

<b>First and last name:</b> Eleonora Prina	<b>Educational qualification:</b> Psychiatric Rehabilitation Technician, MS, PhD
<b>Nationality:</b> Italian	<b>Scopus Author ID:</b> 57214988573
<b>Place and date of birth:</b> Ghilarza (OR), 30/12/1995	<b>Open Research and Contributor ID (ORCID):</b> 0000 0002 4005 1967
<b>City and country of residence:</b> Verona, Italy	<b>Google Scholar profile:</b> <a href="https://scholar.google.com/citations?user=unmOnuQAAAAJ">https://scholar.google.com/citations?user=unmOnuQAAAAJ</a>
<b>E-mail (personal):</b> eleonora.prina1@gmail.com	<b>E-mail (work):</b> eleonora.prina@univr.it

### Short biography:

I am a psychiatric rehabilitation technician by training and currently a Postdoctoral Researcher at the University of Verona (Italy), working primarily on the ADVANCE project under the supervision of Professor Corrado Barbui.

During my bachelor's degree (2014-2017), I was a visiting researcher at the Instituto de Psiquiatria, Universidade Federal do Rio de Janeiro (Brazil), under the supervision of Professor Mauro Carta e Professor Antonio Nardi. In 2018, I co-founded *Associazione Mesania*, a volunteer organization that promotes mental health and fosters dialogue between professionals and the community. From 2018 to 2021, I worked as a Psychiatric Rehabilitation Technician in both hospital settings and high-intensity therapeutic communities across Italy. My work focused on recovery-oriented interventions for individuals with severe mental health conditions, within multidisciplinary teams. Since 2019, I have collaborated on systematic reviews and meta-analyses using Cochrane methodology. In 2022, during my PhD, I was a visiting researcher at the Alan J Flisher Centre for Public Mental Health, University of Cape Town (South Africa), under the supervision of Professor Crick Lund. My research interests include global and public mental health, psychosocial rehabilitation interventions for the prevention and treatment of mental health conditions, and the psychological well-being of adults with a migration background.

<b>CURRENT POSITION</b> 28/05/2024 - present	<b>Post-doctoral research fellow</b> Department of Neurosciences, Biomedicine, and Movement Sciences, Section of Psychiatry, University of Verona, Italy <u>Project Title:</u> ADVANCE (“Addressing mental health vulnerabilities from adolescence to older age: innovating prevention science for times of change”) <u>Supervisor:</u> Professor Corrado Barbui
<b>EDUCATION</b> 01/10/2020 - 27/05/2024	<b>PhD in Neuroscience, Psychological and Psychiatric Sciences, and Movement Sciences – 36<sup>th</sup> cycle</b> WHO Collaborating Centre for Research and Training in Mental Health and Service Evaluation, Department of Neuroscience, Biomedicine, and Movement Sciences, Section of Psychiatry, University of Verona, Italy <u>PhD defense title:</u> “COVID-19 pandemic and Mental Health Care: an Epidemiological Approach to Analyse the Effect of the Pandemic on Service Utilization” <u>Supervisor:</u> Professor Francesco Amaddeo
01/11/2018 - 25/09/2020	<b>MSc in Rehabilitation Science in Healthcare Professions</b> Disciplinary area of Medicine and Surgery, University of Verona, Italy <u>Thesis title:</u> “Efficacy of Physical Activity Interventions on Psychological Outcomes in Refugee, Asylum Seeker and Migrant Populations: A Systematic Review and Meta-Analysis”

