

Fact sheet of Tartu Applied Health Sciences University

1. General Information

- Name of Institution: Tartu Applied Health Sciences University
- Erasmus Code: EE TARTU 06
- Website: <https://www.tartuh.ee/en/>
- Contact Email: tartuh@tartuh.ee
- Address: Nooruse 5, Tartu, Estonia 50411
- Country: Estonia
- Phone Number: +372 737 0200
- Erasmus+ coordinator: Frederik Mathias Helm
- Phone Number: +372 737 0208

2. Academic Information

Bachelor Internship:

- Midwifery
- Nursing
- Radiography
- Physiotherapy
- Biomedical Laboratory Science
- Environmental Health Specialist



Master's programme:

- Physiotherapy
- Radiography
- Health Sciences

Vocational internships

- Care Worker
- Childminder
- Emergency Medical Technician
- Masseur/Masseuse
- Client Worker for People with Mental Health Problems
- Podologist

Language Requirements for all programmes: Minimum English proficiency level: B2 (recommended).

3. Application Process

20. April for the autumn semester

20. October for the spring semester

STEP 1

Nominations by partner institutions should be sent to erasmus@tartuh.ee and include the following information:

- Full name of applicant
- e-mail address
- Name of school
- Field of study
- Year of study (by the start of planned mobility)
- Traineeship or study mobility



- Mobility period (semester)
- Mobility length (number of weeks + start and end of the planned mobility, if possible)

STEP 2

We have an online application process. Once the nomination has been processed, you will receive a link to the application form. The application documents include:

- online application form.
- transcript of records.

STEP 3

- training or learning agreement.

Please await confirmation of acceptance. Unfortunately, we cannot guarantee that an internship placement will be found for all applicants.

4. Accommodation

We do not offer accommodation; students must find private accommodation.

Here are some helpful resources (All cities):

- These websites cover official housing listings across Estonia:
KV.ee, City24.ee, Kinnisvara24.ee
- Facebook Marketplace & Groups:
Join local Facebook groups where people advertise available apartments or share accommodations. Search for rental groups in your city (e.g., "Üürikorterid Tartus/Tartumaa")



- **Dormitory:**
Dormitories offer priority accommodation for students of their University, but often students of other higher education institutions can also apply for a place in the student residences.
- **Temporary Accommodation Options:**
Websites like Airbnb and local hostels in Estonia can provide short-term accommodation while searching for a long-term rental.

These resources should help you find suitable accommodation during your stay in Tartu/Estonia!

5. Living Costs Estimated Monthly Expenses:

Accommodation:

- Private apartments (shared/alone): €250–€450

Food:

- Groceries: €250–€300
- Eating out (occasional meals at restaurants): €30–€60

Transportation in Tartu (similar prices all around Estonia):

- Monthly pass public transport: €30
- Cycling: You can buy a monthly cycling network pass for 12€
- Or you can combine bus and cycling for: 34€
- Walking: Very common in Tartu (compact city)

Utilities (if renting privately):

- Electricity, heating, water, internet: €50–€250 (depends on apartment size and season)



Miscellaneous Expenses:

- Study materials: €10–€20
- Entertainment and leisure: €50–€100

Climate / Seasonal Costs from October until March:

- Winter clothing and footwear

6. Arrival Information

- Arrival: We suggest arriving a few days early to unpack and become familiar with your surroundings. First-day information will be sent to each participant individually, tailored to their visit.
- Nearest Airports: Tartu Airport(small); Lennart Meri Tallinn Airport; Riga (Latvia) Airport
- Bus transportation: Tickets and timetable available at <https://www.tpilet.ee/>
- Railway transportation: Tickets and timetable available at <https://elron.ee/>

7. Contact Information

Erasmus+ Coordinator for incoming students' higher education

- Name: Frederik Mathias Helm
- Email: frederik.helm@tartuh.ee
- Phone: +372 737 0267

Erasmus+ Coordinator for outgoing students' higher education

- Name: Marimal Tilk
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Erasmus+ Coordinator for outgoing/incoming students' vocational education

- Name: Eliise Ott
- Email: eliise.ott@tartuh.ee
- Phone: + 372 737 0250

8. Additional Information

- Visa Requirements: EU/EEA citizens do not need a student visa. Non-EEA citizens need to apply for a visa.
- A medical certificate is expected to do an internship in a healthcare institution. That includes an occupational health examination, including a nurse's appointment and a chest X-ray. It is recommended that you follow the general vaccination scheme.
- Insurance:
 - Medical insurance for EU/EEA citizens with a European Health Insurance Card, but we still suggest getting extra medical insurance. Non-EEA citizens require insurance covering their study period
 - Liability insurance: the university is not responsible for the liability insurance.
 - Accident coverage

