAL AND INTERNATIONAL CONGRESSES

Presenter at international congress

Oral presentations

1. Brondino, M., Menardo, E., **Marossi, C.**, & Pasini, M. (2024). Validation of the “Restorativeness at Work Scale” (R@WS). International Meeting of the Psychometric Society (IMPS)
2. **Marossi, C.**, Menardo, E., Brondino, M., Damian, O., Lezcano, M., & Pasini, M. (2024). Students’ perceived restorativeness of university environment: the validation of the Rest@ U scale. In *Enacting Transdisciplinary Knowledge: People, Places, Movements and Sustainabilities* (pp. 212-212).
3. Mariani, V., Marossi, C., Arenas, A., Brondino, M., de Carvalho, C. V., Costa, P., ... & Pasini, M. (2023). MINDLIVEN Training: Meditation exercises in a virtual natural environment and its effects in workplaces. In *International Conference on Environmental Mindfulness* (pp. 41-42).
4. **Marossi, C.**, Mariani, V., Arenas, A., Brondino, M., de Carvalho, C. V., Costa, P., ... & Pasini, M. (2023, July). Mindfulness Lessons in a Virtual Natural Environment to Cope with Work-Related Stress. In *International Conference in Methodologies and intelligent Systems for Technology Enhanced Learning (MIS4TEL)* (pp. 227-238). Cham: Springer Nature Switzerland.

Poster Session

1. Poster session participation at the European Student Conference on Behaviour and Cognition (<https://escbc.org/>) – 2019

Presenter at national congresses

Oral communications

1. **Marossi C.**, Di Plinio S., Menardo E., Cardone D., Greco C., Merla A., Pasini M., Ebish S., Brondino M. (2024). Controllare tecnostress, salute e performance dei lavoratori: I luoghi contano? Comunicazione orale, Congresso AIP, Sezione di Psicologia per le Organizzazioni, Bergamo.
2. Di Plinio S., Menardo E., Cardone D., Perpetuini D., Greco C, **Marossi C.**, Merla A., Brondino M., Pasini M., Ebisch S. (2024). Spazi verdi & grigi: L’impatto degli intorni abitativi e lavorativi sul benessere individuale e lavorativo, Comunicazione orale, Congresso AIP, Sezione di Psicologia per le Organizzazioni, Bergamo

Organized Symposia

1. Simposio - Natura e rigeneratività dei luoghi di lavoro. Effetti su performance, benessere, e comportamenti pro-ambientali. Proponente **Camilla Marossi** e Valentina Mariani, Discussant: Bonaiuto M., XX Congresso Nazionale AIP, Sezione di Psicologia per le Organizzazioni, Bergamo 4-6 settembre 2024.

SCIENTIFIC PUBLICATIONS

Journal articles and book chapters (international publications)

1. **Marossi, C.**, Mariani, V., Arenas, A., Brondino, M., de Carvalho, C. V., Costa, P., ... & Pasini, M. (2023, July). Mindfulness Lessons in a Virtual Natural Environment to Cope with Work-Related Stress. In *International Conference in Methodologies and intelligent Systems for Technology Enhanced Learning* (pp. 227-238). Cham: Springer Nature Switzerland.
2. Menardo, E., Brondino, M., Damian, O., Lezcano, M., **Marossi, C.**, & Pasini, M. Students' Perceived Restorativeness of university environment: the validation of the Rest@ U Scale. *Frontiers in Psychology*, 15, 1348483.

DISSEMINATION PUBLICATIONS and EVENTS

1. Co-author of a book: Ferrari A., Marossi C., Benessere e produttività sul luogo di lavoro", Grafiche AZ, 2023, codice ISBN-13 978-8888908403
2. Multiple editions of webinar sessions about environmental psychology for Ferrari Contract srl
<https://www.ferraricontract.com/webinar-benessere-in-ufficio/> – January 2021 – current
3. Interview on TeleBelluno and Antenna3 for the project “VALUTAZIONE del RISCHIO DA STRESS LAVORO CORRELATO nei SETTORI della DISTRIBUZIONE ORGANIZZATA e SERVIZI” (in provincia di Belluno) – April 2024
4. Dissemination article for DVision Architecture <https://dvarea.vision/psicologia-ambientale-e-architettonica-spazi-rigenerativi/> - July 2023
5. Publication of dissemination article at the benefit society aBetterPlace on biophilia and theories of restorativeness - <https://abetterplace.it/il-benessere-lavorativo-spiegato-dalla-psicologia-ambientale> - July 2022
6. Publication of dissemination article at the benefit society aBetterPlace on environmental psychology in the workplace - <https://abetterplace.it/il-ruolo-dello-spazio-lavorativo-introduzione-alla-psicologia-ambientale> - July 2022
7. Talk on APsyM Lab Meetings – Biophilic Design – 19th December 2023
8. Talk on JDM Lab – Environmental Psychology – 2nd May 2023
9. Mindliven Multiplier Events, University of Verona – 2023
10. AIPAA Association divulgative article
<http://www.aipaa.eu/blog/psicologia-ambientale-e-psicologia-positiva-una-sinergia-vincente>