	<p>Project Work in “Management of psychiatric patients with aggressive behavior living in a community-based mental health facility: developing and testing an internal protocol”</p> <p><u>Supervisors:</u> Professor Lidia Del Piccolo, Professor Marianna Purgato</p> <p><u>Grade:</u> summa cum laude</p>
03/02/2018 - 10/02/2019	<p><b>Master in Ethno-psychiatry and Migrant Psychology</b></p> <p>Institute A.T. Beck, Rome, Italy</p> <p><u>Ethno-psychiatric mission:</u> qualitative interviews to investigate Carnival</p> <p><u>Director:</u> Doctor Paolo Cianconi</p>
08/10/2014 – 28/11/2017	<p><b>BSc in Psychiatric Rehabilitation</b></p> <p>Disciplinary area of Medicine and Surgery, University of Cagliari, Italy</p> <p><u>Thesis title:</u> “Emigration” and “Context” during Depression and the impact on Quality of Life among a sample of Sardinia emigrants in Brazil</p> <p><u>Supervisors:</u> Professor Mauro Carta, Professor Antonio Nardi</p> <p><u>Grade:</u> summa cum laude</p>
09/2010 - 07/2015	<p><b>High School</b></p> <p><i>Liceo Scientifico Mariano IV d’Arborea</i>, Oristano, Italy</p> <p><u>Thesis title:</u> “The phenomenon of “shell shock” during the First World War”</p>

## PARTICIPATION IN OTHER ONGOING RESEARCH PROJECTS

- 2023 - present:** WP4 contact person for Italy in the ADVANCE project, managing a hybrid three-arm RCT. I facilitate co-creation activities with the Stakeholder Advisory Group, following training by Mental Health Europe (Brussels). I have been trained by the WHO to deliver Self-Help+ and Doing What Matters in Times of Stress. In collaboration with the WHO, I contributed to the development of a booster session for both WHO interventions and worked on the Italian translation of Self-Help+. I also oversee the trial’s REDCap platform and participant recruitment.
- 2023 - present:** co-team lead of a systematic review and network meta-analysis (NMA) on psychosocial prevention interventions for adults living in LMICs (PROSPERO ID: CRD42023402399).
- 2024 - present:** team member for a WHO scoping review on implementation and intervention factors in family-based interventions for psychosis in low- and middle-income countries (LMICs).  
Registration protocol available here: <https://doi.org/10.17605/OSF.IO/4CJXP>
- 2024 - present:** team member and coordinator of methodological processes for a WHO scoping review on the translation of mental health assessment tools.  
Registration protocol available here: <https://doi.org/10.17605/OSF.IO/6JXWE>
- 2024 - present:** member of the Tool Development Group for the development and validation of VELUT, a new tool designed to classify RCTs in mental health along a continuum from promotion to prevention to treatment  
Study protocol available here: <https://doi.org/10.1136/bmjopen-2023-082652>
- 2024 - present:** team member of the project “Perceptions of Rights and Quality of Care in Mental Health Services from Patients, Caregivers, and Professionals” (WHO QualityRights).
- 2024 - present:** team member and expert methodologist of systematic reviews and meta-analyses in collaboration with the *Università della Svizzera italiana* on psychosocial interventions addressing informal caregivers’ mental health (PROSPERO IDs: CRD42024498981, CRD42024498901).
- 2024 - present:** team member of a systematic review and meta-analyses with the Transcultural Psychosocial Organization (TPO) Nepal on resilience, depression, and anxiety symptoms among adolescents in low- and middle-income countries (PROSPERO ID: CRD42023449932).

## PUBLICATIONS

### Scientific papers published in international peer-reviewed journals

1. Teixeira, R., de Freitas, C., Sanna, L., **Prina, E.**, Turrini, G., Brizar, A. S., Gherdan, C., Kazlauskas, E., Dumarkaitė, A., Wasmus, H., Fleck, L., Reininghaus, U., Mack, M., Scarampi, C., Välimäki, M., Satamo, M., & Tol, W. A. (2025). Co-creating mental health promotion and prevention interventions with groups in vulnerable situations in Europe: A mixed-methods study protocol for co-creation implementation and participatory evaluation. *Health Research Policy and Systems*, 23, 87.
2. **Prina, E.**, Bano, B., Singh, R., Albanese, E., Trujillo, D., Dedios Sanguinetti, M. C., Sorsdahl, K., Luitel, N., Garman, E., Purgato, M., Barbui, C., Jordans, M., & Lund, C. (2025). Effectiveness of combining psychological prevention interventions with interventions that address the social determinants of mental health in low- and middle-income countries: a systematic review and meta-analysis. *BMJ Mental Health*, 28, e301573.
3. Sculco, C., Bano, B., **Prina, E.**, Tedeschi, F., Bartucz, M. B., Barbui, C., Purgato, M., & Albanese, E. (2025). Access and use of general and mental health services before and during the COVID-19 pandemic: a systematic review and meta-analysis. *BMJ open*, 15(3), e091342.
4. Purgato, M., Tedeschi, F., Turrini, G., Cadorin, C., Compri, B., Muriago, G., Ostuzzi, G., Pinucci, I., **Prina, E.**, Serra, R., Tarsitani, L., Witteveen, A. B., Roversi, A., Melchior, M., McDaid, D., Park, A. L., Petri-Romão, P., Kalisch, R., Underhill, J., Bryant, R., ... Barbui, C. (2025). Effectiveness of a stepped-care programme of WHO psychological interventions in a population of migrants: results from the RESPOND randomized controlled trial. *World psychiatry: official journal of the World Psychiatric Association (WPA)*, 24(1), 120–130.
5. Turrini, G., Purgato, M., Cadorin, C., Bartucz, M., Cristofalo, D., Gastaldon, C., Nosè, M., Ostuzzi, G., Papola, D., **Prina, E.**, Tedeschi, F., Witteveen, A. B., Sijbrandij, M., & Barbui, C. (2024). Comparative efficacy and acceptability of psychosocial interventions for PTSD, depression, and anxiety in asylum seekers, refugees, and other migrant populations: a systematic review and network meta-analysis of randomised controlled studies. *The Lancet regional health. Europe*, 48, 101152.
6. **Prina, E.**, Marquis, A., Tedeschi, F., Rabbi, L., Salazzari, D., Ballarin, M., Purgato, M., Ostuzzi, G., Donisi, V., Perlini, C., Rimondini, M., Del Piccolo, L., & Amaddeo, F. (2024). Effects of COVID-19 pandemic on psychiatric and psychological consultation-liaison contacts in a general hospital in North-East of Italy: a retrospective study. *Frontiers in psychiatry*, 15, 1414248.
7. Purgato, M., Albanese, E., Papola, D., **Prina, E.**, Tedeschi, F., Gross, A., Sijbrandij, M., Acarturk, C., Annoni, A. M., Silva, M., Jordans, M. J. D., Lund, C., Tol, W. A., Cuijpers, P., & Barbui, C. (2024). How to distinguish promotion, prevention and treatment trials in public mental health? Study protocol for the development of the VERona-LUGano Tool (VELUT). *BMJ open*, 14(8), e082652.
8. **Prina, E.**, Tedeschi, F., Rabbi, L., & Amaddeo, F. (2024). The mental health impact of primary Sjögren syndrome among Italian women. *Journal of Affective Disorders Reports*, 17, 100806.
9. **Prina, E.**, Tedeschi, F., Lasalvia, A., Salazzari, D., Latini, S., Rabbi, L., Marando, F., van Rijn, E., Wollgast, J., Pisoni, E., Bessagnet, B., Beauchamp, M., & Amaddeo, F. (2024). Relationship between Environmental Conditions and Utilisation of Community-Based Mental Health Care: A Comparative Study before and during the COVID-19 Pandemic in Italy. *International journal of environmental research and public health*, 21(6), 661.
10. Papola, D., **Prina, E.**, Ceccarelli, C., Cadorin, C., Gastaldon, C., Ferreira, M. C., Tol, W. A., van Ommeren, M., Barbui, C., & Purgato, M. (2024). Psychological and social interventions for the promotion of mental health in people living in low- and middle-income countries affected by humanitarian crises. *The Cochrane database of systematic reviews*, 5(5), CD014300.
11. **Prina, E.**, Bano, B., Singh, R., Albanese, E., Trujillo, D., Dedios Sanguinetti, M. C., Sorsdahl, K., Luitel, N. P., Garman, E. C., Purgato, M., Barbui, C., Jordans, M. J. D., & Lund, C. (2024). Effectiveness of combining prevention psychological interventions with interventions that

address the social determinants of mental health in low and middle-income countries: protocol of a systematic review and meta-analysis. *BMJ open*, 14(5), e083261.