GRANTS

1. 2020-2021 - Research Scholarship - Analysis of the effects on mood of a training combining Positive Psychology (constructs of optimism and gratitude) and environmental regeneration - Scientific Responsible Prof. Francesca Pazzaglia
2. 2019-2020 Scholarship - University of Padua
3. 2018-2019 Scholarship - University of Padua
4. 2017-2018 Scholarship - University of Bergamo
5. 2016-2017 Scholarship - University of Bergamo

MEMBER OF SCIENTIFIC COMMITTEE

1. Member of the scientific committee of the project “VALUTAZIONE del RISCHIO DA STRESS LAVORO CORRELATO nei SETTORI della DISTRIBUZIONE ORGANIZZATA e SERVIZI” (in the province of Belluno), promoted within the O.P.C. (Provincial Safety Coordination Body established on the basis of Art. 7 Legislative Decree 81 of 2008) with the use of resources allocated by the Veneto Region from the funds of sanctions on violations in the field of Health and Safety

TEACHING EXPERIENCE

- **Teaching assignment** as lecturer for the UniCusano Level I Telematics Master's Degree entitled BIOPHILIC DESIGN/BIPHILIC DESIGN for 2 modules entitled: 1 - ENVIRONMENTAL PSYCHOLOGY AS THEORETICAL FRAMEWORK - 2- WELL-BEING. January 2022 - current

SUPERVISION AND CO-SUPERVISION EXPERIENCE

- **Co-supervision** of several trainees with Prof. Margherita Pasini and Margherita Brondino, 2022–current.
- **Solo Supervision** of the master thesis at the UniCusano Level I Telematics Master's Degree entitled “La formazione e lo sviluppo della personalita' umana secondo l'orientamento ecopsicologico”, Cristian Scaravella
- **Classroom Tutor** at Prof.ssa Margherita Brondino lecture: Teorie e tecniche psicometriche. October 2024 – December 2024
- **Classroom Tutor** at Prof.ssa Margherita Brondino lecture: Teorie e tecniche psicometriche. October 2023 – December 2023
- **Classroom Tutor** at Prof.ssa Margherita Brondino lecture: Laboratorio APsyM. March 2024 – June 2024

SKILLS

Languages

- Italian: Native
- English: Fluent
- Spanish: Basic
- French: Basic

Softwares

- Excel
- Jamovi
- R software (beginner)
- Qualtrics
- Microsoft Forms

Academic References:

Margherita Brondino: Associate Professor, Department of Human Science, University of Verona, margherita.brondino@univr.it

Margherita Pasini: Associate Professor, Department of Human Science, University of Verona,
margherita.pasini@univr.it

Dichiarazione sostitutiva di certificazioni dell'atto di notorietà

(Artt. 46 e 47 del D.P.R. 28 dicembre 2000, n. 445)

La sottoscritta Camilla Marossi nata a Brescia (Prov. BS) il 07/01/1996 residente in Via Venezia 9, Gussago, BS a conoscenza di quanto prescritto dall'art. 76 del D.P.R. 28 dicembre 2000 n.445, sulla responsabilità penale cui può andare incontro in caso di falsità in atti e di dichiarazioni mendaci, nonché di quanto prescritto dall'art. 75 del D.P.R. 28 dicembre 2000 n. 445, sulla decadenza dai benefici eventualmente conseguenti al provvedimento emanato sulla base di dichiarazioni non veritiere, ai sensi e per gli effetti del citato D.P.R. n. 445/2000 e sotto la propria personale responsabilità:

D I C H I A R A

che tutte le informazioni contenute nel proprio curriculum vitae sono veritiere.

A U T O R I Z Z A

Il trattamento dei dati personali contenuti nel presente curriculum vitae in base all'art. 13 del D. Lgs. 196/2003 e all'art. 13 del Regolamento UE 2016/679 relativo alla protezione delle persone fisiche con riguardo al trattamento dei dati personali.

Brescia,

LA DICHIARANTE 