12. Cadorin, C., Purgato, M., Turrini, G., **Prina, E.**, Cabral Ferreira, M., Cristofalo, D., Bartucz, M. B., Witteveen, A. B., Sijbrandij, M., Papola, D., & Barbui, C. (2024). Mapping the evidence on psychosocial interventions for migrant populations: Descriptive analysis of a living database of randomized studies. *Global mental health (Cambridge, England)*, 11, e35.
13. Ceccarelli, C., **Prina, E.**, Alkasaby, M., Cadorin, C., Gandhi, Y., Cristofalo, D., Abujamei, Y., Muneghina, O., Barbui, C., Jordans, M. J. D., & Purgato, M. (2023). Implementation outcomes in psychosocial intervention studies for children and adolescents living in low- and middle-income countries: A systematic review. *Clinical psychology review*, 107, 102371.
14. Purgato, M., Cadorin, C., **Prina, E.**, Cabral Ferreira, M., Del Piccolo, L., Gerber, M., Jordans, M. J. D., Ostuzzi, G., Richards, J., Rudi, D., Vitali, F., Cortese, S., Schena, F., & Barbui, C. (2023). Umbrella Systematic Review and Meta-analysis: Physical Activity as an Effective Therapeutic Strategy for Improving Psychosocial Outcomes in Children and Adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*, S0890-8567(23)00314-3.
15. **Prina, E.**, Ceccarelli, C., Abdulmalik, J. O., Amaddeo, F., Cadorin, C., Papola, D., Tol, W. A., Lund, C., Barbui, C., & Purgato, M. (2023). Task-sharing psychosocial interventions for the prevention of common mental disorders in the perinatal period in low- and middle-income countries: A systematic review and meta-analysis. *The International journal of social psychiatry*, 207640231174451.
16. **Prina, E.**, Tedeschi, F., Salazzari, D., Botte, T., Ballarin, M., Rabbi, L., Imperadore, G., Roccato, S., Nicolaou, S., Ruggeri, M., Gomez, F., Lasalvia, A., & Amaddeo, F. (2023). Effect of COVID-19 pandemic on utilisation of community-based mental health care in North-East of Italy: A psychiatric case register study. *Epidemiology and psychiatric sciences*, 32, e17.
17. Barbui, C., Tedeschi, F., Acarturk, C., Anttila, M., Au, T., Baumgartner, J., Carswell, K., Churchill, R., Cuijpers, P., Karyotaki, E., Klein, T., Koesters, M., Lantta, T., Nosè, M., Ostuzzi, G., Pasquini, M., **Prina, E.**, Sijbrandij, M., Tarsitani, L., Turrini, G., ... Purgato, M. (2023). Risk factors for mental disorder development in asylum seekers and refugees resettled in Western Europe and Turkey: Participant-level analysis of two large prevention studies. *The International journal of social psychiatry*, 69(3), 664–674.
18. Ceccarelli, C., **Prina, E.**, Muneghina, O., Jordans, M., Barker, E., Miller, K., Singh, R., Acarturk, C., Sorsdhal, K., Cuijpers, P., Lund, C., Barbui, C., & Purgato, M. (2022). Adverse childhood experiences and global mental health: avenues to reduce the burden of child and adolescent mental disorders. *Epidemiology and psychiatric sciences*, 31, e75.
19. Purgato, M., Tedeschi, F., Turrini, G., Acartürk, C., Anttila, M., Augustinavicius, J., Baumgartner, J., Bryant, R., Churchill, R., Ilkkursun, Z., Karyotaki, E., Klein, T., Koesters, M., Lantta, T., Leku, M. R., Nosè, M., Ostuzzi, G., Popa, M., **Prina, E.**, Sijbrandij, M., ... Barbui, C. (2022). Trajectories of psychosocial symptoms and wellbeing in asylum seekers and refugees exposed to traumatic events and resettled in Western Europe, Turkey, and Uganda. *European journal of psychotraumatology*, 13(2), 2128270.
20. Silveri, G., Schimmenti, S., **Prina, E.**, Gios, L., Mirandola, M., Converti, M., Fiorillo, A., Pinna, F., Ventriglio, A., Galeazzi, G. M., Sherriff, N., Zeeman, L., Amaddeo, F., & Italian Working Group on LGBTIQ Mental Health (2022). Barriers in care pathways and unmet mental health needs in LGBTIQ+ communities. *International review of psychiatry* (Abingdon, England), 34(3–4), 215–229.
21. Papola, D., **Prina, E.**, Ceccarelli, C., Cadorin, C., Gastaldon, C., Ferreira, M. C., Tol, W. A., van Ommeren, M., Barbui, C., & Purgato, M. (2024). Psychological and social interventions for the promotion of mental health in people living in low- and middle-income countries affected by humanitarian crises. *The Cochrane database of systematic reviews*, 5(5), CD014300.
22. Purgato, M., **Prina, E.**, Ceccarelli, C., Cadorin, C., Abdulmalik, J. O., Amaddeo, F., Arcari, L., Churchill, R., Jordans, M. J., Lund, C., Papola, D., Uphoff, E., van Ginneken, N., Tol, W. A., & Barbui, C. (2023). Primary-level and community worker interventions for the prevention of mental disorders and the promotion of well-being in low- and middle-income countries. *The Cochrane database of systematic reviews*, 10(10), CD014722.
23. Purgato, M., Richards, J., **Prina, E.**, Kip, A., Del Piccolo, L., Michencigh, G., Rimondini, M., Rudi, D., Vitali, F., Carta, M. G., Morina, N., Schena, F., & Barbui, C. (2021). Efficacy of physical activity interventions on psychological outcomes in refugee, asylum seeker and

migrant populations: a systematic review and meta-analysis. *Psychology of Sport and Exercise*, 54, 101901.

24. Carta, M. G., Moro, M. F., Piras, M., Ledda, V., **Prina, E.**, Stocchino, S., Orrù, G., Romano, F., Brasesco, M. V., Freire, R. C., Nardi, A. E., & Tondo, L. (2020). Megacities, migration and an evolutionary approach to bipolar disorder: a study of Sardinian immigrants in Latin America. *Revista brasileira de psiquiatria* (Sao Paulo, Brazil: 1999), 42(1), 63–67.

#### Scientific papers in Italian journals

- **Prina, E.**, Tedeschi, F., & Amaddeo, F. (2023). L'impatto del COVID-19 sull'utilizzo dei servizi di salute mentale: analisi di dati sanitari correnti. *Epidemiologia & Prevenzione*, 46(5–6), 393–394.
- Purgato, M., Tedeschi, F., **Prina, E.** & Barbui, C. (2020). Come reagiscono al trauma i bambini sfollati? Un'analisi esplorativa degli studi condotti in contesti di guerra. *Quaderni ACP*, 27(2), 73–75.

#### Book chapter

- Prina, E., & Amaddeo, F. (2022). Salute mentale e sindrome di Sjogren. Book title: Il grave impatto sulla qualità della vita nelle persone con Sindrome di Sjogren Primaria sistemica.

#### Abstract presented at international conferences

- **Prina, E.**, Tedeschi, F., Salazzari, D., Latini, S., Marando, F., van Rijn, E., Wollgast, J., Pisoni, E., Bessagnet, B., Beauchamp, M., Lasalvia, A., Amaddeo, F. COVID-19 and Mental Health Care: An Epidemiological-Ecological Approach to Analyze the Effect of the Pandemic on Service Utilization. ENMESH 2024, Versailles (France). July 4–6, 2024
- **Prina, E.**, Purgato, M., Richards, J., Kip, A., Del Piccolo, L., Michencigh, G., Rimondini, M., Rudi, D., Vitali, F., Carta, M.G., Morina, M., Schena, F., Barbui, C. Physical activity interventions for promoting psychological wellbeing in vulnerable populations: an evidence-based approach. FEPSAC 2022, Padova (Italy). July 11-16, 2022

#### Poster presented at international conferences

- **Prina, E.**, Bano, B., Singh, R., Albanese, E., Trujillo, D., Sanguinenti, MCD., Sorsdahl, K., Luitel, N., Garman, E., Purgato, M., Barbui, C., Jordans, M., Lund, C. Integrare interventi psicologici con interventi che si rivolgono alle determinanti sociali della salute mentale nei paesi a basso e medio reddito: una revisione sistematica e metanalisi. SIP 2024, Verona (Italy). May 29 – June 1, 2024
- **Prina, E.**, Tedeschi, F., Salazzari, D., Botte, T., Ballarin, M., Rabbi, L., Latini, S., Imperadore, G., Roccato, D., Nicolau, S., Ruggeri, M., Gomez, F., Marando, F., van Rijn, E., Wollgast, J., Pisoni, E., Bessagnet, B., Beauchamp, M., Lasalvia, A., Amaddeo, F. Impatto della pandemia da COVID-19 sull'utilizzo dei servizi di salute mentale: Un approccio epidemiologico-ecologico. SIP 2024, Verona (Italy). May 29 – June 1, 2024

#### Oral presentations at international conferences

- **08/11/2024**: “Prevention in Global Mental Health: From Effectiveness to Implementation”. Mediterranean Society of Translational Psychosomatics Meeting on Translational Medicine in Biomarker Identification, Prevention, Rehabilitation, and Diagnostics 2024. Cagliari (Italy).
- **06/07/2024**: “COVID-19 and Mental Health Care: An Epidemiological-Ecological Approach to Analyze the Effect of the Pandemic on Service Utilization.” ENMESH 2024, Versailles (France).
- **14/07/2022**: “Physical activity interventions for promoting psychological wellbeing in vulnerable populations: an evidence-based approach.” The 16th European Congress of Sport & Exercise Psychology – FEPSAC 2022, Padova (Italy)

#### PEER-REVIEW ACTIVITIES

I have been invited to peer-review scientific articles for the following international peer-reviewed journals:

Journal of Advance Nursing (since 2020), Child and Adolescent Mental Health (since 2020), BJPsych Open (since 2021), BMJ Global Health (since 2021), Clinical Practice & Epidemiology in Mental Health (since 2021), BMC Psychiatry (since 2021), JAMA (since 2021), BMC Psychology (since 2022), Epidemiology and Psychiatric Sciences (since 2022), Global Mental Health (since 2023), BMC Public Health (since 2024), Clinical Medicine (since 2024), Journal of Womans Mental Health (since 2024), Plos ONE (since 2024), SSM-Mental Health (since 2024), BMJ Mental Health (since 2025).

<p><b>VISITING RESEARCH FELLOW</b> 10/2022 – 03/2023</p>	<p><b>Visiting Research Fellow, University of Cape Town</b> Alan J Flisher, Centre for Public Mental Health, University of Cape Town, Cape Town, South Africa <u>Supervisor:</u> Professor Crick Lund <u>Research activities:</u> participation in Adolescent Advisory Board engagement; meetings with the Waves for Change team; weekly research meetings and an annual meeting in Bogotá, Colombia, as part of the ALIVE project; systematic review and meta-analysis of combined prevention interventions in LMICs <u>Training activities:</u> training on “Competency-based approaches with Ensuring Quality in Psychological Support (EQUIP)”, research seminars, mental health webinars</p>
<p>07/2017 – 09/2017</p>	<p><b>Visiting Research Fellow, Universidade Federal do Rio de Janeiro</b> Instituto de Psiquiatria, Universidade Federal do Rio de Janeiro, Rio de Janeiro (Brazil) <u>Supervisor:</u> Professor Antonio Egidio Nardi <u>Research activities:</u> Administration of clinical questionnaires and management of qualitative interviews for the project "Megacities, Migration and an Evolutionary Approach to Bipolar Disorder: A Study of Sardinian Immigrants in Latin America" <u>Training activities:</u> clinical case discussions, university lectures, conferences, and seminars on psychiatry and psychosocial rehabilitation.</p>

## TEACHING AND SUPERVISING ACTIVITIES

- 11/07/2025: Thesis advisor for a Psychology student in the master's program Advanced Diploma in Mental Health Practice at Amref International University, Kenya (Mrs. Tecla Karimi).  
Topic: Adverse Childhood Experiences and Mental Health Among Adult Patients in Nairobi County.
- 01/02/2025 - 31/06/2025: Supervisor of a master's student in Public Health from the University of Copenhagen, Denmark (Mrs. Helene Hove Hulh), providing guidance on the management of a clinical trial and the conduct of a desk review within the European ADVANCE Mental Health Project (Grant Agreement No. 101080323).
- 07/04/2025: Lecture entitled “An International Perspective in Working with Refugees: Psychosocial Interventions in Developing Countries and the European Project ADVANCE Mental Health”, by invitation of the Director of the Mental Health Department of the Trento Healthcare Authority.
- 04/04/2025: Thesis advisor for a bachelor's student in the Psychiatric Rehabilitation Technician program at the University of Verona, Italy (Mrs. Nourhan Bousrih).  
Topic: Rehabilitation Interventions in Humanitarian Settings, with a Focus on Armed Conflicts.
- 12/06/2025: Lecture entitled “Application of the Cochrane Risk of Bias (RoB) – Version 2”, by invitation of the Director of the Advanced Course in Systematic Reviews and Meta-analysis, University of Verona, Italy



- 22/04/2024: Lecture entitled “Mental Health for All: Innovative Approaches to Optimizing the Resources of Mental Health Services in Low-Income Countries”, by invitation of the Italian Society of Psychosocial Rehabilitation (SIRP).
- 04-05/04/2024: Lecture entitled “Innovative Approaches to Optimizing the Resources of Mental Health Services in Low-Income Countries”, by invitation of the coordinator of ‘Psychology of Groups and Social Organisations’ in the Bachelor’s Degree Program in Biomedical Laboratory Techniques (MED-50), University of Verona, Italy.
- 29/03/2024: Student supervisor for practical exercises on critical appraisal tools for systematic reviews using AMSTAR, by invitation of the Director of the intensive module “Methodology of Epidemiological Research in the One Health Perspective – Global Health”, PhD Program in Capacity Building for Global Health, Universities of Cagliari, Ferrara, Salerno, and Palermo, Italy.
- 04/04/2022 - 08/04/2022: Student supervisor for practical exercises in data extraction, use of RevMan software, and Cochrane RoB tool as part of the Advanced Course in Systematic Reviews and Meta-Analyses using the Cochrane Methodology, University of Verona, Italy.
- 03/01/2020: Lecturer for the residential training course “Management of Psychiatric Patients with Aggressive Behavior in a Community-Based Service”, “Sa Nuxi” High-Intensity Therapeutic Community, Codess Sociale, Nuxis (CI), Italy, by invitation of the Community Coordinator.

<b>GRANTS</b>	<p><b>International Mobility Grant to Non-EU Countries for Research Doctoral Students</b>, Academic Year 2022/2023, University of Verona, Italy.</p> <p>Awarded in support of the research project entitled: “Effectiveness of Combining Psychological Prevention Interventions with Interventions Addressing the Social Determinants of Mental Health in Low- and Middle-Income Countries: A Systematic Review and Meta-Analysis”, to be conducted at the University of Cape Town (UCT), South Africa, as Principal Investigator (PI). Supervisor: Professor Crick Lund. Grant Amount: € 3.240</p>
<b>AWARDS</b>	<p><b>Merit Scholarship</b> for “Current Graduates” – Art. 30 of the Tax Regulations, Academic Year 2016/2017, University of Cagliari, Italy.</p>

## DIGITAL RESEARCH SKILLS

Proficient in meta-analysis software such as **Review Manager 5.4**, and experienced with bibliographic tools including **EndNote** and **Zotero**. Skilled in using **Rayyan** and **Covidence** for screening and data extraction, **Cochrane RoB 2** for risk of bias assessment, **LimeSurvey** for survey administration, **REDCap** for randomization and assessment, **GRADEpro GDT** for assessing evidence quality and developing clinical guidelines following the GRADE approach, and **CINeMA** for evaluating confidence in the findings from network meta-analysis.

## ETHICAL RESEARCH SKILLS

- Submission to the local ethics committees in Verona (CARP of the University of Verona and CESC of the *Azienda Ospedaliera Universitaria Integrata - AOUI*) for a randomized trial (Project 101080323 - ADVANCE) and a qualitative study (No. 35.R1/2023).
- Registration of systematic review protocols on Open Science Framework (OSF) and PROSPERO.
- Registration of randomized trial on ClinicalTrials.gov